

## WPS Names Julia Frank Psychiatrist of the Year

Citing Dr. Frank's volunteer efforts at the DC Armory with Hurricane Katrina evacuees, WPS President David Fram, MD presented Julia Frank, MD with the 2005 Psychiatrist of the Year Award at the Annual Awards Banquet. (See photo) The Banquet, held Nov. 10 at Washington's Cosmos Club, brought together WPS members, APA leadership and candidates for national office here for the APA Assembly Meeting. Maryam Razavi, MD was named Resident of the Year, Rep. Patrick Kennedy and Connie Garner Edd, Sen. Edward Kennedy's

mental health liaison shared honors as the Wellstone Award winners, State Senators Brian Frosh and Paula Hollinger of Maryland were named Public Policy Makers of the Year, Mary Jones of Washington received the Advocate of the Year Award and Rod Drake, MD received the WPS Immediate Past President's Award. ■



## WPS Member Carolyn Robinowitz, MD in Race for APA President-Elect

Carolyn Robinowitz, MD current Secretary/Treasurer of the American Psychiatric Association and member of the WPS Board of Directors is a candidate for APA President-Elect. Also running is Jack Drescher, MD of New York County (Manhattan). APA will send ballots to eligible voters soon. The newly elected President-elect will serve in that role for a year beginning in May 2006 and will assume the presidency in 2007. Following are the statements from both candidates.

### Jack Drescher, M.D.

Distinguished Fellow (Member since 1984)

As an educator, mentor, author, editor, and frequent speaker to the media, I have devoted much time and effort to educating the profession and the public about the mental health impact of stigma and on the mental health needs of stigmatized patient populations.

In my service to APA, I have had the opportunity to learn how our organization and its components function (and sometimes don't). APA is a vital organization doing important work, but there is room for improvement.

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## Dealing with Scarce Resources in Health Care

**A**s psychiatrists we seek to maximize the mental health of our patients and of the community at large. Our medical training orients us to focus on seeking the best treatment for those individuals who are entrusted into our care. As such, we see what might be done were conditions optimal for achieving the goals we set. Unfortunately, far too often we are faced with the realizations that there are severe limitations on what we are able to do. While some of these limits are beyond our control, we can have an impact on some and need be prepared to do so.

One limiting factor is the state of knowledge in psychiatry. While there has been much research and some significant advances made in our field, our therapeutic measures are too often of limited effectiveness. It must be our mandate to support research and to educate ourselves in new therapeutic techniques as they develop in order to best serve our patients.

Another major limiting factor has been declining availability of funding for health care services. Funding for health care, while accounting for a significant portion of the annual spending in the U.S., is, nevertheless, insufficient to meet the need. Physicians have increasingly been encountering more difficulty in providing the care desired

for their patients. Inadequate coverage, exclusions, inadequate fee reimbursement, adverse medical necessity determinations and increased health care management bureaucracy have contributed to the difficulties.

Psychiatrists have had additional problems to contend with. The complexities of psychiatry and resistance to psychiatric diagnosis and treatment by many in the community make our work even more difficult than in other areas of medicine.

Although the Washington Psychiatric Society and its members have been active in efforts to combat these difficulties, we need to enhance our activity. Our advocacy efforts need to continue to push for adequate funding for mental health care, increased availability of services and parity with other areas of medical practice. We need to further develop educational efforts to keep our members and others in the mental health community current with new knowledge and therapeutic developments. We also need to continue our efforts in developing systems for promoting meaningful and effective regulation of utilization of services for the benefit of all those in need of treatment.

The task facing us is great. Our effort needs to be even greater. ■



THE WASHINGTON  
PSYCHIATRIC SOCIETY *News*

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# Julia Frank, MD – Psychiatrist of the Year 2005 Remarks

**A**t some point, I want to talk to you more about mental health in disaster preparation and response, the topic of the age, but tonight I just want to share some of my thoughts about volunteering. And on this topic, I don't have much to say because I am talking to a roomful of volunteers. In my day job as director of medical student education, I rely heavily on all of you and scores of WPS members who are not here, to teach in multiple, different medical school courses. (I am, as always, looking for a few more people to do things – see me after.) I assume that you all volunteer to teach for many of the same reasons I along with people at

DMH, Georgetown, Howard and St E's, involved ourselves in this disaster response.

Let us start with the whole idea of doing something for nothing or minimal financial reward. Given my "productivity," it may come as a surprise to my colleagues at GW that I am not fundamentally opposed to earning money through the practice of medicine. I worked that problem out a long time ago, when I learned that Maimonides, the great medieval rabbi and philosopher, took up medicine as an ethical way for an educated man to earn a living. Teaching Torah was a sacred duty for which it would have been wrong to charge – taking care of the sick was a calling, but not a sacred trust.

So I don't think it wrong to ask to be paid, though I do resent and feel cheated and demeaned by the total businessification of medicine that has occurred in my professional lifetime. Volunteering is a way of revaluing what we do – in a fee for service world, we get seduced into thinking that the only worthwhile things we do are those someone will pay for. Seeing that our care fills a critical void in the lives of vulnerable people reminds us that the intrinsic value of our skills is far more than whatever the market will bear.

This particular volunteer gig offered some unique rewards. The first wave of people referred to us at the armory were chronically mentally ill before the hurricane, and only we and the DMH (DC Department of Mental Health) staff could provide what they needed. Again, in our current looking glass world, with outpatient care rationed in milliseconds, even those who work with the chronically ill spend time

*Continued on page 8*

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# Awards Banquet Photo Review



James Griffith, MD presents the Resident of the Year Award to Maryam Razavi, MD. Dr. Razavi is Chief Resident at George Washington. As Chief Resident, Dr. Razavi has “been impressive in the leadership she has provided, balancing her role as advocate for residents’ concerns with her role as administrator representing our department’s mission and policies,” said Dr. Griffith. As an investigator, Dr. Razavi is conducting a study of psychosocial impacts from internal cardioverter defibrillators in patients with severe heart disease. She presented a paper on this subject at the 2005 APA meeting in Atlanta. She has also co-authored a number of action papers presented at the APA Assembly of District Branches.



Rod Drake, MD reflects on his year as WPS president as he received the WPS Immediate Past President’s Award. Under Dr. Drake’s leadership, the WPS membership grew to nearly 1,000 members and the Society’s financial health has greatly improved. He continues as an active member of the Board of Directors and is chair of the 2006 Nominating Committee.



Dr. Razavi was also named winner of the 2005 Henry P. and Page Laughlin Distinguished Psychiatric Resident Award of the Washington Council of the American Society of Psychoanalytic Physicians. Here, she is flanked by Erminia Scarcella, MD president of the Washington Council and Martin Funk, MD, past president.



Jeff Akman, MD and Rod Drake, MD, past presidents of WPS share a laugh at the Banquet.



*Dr. Fram joins Dr. Sorel and Dr. Garner in presenting the Wellstone Award.*



*WPS president, David Fram, MD stands with the WPS Advocate of the Year, Mary Gardiner Jones of Washington. Ms. Jones is past president of the DC Mental Health Association, co-chair of the Advisory Board of the Hurt Home, a residential facility for emotionally disturbed children in Washington. She has devoted much of her life to advocating at all levels of government for improved mental health care, especially for the District's children.*



*Eliot Sorel, MD (left), chair of the WPS Wellstone Award Committee stand with this year's joint winners of the Sen. Paul and Mrs. Sheila Wellstone Mental Health Visionary Award, Connie Garner, EdD and Representative Patrick J. Kennedy (D-RI) Dr. Garner is the Policy Director for Disability and Special Populations for Senator Edward M. Kennedy. She is responsible for interagency disability/health policy development for the Committee on Health, Education, Labor and Pensions. In that role, she has been a strong and long-standing advocate for people with mental illnesses. Rep. Kennedy is leading the fight in the House to pass the Wellstone Mental Health Equity bill. In addition, he has introduced legislation to help states respond to the psychological effects of terrorism and to address the crisis shortage of children's mental health professionals. Since his election to the House in 1988, he has consistently placed improvement of the nation's mental health at the top of his legislative agenda.*



*President Fram and Suburban Maryland Chapter Chair, Louis Kopolow, MD flank the Public Policy Makers of the Year, Maryland State Senators, Paula Hollinger of Baltimore County and Brian Frosh (second from right) of Montgomery County. Senators Hollinger and Frosh are long standing advocates for mental health care in Maryland. They co-sponsored senate bill 693 in 2005. This bill, introduced and supported by WPS ensures the confidentiality of patient records when demanded by state agencies as a result of third party complaints. The bill passed the senate but died in committee at the end of the session this year. Senators Hollinger and Frosh will re-introduce the bill in the 2006 General Assembly.*



*APA President, Steven Sharfstein, MD served as keynote speaker at the Banquet. Dr. Sharfstein was joined by a large contingent of APA leaders and candidates for office who were in town for the APA Assembly of District Branches meeting.*



*Roger Peele, MD (left) WPS member and APA Trustee joins WPS Northern Virginia Legislative Representative, E. J. Pepper, MD.*



*APA Medical Director, Jay Scully, MD and WPS Executive Director Walter Hill*



*APA President-elect Pedro Ruiz, MD of Texas shows his approval of the Award recipients.*



*Dr. Frank and Dr. Fram*

# Obituaries

## **Arthur R. Henderson, MD Dies at 82**

Arthur R. Henderson, MD, a Washington Psychiatric Society member for 40 years and a Life Member of the American Psychiatric Association, died on July 9 at his home at Leisure World in Silver Spring. He suffered from Alzheimer's disease.

Dr. Henderson received his bachelor's degree in pharmacy from Howard University in 1947. He operated his own pharmacy in the Shaw neighborhood until he decided to enter medicine. He received his MD degree from Meharry Medical College in Nashville, TN in 1956, then interned in McKeesport, PA where he stayed and practiced general medicine until 1962. He was a founding member and president of the McKeesport chapter of the NAACP.

Dr. Henderson began to specialize in psychiatry in 1965, after serving a residency at Western Psychiatric Institute at the University of Pittsburgh. In 1966 he returned to Washington as assistant chief of acute psychiatry at DC General Hospital. In 1972, Dr. Henderson and two colleagues founded the Psychiatric Center Chartered, Inc. a clinic specializing in psychiatric assessments, evaluations and treatment. He was president and clinical director until his retirement in 2000.

Dr. Henderson, born in Vicksburg, MS, received many honors for his work in medicine and civil rights. He belonged to a number of medical and professional organizations, including the Medical Society of the District of Columbia where he was a member of the grievance committee and the mental health committee. He also served as chairman of the psychiatry departments at the Washington Hospital Center, Providence Hospital and Cafritz Hospital. He lectured extensively on such topics as suicide prevention, psychotic patients, and psychiatric aspects of racial discrimination.

He is survived by his wife of 50 years, Shirley Henderson of Silver Spring, four children and four grandchildren.

**D. Wells Goodrich** – deceased Aug 2005

## **Gene Gordon Psychoanalyst**

Gene Gordon, a Washington psychoanalyst who taught at area universities and hospitals, died April 1 at his home in Washington of complications of lung cancer. He was 83.

Dr. Gordon, a lifelong movie lover, also co-founded the Forum for the Psychoanalytic Study of Film in 1985. He sometimes provided interpretation for such films as Bernardo Bertolucci's "The Last Emperor" and Ingmar Bergman's "The Silence" and "Autumn Sonata" for audiences at American University and the National Museum of American History's Carmichael Auditorium.

He held clinical faculty and teaching posts at Catholic University, Children's Hospital, George Washington University, Georgetown University, St. Elizabeths Hospital and Walter Reed Army Medical Center, where he was honored with the Commander's Award for civilian service by the Department of the Army in 2002.

Dr. Gordon was born in Boston and graduated from Harvard University in 1942. He received his medical degree from Boston University School of Medicine in 1946, and in 1948, he moved to the San Francisco area to complete a residency in neurology and psychiatry at the Langley Porter Neuropsychiatric Institute at the University of California, San Francisco.

He arrived in the Washington area in 1954 to fulfill his military equivalency service at the National Institutes of Health, where he studied juvenile delinquent behavior under Fritz Redl, a pioneer in psychoeducational interventions.

Dr. Gordon established a private practice in psychiatry, training as a psychoanalyst at the Baltimore-Washington Psychoanalytic Institute. He remained affiliated with the institute as a member and as a senior training analyst.

He also was a distinguished life fellow of the American Psychiatric Association.

From 1962 to 1970, Dr. Gordon was a senior psychiatric consultant to the Peace Corps. He also was a founding board member of the Black Student Fund.

He was an accomplished piano player who loved playing Broadway tunes and favorites from the 1940s

and 1950s at parties and holiday gatherings.

His marriage to Anita J. Gordon ended in divorce.

Survivors include his wife, whom he married in 1990, Dr. Carol Ann Dyer of Washington; three children from the first marriage, Daniel Gordon of Washington, Jeremy Gordon of Los Angeles and Elizabeth Gordon of Easton, N.Y.; two stepchildren, Christopher Dyer of Washington and Simone Randazzo of Wilmington, N.C.; a brother; and seven grandchildren.

**LEONA PERRY** died March 20, 2005. She graduated from Howard University in 1963 and completed psychiatric residency at Cleveland Psychiatric Institute in Cleveland, OH.

## **David A. Lanham Psychiatrist**

David Arthur Lanham, 77, a Washington psychiatrist who had a private practice since 1960 and was the chief of the city's forensic psychiatry office from 1964 to 1980, died June 27 at Suburban Hospital. He had cardiopulmonary arrest.

Dr. Lanham, a Bethesda resident, also practiced psychotherapy and psychoanalysis at his office. He often was an expert witness at hearings and trials.

He was an assistant professor of psychiatry and behavioral sciences at George Washington University medical school from 1966 to 1997 and recently stepped down as medical director of the Charles County Mental Health Center.

He was a native of Springfield, Ill., and was in the Merchant Marine and served in the Army in the late 1940s.

He was a 1951 graduate of Saint Louis University and a 1955 graduate of its medical school. He completed an internship and residency in psychiatry at St. Elizabeths Hospital and was a graduate of the Washington Psychoanalytic Institute.

He was a life fellow of the American Psychiatric Association, and his memberships included the Alpha Omega Alpha medical honor society.

Survivors include his wife of 50 years, E. Jean Lanham of Bethesda; three daughters, Ellen Lanham Dart of Boulder, Colo., and Diana Sullivan and Susan Lanham, both of Bethesda; and six grandchildren. ■

## WPS Nominating Committee Calls for Recommendations

The Washington Psychiatric Society's 2006 Nominating Committee, chaired by Immediate Past President, Rod Drake, MD is calling on WPS members to recommend colleagues to serve as officers for the 2006-07 term. Offices up for election this year are:

President-elect (serves one year as P-E, then assumes presidency)

Treasurer (two-year term)

At-large Board members (two-year term, elect 2)

Early Career Representative to the Board (two-year term)

APA Assembly of District Branches Representatives (three-year term, elect 2)

The Nominating Committee will meet in December to prepare its slate of candidates. Announcement of candidates will come by January 20 and ballots will be mailed by February 21. Other candidates may be nominated by the general membership with petitions signed by five percent of WPS members in good standing. Petitions must be received in the WPS office by February 15.

Please send your recommendations for candidates to the WPS office at 3615 Wisconsin Ave, NW/Washington, DC 20016. Fax to 202-244-6110 or email to [whill@wdcpsych.org](mailto:whill@wdcpsych.org). ■



*Frank continued from page 3*


mainly with those in the ER or the hospital, a subset who resist treatment or don't respond – the ones in the armory who needed us to keep them well were a different group. They were people in whose lives treatment makes an enormous difference and who can live and cope with incredible challenges, as long as we are there when needed. It was also very rewarding to deepen my relations with the DMH staff who worked many hours beyond their usual shifts over many weeks. And long after we, the volunteer outsiders had moved on, I am immensely relieved to know that they are providing ongoing care to the evacuees through the core service agencies. Remembering how much I had loved working with a chronically ill but well supported population at the VA in my training was a real joy in this experience. Government is ultimately the only large scale solution to many of our social problems – in this instance, seeing government be flexible, responsive and effective was inspiring, and being part of it was a privilege.

Another lesson once learned and forgotten until this opportunity came up is that often, less is more. It took very little to calm, sooth, comfort and support many of the evacuees. Fifteen minutes spent quietly helping someone make a decision, or find a practical helper, or just try to bear a painful loss was often enough.

A third benefit to volunteering, and one that many of you know well, is that in doing this you are standing in for many of your colleagues who would like to do the same but lack the time and resources. I felt momentarily guilty taking time from my family to spend at the armory, but then I realized that this was helpful to my daughter who had the impulse to DO something, but no satisfactory outlet through which to express it. In the armory

effort, my greatest satisfaction is that I was able to channel the generosity of so many others from Georgetown, Howard and St. E's and to know that we all were supported by the rest of the psychiatric community. I won't take the time to list everyone – more than 30 people were involved, though I do have to acknowledge Thomas Mellman, Steve Epstein and Steve Steury who did so much for the people in the armory, their colleagues and trainees at Georgetown and Howard, and for the rest of us here who felt so helpless in the wake of these storms.

In the end, volunteering is the most selfish of activities. It sustains and nourishes parts of ourselves that tend to atrophy in the routines of daily life. It reaffirms our professional values, engages our interest in problems that we have trained ourselves to solve, and strengthens our relations with colleagues we are proud to know. So, that's why I volunteer – something that I share with so many of you, and which I know you hardly needed to be told. ■



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### APA continued from page 1

As APA President, I would bring enthusiasm, energy for hard and creative work, a focus on outreach, thoughtful leadership, activist experience, and a fighting spirit. Please join me in tackling the enormous challenges that our patients and we face.

**Carolyn B. Robinowitz, M.D.**  
Distinguished Life Fellow (Member since 1969)

As a candidate for President-Elect, I pledge to continue my successful work as Secretary-Treasurer: to focus on the goals and priorities of the APA: to advocate for psychiatry, psychiatrists and patients; to promote access to, payment for

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and quality of psychiatric care; to be proactive in addressing challenges; to be open and accountable; to seek a broad base of funding sources; to work positively with other organizations; to increase the value of membership and guarantee strong communication, support of, and interaction with all members.

I have extensive experience as a clinician, educator, and administrator, with demonstrated effective leadership in multiple settings, combined with energy, and a great love for our profession and for the APA. ■

training for

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# MEETING NOTICES:

## THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY & PSYCHOANALYSIS PRESENTS DONNEL STERN, PHD,

author of *Unformulated Experience:  
From Dissociation to Imagination in Psychoanalysis*

**Saturday December 3, 2005, 8:30 am to 12:30 pm**  
**Marriott Residence Hotel – 7335 Wisconsin Ave • Bethesda, Maryland 20814**

Three CE credit hours will be awarded to participants. This event is FREE to members of ICP&P. Non –members may register by sending a check for \$75.00, along with name, professional designation, email address, post address and phone number to: ICP&P, 3000 Connecticut Avenue NW, Suite 108-A, Washington, DC 20008. For information, contact sheila@sheilacahill.com.

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**DATE:** Thursday, February 2, 2006 – REGISTER BY MONDAY JANUARY 23  
**LOCATION:** Grand Ballroom, Marvin Center, George Washington University  
800 21st Street, NW, Suite 204, Washington, DC 20052  
**TIME:** 9:00 am – 5:00 pm Workshop  
**COST:** \$150  
**TITLE:** *A Day with Psychoanalyst and Neuroscientist Mark Solms*  
**OBJECTIVES:** 1) Develop a clinical interest in the study of neuroscience  
2) Demonstrate the neurobiological aspects of consciousness, emotion, memory, development, dreams and the “talking cure”

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**DATE:** Friday, February 3, 2006 – REGISTER BY MONDAY JANUARY 23

**DATE:** March 31, 2006  
**LOCATION:** Ross Hall, Room #117, 2300 Eye St NW, George Washington University  
**TIME:** 8:00 PM  
**COST:** FREE  
**TITLE:** *Nancy Chodorow, Ph.D. – The Faultlines and Vulnerabilities of Masculinity Discussant: Dr. Stephen Rosenblum*  
**OBJECTIVES:** To be confirmed

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**DATE:** Friday, April 21, 2006 – REGISTER BY MONDAY APRIL 10  
**LOCATION:** One Washington Circle Hotel, One Washington Circle, NW, Washington DC.  
**TIME:** 6:30 - cocktails, 7:00 - dinner, 8:15 - paper and discussion  
**COST:** \$50  
**TITLE:** *Ethel Person, M.D. – Love and Power*  
**OBJECTIVES:** 1) Identify selected psychoanalytic concepts and issues as applied to eroticism in the transference  
2) Identify basic technical issues in the therapist’s management of eroticism in the transference

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