

MARCH 2003

Paul Chodoff, M.D. Kicks Off Packed WPS Educational Calendar for 2003



Dr. Chodoff accepts a plaque from WPS President Catherine May, M.D. honoring him for his outstanding contributions to psychiatry. Nearly 100 colleagues and friends filled the banquet hall at the Washington Plaza to hear Dr. Chodoff present “Dynamic Psychotherapy: A 50-Year Perspective. The January 30 CME event kicked the 2003 program year for WPS. Next up CME Program “Code Red” Disaster Response (CME from St. Elizabeths) on March 22, “Dementia: Is It Alzheimer’s”/

“Comorbidities in Anxiety: Clinical Considerations” both on March 25 at the Bethesda Hyatt as part of the Suburban Maryland Chapter Annual Meeting, “Women’s Mental Health Throughout the Life Cycle” on March 21 produced and CME granted by Georgetown University and a May 6 program on “Pharmacology of Energy and Fatigue”. See page 3 for a look at scheduled events for the year. Register for “Code Red” and “Women’s Mental Health” on the WPS web site at www.dcpsych.org. ■

What's Inside...

New FAPAs	page 2
CME Meetings	page 3
Pictorial Review	page 4
Eist v BPQA	page 6
Classified Ads	page 7
What We've Done	page 8
Help Us Plan	page 8

APA Annual Meeting

**“The Promise of Science
the Power of Healing”**

May 17-22

San Francisco

**Advance registration ends
April 12**

**Register online at
www.psych.org**

Tel 703-907-7300

94 WPS Members Qualify as APA Fellows for 2003 - Congratulations FAPAs

Akman, Jeffrey S
Arons, Michael
Band, David
Baum, Antonia L
Birk, Ann
Brain, Lawrence
Buyse, Valerie
Cartmell, Sara
Chertoff, Judith
Clancy, Margaret
Collins Jr., Joseph
Dauphinais, Deborah
Dee, James
Donskoy, Betty
Fawcett, Ralph
Fernbach, Harvey
Frank Jr., Randolph
Gardner, David
Genser, Sander
Gilbert, Steven
Glasser, Michael
Gold, Liza
Goldberg, Charles
Goldman, Sherry D
Gondos, Gordon M
Griffin, Suzanne
Hackney, David
Harellick, Marjorie

Harkrader, Carol
Hedaya, Robert
Hertzberg, Michael
Irwin, David
Issa, Fuad
Jackson, Jane E
Jani, Sushma
Jentgen, Catherine
Kaelber, Charles
Keats, Christopher
Keisling, Robert
Kenny, Lawrence P
Kolodner, George
Levine, Daniel J
Lieberman, Daniel Z
Litman, Robert
Mardelli, Paul G
May, Catherine
McCurdy, Pamela
Meagher, Henry M
Miller, Robert
Morena, Giovanna
Norquist, Grayson
Novello, Joseph
Nowak, Judith
O'Rourke Jr., Jerrold
Patel, Smita
Perman, Gerald P

Plotnick, Edwig
Pruss, Mario E
Rebarber, Steven B
Roth, Adam
Sealy, John
Shaffer, Ian A
Silverstein, Ross
Slater, Stanley
Srabstein, Jorge
Stanton, Shelley
Stasko, Robert
Stefanik, Roy M
Stevens, Cynthia
Stock, Elyse
Storer, Dean
Taswell, Eric
Taube, Steven
Teplitz, Terry
Teter, Mary
Tossell, Julia
Trinidad, Anton
Tuerk, Jonathan
Turkus, Joan
Vittone, Bernard
Waugaman, Richard
Weihs, Karen
Zachik, Albert
Zinner, John
Zwerdling, David ■



THE WASHINGTON
PSYCHIATRIC SOCIETY News

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BULLETIN BOARD



Looking for WPS Election Results?

Visit
www.dcpsych.org
after March 30
to meet our new
officers.

Upcoming Programs sponsored by the Baltimore-Washington Society and/or Institute for Psychoanalysis, Inc. Visit our web page at www.bwanalysis.org or call for details and directions (410) 792-8060 or (301) 470-3635.

Baltimore Film Series – The Baltimore Museum of Art – Fridays, 7:30 p.m.

March 28

Secrets and Lies, Discussant: Joseph Bierman, M.D.

April 4

King of Masks, Discussant: Robert Lessey, M.D.

April 11

Mulholland Drive, Discussant: Barbara Young, M.D.

April 26

Speaker Carla Neely, Ph.D.,

Profits of “Working Through” in the Analysis of an Adolescent Girl
Discussant: Earle Baughman, M.D.

CME Committee Planning Exciting Programs for 2003

By Dan Hicks, M.D.

Catherine May, M.D. has delegated a new committee to help plan programs and that will coordinate CME credit for WPS members throughout the year. The committee consists of Dan Hicks, M.D., Cathy Crone, M.D., Bill Lawson, M.D., Beth Morrison, M.D. and Karen Weihs, M.D. Below are listed some of the exciting programs that are scheduled for 2003. We are attempting to get industry sponsorship for all programs so there is no cost to members, which is an advantage of WPS membership.

May 6 7:00 - 9:00 p.m.
"Psychopharmacology of Energy and Fatigue"

Charles Price, M.D presenter
 Oceanaire Seafood Room
 1201 F St. NW
 Washington, DC
 Seating limited to 50 people
 Sponsored by Cephalon

September 20 7:30 a.m. -12:30 p.m.
"Interactions of Somatic Medicines with Psychotropic Medicines"
 Presenters on Diabetes, Thyroid Disease, Liver Disease and new antihypertensives and lipid medications
 George Washington University
 Hospital Auditorium
 Washington, DC
 Sponsored by GlaxoSmithKline

November 13 6:30-9:30 p.m.
 WPS Awards Banquet
"Update in Psychiatry"
 Presenter Jay Scully, M.D., APA Medical Director
 Cosmos Club
 Washington, DC

We are also working on presentations for June and July including a presentation about diagnosis and treatment of ADHA. If you have ideas for the CME Committee please let WPS Executive Director Walter Hill (202-625-2800) or Dan Hicks, M.D. (202-687-3116) hear from you. We need to plan well ahead to get CME certification and we are trying to plan all programming through one committee to avoid conflicts in scheduling. Remember to fill out your evaluation form after each program to receive CME

if offered and to suggest future topics - assessment of members' needs for programming is an essential part of CME accreditation and helps us plan for future programs. Please use the form below to register for "Psychopharmacology of Energy and Fatigue".

"Psychopharmacology of Energy and Fatigue"
Tuesday, May 6, 2003 7:30-9:00 p.m.
 Oceanaire Seafood Room
 1201 F St, NW (Metro Center)
 Washington, DC

Yes Register me for "Pharmacology of Energy and Fatigue" on May 6

Name _____

Tel Fax _____

Email address _____

Return to WPS by mail at 1000 Potomac St, NW, Washington, DC 20007, by fax to 202-625-1364 or email to whill@wdcpsych.org. In the message box of your email type your name and Register Energy and Fatigue. ■

New "Superior" Carrier - Same "Superior" Service!



The Psychiatrists' Program is pleased to announce that it has entered into an arrangement with two member companies of **American International Group, Inc. (AIG)**. AIG companies consistently earn the highest rankings from insurance industry's principal rating agencies: A++ (Superior) by A.M. Best and AAA by Standard & Poor's.

All of the *many* services currently provided remain a benefit of participation in The Program including our:

- Risk Management Consultation Service helpline
- quarterly risk management newsletter *Rx for Risk*
- risk management seminars
- on-line insurance and risk management educational services

Program features include:

- Modified occurrence and claims-made policies
- Administrative services including Billing
- Defense costs for professional liability up to \$50,000 per claim, \$1,000,000 aggregate
- Forensic psychiatric services coverage
- Discounts including: child and adolescent, early career, member-in-training, part time, and risk management education

Interested in joining The Program?

Contact us and receive complimentary risk management tips designed for psychiatrists!

THE PSYCHIATRISTS' PROGRAM

The APA-endorsed Psychiatrists' Professional Liability Insurance Program

Call: 1-800-245-3333, ext. 389 Email: TheProgram@apa-plip.com Visit: www.psychprogram.com

Managed by Professional Risk Management Services, Inc (In California, d/b/a Cal-Psych Insurance Agency, Inc.)

WPS Members Active in Edu



Martin Funk, M.D. (standing) and Dan Hicks, M.D. share a word at dinner prior to Dr. Chodoff's presentation. Among those present were psychiatry residents from area programs including Georgetown where Dr. Hicks heads the Consultation Liaison Program.



Judith Chused, M.D. served as discussant for Dr. Chodoff's lecture. Attendees received 1.5 hours of Category 1 CME.

Nearly 100 WPS members, residents and guests filled the banquet hall at the Washington Plaza Hotel on January 30 to honor Paul Chodoff, M.D. on his outstanding career and to hear his lecture, "Dynamic Psychotherapy: A 50-Year Perspective."



Poignant, frank, garrulous and insightful as always, Dr. Chodoff lectures.



Notable at the lecture was the number of early career psychiatrists who came to hear Dr. Chodoff discuss his 50 years as a psychotherapist. Here, (l-r) Lauren Perry, M.D., Edwig Plotnick, M.D., Hedy Howard, M.D. and David German, D.O. enjoy dinner and conversation.

ational and Advocacy Roles



Suburban Maryland leaders joined their MPS colleagues for a legislative reception in Annapolis on January 29. Psychiatrists met with state legislators to discuss issues before the General Assembly this year. SMPS leaders meet bi-weekly with MPS to review legislation, and plan strategy. Bills of major import this year addressed a preferred drug list for Medicaid patients and new, stricter seclusion and restraint standards. Visit the WPS website at www.dcpsych.org for a summary of Maryland and Virginia action. Pictured here, SMPS President, Louis Kopolow, M.D. joins MPS President Dina Sokal, M.D. at the reception.



Shira Rubinstein, M.D. (l) and Julia Frank, M.D. flank Senator Paula Hollinger at the Annapolis reception. Sen. Hollinger has been a friend to psychiatrists and their patients throughout her General Assembly career. She chairs the Senate Education, Health and Environmental Affairs Committee and is the Senate Chair of the Joint Health Care Delivery and Financing Committee.



Shira Rubinstein, M.D. pauses for the camera with SMPS/MPS lobbyist Franklin Goldstein. Mr. Goldstein is one the most senior and well-respected lobbyists in Annapolis and has represented psychiatry for over 10 years.

Member Gustavo Goldstein, M.D. discusses issues with MPS member Fred Webber, M.D. Dr. Webber is the SMPS/MPS nominee to serve as the psychiatrist member of the Dept. of Health and Mental Hygiene's Pharmacy and Therapeutics Committee to oversee the Medicaid preferred drug list program.



Doctor/Patient Confidentiality Keys Dr. Eist Appeal of BPQA Sanctions

Harold Eist, M.D., DFAPA, charged by the Maryland Board of Physician Quality Assurance with failing to cooperate with an investigation by choosing to protect the confidentiality of his patients, has appealed the BPQA decision to the Maryland courts. Following is WPS President Catherine May, M.D.'s letter to APA President Paul Appelbaum, M.D. requesting APA assistance for Dr. Eist. WPS members who wish to contribute to Dr. Eist's legal defense, now in excess of \$100,000 may send contributions to WPS. Make checks payable to WPS and mark them "Patient Protection Fund." Receipts above costs will remain with WPS to be used for similar activities in the future.

March 3, 2003

Dear Dr. Appelbaum:

On behalf of the Washington Psychiatric Society I write to request your and APA's assistance for Harold Eist, M.D., DFAPA in the matter of his legal appeal of the Maryland Board of Physician Quality Assurance's (BPQA) decision to reprimand and fine him \$5,000 for choosing not to violate the confidentiality of his patients at the Board's demand. As you know, the BPQA took this action at an internal appeal process initiated by its own attorney following summary judgement in Dr.

Eist's favor by a Maryland Administrative Law Judge. Dr. Eist has appealed the BPQA's verdict and penalty to the Circuit Court of Montgomery County, Maryland.

The position of the BPQA that a subpoena during an investigation cannot be contested and in all instances trumps patient confidentiality sets the BPQA above the law and the constitution and, if allowed to stand, would seriously harm the psychiatric care of the public that the BPQA is sworn to protect. In view of this appalling action toward a physician who was protecting the privacy of a mother and her two children, the Washington Psychiatric Society requests that APA take the following actions:

1. Submit with the WPS an amicus brief based on the sanctity of patient confidentiality written in support of the ethical position Dr. Eist took before the BPQA and submit it to the appropriate court as part of Dr. Eist's appeal. We request APA financial support for the brief.
2. Provide financial support for the legal costs of the appeal in the initial amount of up to, but not limited to, \$25,000 to be paid as costs are incurred. Approximately \$100,000 has been expended to date on this matter.

In your letter of June 20, 2002 to Judge Barchi, you note APA's long-standing commitment to the protec-

tion of patients' confidentiality and the key role confidentiality plays in psychiatric care. WPS asks now that APA continue to support this principle in the significant and tangible ways described above.

Should the BPQA be permitted to trample patient rights to confidentiality and to continue its harassment of a psychiatrist who is merely following his conscience and the Principles of Medical Ethics, the door will be opened for a serious assault on psychiatrist/patient privilege in jurisdictions throughout the country. It is our sincere hope the APA will join WPS and the other organizations committed to Dr. Eist's support in taking a firm, unyielding stand on behalf of the Association's 36,000 members and the millions of patients for whom they care. ■

Sincerely,
Catherine S. May, M.D. FAPA,
President

RESIGNATION

Martin H. Stein, M.D., of Washington, D.C., resigned from the American Psychiatric Association and from the Washington Psychiatric Society during the course of an ethics investigation. APA's "Procedures for Handling Complaints of Unethical Conduct" requires that resignations that occur during the course of an ethics investigation be reported in WPS News. ■

training for

PSYCHIATRISTS

- ▶ **Washington Psychoanalytic Institute**
(Adult & Child Psychoanalysis)
- ▶ **Modern Perspectives on Psychotherapy**
(Adult Psychotherapy)
 - ▶ **New Directions**
(Critical Psychoanalytic Thinking and Writing)
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(CME/CE programs)



Washington Psychoanalytic Society, Inc.
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BURKE, VA Large, attractive professional office available for rent, full time. Share suite with clinical psychologist and educational consultant. Opportunity exists for many referrals. Family focused community that is psychiatrically underserved. Office is located two miles outside the Beltway near George Mason University. Available May 1. Call Jeff Schulman, Ph.D., at (703) 978-3998 for more information.

Positions Available

CHILD PSYCHIATRIST as a part time (3 to 6 hours per week) non-employee, contractual consultant to do medication management and occasionally psychiatric evaluations at a private outpatient clinic in Landover, MD. All patients are on Maryland Medical Assistance; many live in foster homes and group homes. About 20% of the patients are adults. The only paperwork is the progress notes. Solid diagnostic skills, good communication skills and considerable empathy are necessary. You may fax your CV to (301) 333-8161 and address it to the Medical Director. Those physicians seeking further information, please feel free to call on Tuesdays and Thursdays at (301) 333-2980 and ask to speak to the Medical Director. ■

Magellan Files for Bankruptcy March 11, 2003

As of March 11, 2003, Magellan Health Services, Inc. and substantially all of its affiliates have filed voluntary petitions for reorganization under Chapter 11 of the U.S. Bankruptcy Code. According to its press release, Magellan has reached an agreement with a number of its key creditors on its proposed financial restructuring plan. Magellan has also renewed its agreement with Aetna, its largest customer, through December 31, 2005. The complete Magellan announcement can be found on the company's website www.magellanhealth.com and additional information can be found at www.psych.org/news_stand/magellan.cfm. ■

FPO

- two-year child psychotherapy program
 - two-year adult psychotherapy program
 - psychoanalytic training
 - continuing education programs
 - community outreach
- affordable referral and consultation service
- fellowship program

**Medical Director
Behavioral Health Services
Suburban Hospital
Bethesda, Maryland**

This unique and exciting full time position is based at Suburban Hospital and includes a close collaboration with the National Institute of Mental Health (NIMH). Suburban Hospital's highly regarded Comprehensive Behavioral Service Line includes 24-bed inpatient adult unit; crisis intervention service; adult day treatment; and, adolescent and adult alcohol/substance abuse programs. Position has 50% time devoted to NIMH intramural based research activities including patient recruitment and conduct of research protocols. Prior record of clinical and research accomplishments required. Interested applicants should send CV and three references to:

Suburban Hospital c/o Department of Human Resources, 8600 Old Georgetown Rd, Bethesda, MD 20814, attention: BHS.

Specific inquiries should be directed to Dr. Eugene Passamani at Suburban Hospital:
Phone: (301) 896-3973, e-mail: passamani@erols.com, or Dr. Kirk Denicoff at NIMH: Phone: (301) 496-9848, E-mail: denicoffk@intra.nimh.nih.gov
Closure date: April 30, 2003
EEO/Reasonable Accommodation.

So, What Have You Done for Me Lately?

The Washington Psychiatric Society, like most associations, must make important choices about our stewardship of member dues and other sources of income. Your elected leaders and professional staff have chosen to focus the Society's resources foremost on direct member services and benefits. By serious and deliberate planning, we continue to get the maximum for members out of our budget.

For example, in Fiscal 2003 (ending April 30, 2003) we offered 10 hours of Category 1 CME to members. With the exception of our January 30 program, members attended each of these events at no charge. We work hard to provide quality educational programs, in interesting venues and secure the funding necessary to make it possible. To the CME offerings add the women's caucus events, chapter dinners and programs and non-CME educational events and you've got quite an array of opportunities. It will only get better in 2004, thanks to Dan Hicks, M.D. and the CME Committee. You'll see on page 3 of this issue just some of the things they have on tap for 2004. Stick with WPS and you'll stay up to date on the latest advances in psychiatric medicine.

You might find it interesting to calculate the income your WPS membership has generated for you over the years. Through our online and telephone referral services we send on average 20 people a week to WPS psychiatrists. Our Psychiatrist Locator on the web at www.dcpsych.org enables new patients to find psychiatrists in the specialties, locations, and treatment modalities they're looking for.

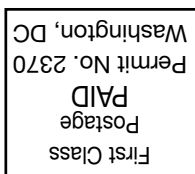
In Washington, Annapolis and Richmond, and on Capitol Hill WPS is there for you and your patients. Our medical allies and we made sure the US Congress passed emergency legislation that kept you from suffering a 4.4 percent cut in Medicare reimbursements this year. In Annapolis and Richmond we were there to make sure legislators didn't balance the states' budgets on the backs of psychiatrists and their patients in the public and private sectors. At the DC Council Chamber and in Annapolis we continue to fight hard for patient protections and confidentiality of psychiatric records. We're working with DC Council members to make sure that mental health parity is part of the DC Health Insurance Availability Act of 2003 to be introduced later this year. We meet regularly with Magellan and the insurers to guarantee that claims will be paid and that your patients can continue seeing you. We've testified multiple times in Maryland and the District in opposition to CareFirst's plan to go

to for-profit status. Members and staff have given numerous media interviews to sway opinion to our side. We're pleased to see that Maryland Insurance Commissioner Larsen has given a resounding "NO!" to CareFirst and have every reason to think DC Commissioner Mirel will do the same.

Just so you'll know, over the past five years, we've found ways to trim almost \$75,000 a year out of your annual budget while generating \$36,000 in non-dues revenue. It's not always easy but we do it. The one thing that never suffers is the Society's service to you. In fact, if you look at the box on the right side of this page, you'll see that you have a chance to help us be even more effective. Give the office a call and join us on April 14. ■

Long Range Planning Meeting April 14

WPS President Catherine May, M.D. is organizing a long range planning group to plot the future of the Society. Interested in sharing your vision and goals for our future? Join us for a Dutch treat dinner on April 14 at Ristorante Terrazza in Chevy Chase. Call the office at 202-625-2800 or email whill@wdcpsych.org to make your reservation. ■



THE WASHINGTON PSYCHIATRIC SOCIETY
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