

WPS Names Candidates for 2006 Election

The Washington Psychiatric Society's Nominations Committee presents its slate of candidates for the 2006 elections. The Committee, chaired by Immediate Past President, Rod Drake, MD met over November and early December to complete its work.

Heading the list as the sole nominee for President-Elect is **Michael Houston, MD.**

Other nominees are:

Treasurer – **Louis E. Kopolow, MD**

At Large Board Members (elect 2)

Gustavo Goldstein, MD,

James Lettenberger, MD

Early Career Representative (elect 1)

Susan Kozauer, MD,

Catherine McCarthy

APA Assembly Representatives (elect 2)

Catherine May, MD,

Roger Peele, MD

Candidate statements received by press time follow this article.

The election timeline is as follows:

January 20, 2006 – Nominations Committee slate made public to WPS members (This task is accomplished with this newsletter.)

February 15 – Deadline for petition candidates (petitions must be signed by five percent of WPS active members in good standing. Fifty signatures will satisfy this requirement.)

February 20 – Ballots mailed to WPS members

March 15 – Ballots due in WPS office (ballots postmarked on or before March 15 will be accepted)

March 30 – Tellers Committee completes its work and reports to WPS Secretary

April 11 – Election results published

May 25 – New officers' terms begin

June 12 – First meeting of the new Board of Directors ■

The Candidates Speak

Michael Houston, M.D. – President-Elect

Our society has a proud history both in the Washington metropolitan area and within the larger body of the American Psychiatric Association. I am thankful to be a member and honored to have been selected by the Nominating Committee to run for the office of President-Elect. Psychiatry has faced numerous challenges over the last two decades as competition for resources within the healthcare marketplace has grown increasingly intense. In addition to these battles, we face challenges to our patients' rights to confidentiality and further encroachments on our professional autonomy. Examples are all too present in our own community where the public mental health system of the District of Columbia is in difficulty and in Maryland where

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a member of our organization was sanctioned for trying to maintain his patient's right to confidentiality. I would consider it a privilege to be chosen to assist in continuing the proud tradition of our society as its President-Elect.

After completing my residency in general psychiatry at the George Washington University Medical Center and training in child and adolescent Psychiatry at Children's National Medical Center, I worked at the Center for Mental Health in Anacostia and then as an attending at George Washington. Since 1997 I

Continued on page 4



Busy Times though Contentious Make for Dynamic WPS

by David H. Fram, MD

It has been a busy and at times contentious time for the Washington Psychiatric Society. To my mind, both the activity level and disagreements we have are manifestations of the dynamism of this organization. More and more, we are recognizing the important issues facing our profession and addressing them actively. Our disagreements are not about the substance, but rather on what are the most effective approaches to take.

We are in agreement regarding the need to advocate for the patients in the public system in the District of Columbia. There has been much publicity including newspaper articles regarding the problems faced by the programs providing care for these patients. Some programs have significant funding issues that have been caused by reduced or non-payment of money by the Department of Mental Health. In particular, some programs are unable to continue operations due to these funding deficits. The cause of this problem is unclear.

Our Society leadership has been attempting to devise a plan for impacting on this situation in an effective way. As the situation appears desperate, various responses have been proposed such as calling a press conference to discuss these problems with the news media, sending a letter expressing

our alarm to the mayor and/or DC City Council, and meeting with senior officials of the Department of Mental Health to discuss the problems faced and offering our help. As might be expected with such important issues at stake, there is not unanimity in our ranks as to the best course to take.

Other issues that have been a focus have also raised much discussion among the leadership include the handling of ethics issues, and the development of confidentiality procedure with the DC Insurance Commissioner and the managed care companies. There is agreement about the need to uphold ethical standards among our members and to ensure confidentiality of sensitive patient information. The discussion, which becomes contentious at times, has been over how the Society can best manage its responsibilities.

The process of our decision-making has needed review and is in process both at our leadership meetings and by the Strategic Planning Committee. The responsibilities of the Board, the Executive Committee, the Ethics Committee and the Grievance Committee, and how these entities interact are all under review. It is our expectation that the results of this review will be an enhanced effectiveness of our Society in accomplishing its mission. ■

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2006 Calendar of Events

February 27

WPS Educational Program

Daniel Weinberger, MD Presenter

April 1

ASPP/WPS Educational Program

Disorders of Impulse Control,

Eric Hollander, MD, Robert Post, MD

Presenters

May 20-25

APA Annual Meeting – Toronto, Ont.

September 13-17

APA Fall Components Meeting

Washington, DC

September 16

WPS Symposium – The Interface of
Psychiatric and Somatic Medicine

November 2

WPS Awards Banquet

November 3-5

APA Assembly Meeting

Washington, DC

The WPS Board of Directors meets on the second Monday of each month (except August) at 7:30 p.m. at the Psychiatric Institute of Washington, 4228 Wisconsin Ave, NW, Washington, DC. Meetings are open to the general membership. ■

WPS Members Gold and Pine Honored by APA Board of Trustees

by Roger Peele, MD Area III Trustee

At its December 2005 meeting the American Psychiatric Association's Board of Trustees tapped two Washington Psychiatric Society members for special honors.

The Board named Liza Gold, MD as the winner of the 2006 Manfred S. Guttmacher Award that recognizes outstanding contributions to the literature of forensic psychiatry. The award, co-sponsored by the American Academy of Psychiatry and the Law (AAPL) and supported by a grant from Professional Risk Management, Inc. includes an honorarium and a plaque. The Award is officially presented at the AAPL meeting held in conjunction

with the APA Annual Meeting (May 20-25 in Toronto, Ont.). Dr. Gold will present the Recipient's Award Lecture at that time and will be recognized at the APA Convocation.

Daniel Pine, MD was appointed Deputy Editor of the American Journal of Psychiatry. His term begins in January 2006 and runs through December 2008. AJP (the Green Journal) is the scientific publication of APA and has a world wide readership. Dr. Pine is a research scientist at the National Institute of Mental Health. His CME presentation to WPS members, "Current Perspectives on Developmental Psychobiology" in February

2004, established him as one of the leading researchers at NIMH.

In other news from the APA: Secretary-Treasurer reported 2005 income of \$55.5 million against expenses of \$51.3 million

Medical Director reported membership in APA continues to climb, approaching the all time high in 1996 of 30, 737 dues paying members. Board passed Practice Guidelines on Psychiatric Evaluation in Adults Treatment of Patients with Eating Disorders Treatment of Patients with Substance Use Disorders Passed WPS motion to appoint a DSM-V Task Force ■

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Continued from page 1

have been in private practice in Washington, DC. I am an advanced candidate in Adult and Child Psychoanalysis at the Washington Psychoanalytic Institute. For the last three years I have been a WPS representative to the APA Assembly. I am a Past President of the Child and Adolescent Psychiatric Society of Greater Washington and continue to serve as a CAPSGW representative to the AACAP Assembly. I am an Associate Clinical Professor of Psychiatry and Assistant Clinical Professor of Pediatrics at the George Washington University Medical Center.

Louis E. Kopolow, MD, DFAPA.
– Treasurer

I have served the Washington Psychiatric Community for more than 10 years in a number of roles.

I have held elected positions in the Suburban Maryland Psychiatric Society, (Treasurer and President) and in The Washington Psychiatric Society. (Director and currently Secretary)

In seeking the role of Treasurer, I hope to assure the financial stability of the organization so that it can successfully pursue its mission of effective advocacy for the welfare of patients and our profession.

Roger Peele, MD, DLFAPA – Assembly Representative
Past and present: Presently Chief Psychiatrist, Montgomery County and clinical faculty at George Washington and Howard. Past positions in reverse order: George Washington University Hospital attending, Northern Virginia Mental Health Institute, George Washington University CME Director, and many positions at Saint Elizabeths. Published on forensic, administrative and clinical issues, including co-author [with Novalis and Rojcewicz] of the APPI book, *Clinical Manual of Supportive Psychotherapy*.

Platform. The agenda for the American Psychiatric Association should come from its grass roots. For the past three decades, the Washington Psychiatric Society has set the agenda for the APA more than any of the other 75 District Branches. I would like to continue to assure that WPS's voice is fully heard, as to our issues, especially the many facets of achieving full access of the psychiatrically ill to humane care and effective treatments.

Susan G. Kozauer, MD - Early Career Psychiatrist Representative

As a medical student at George Washington University, a resident and chief resident at Georgetown University and a junior faculty member at George Washington Hospital, I have a career that is shaped by the general medical and psychiatric community of the Washington, DC area. Through these experiences and in my present position as a Principal Investigator in a clinical research company, I appreciate the enormous potential that our community has in the future of mental health.


As a member of the CME Committee, I see firsthand the positive impact that WPS has locally and nationally. I fully support WPS's role in assuring the privacy of patient records, preserving the quality of care by fighting psychologists' prescribing initiatives, and opening mental health access to all in need of psychiatric treatment.

Catherine Lapp McCarthy, MD - Early Career Psychiatrist Representative

I have been in private practice in McLean for two years, specializing in child and adolescent

psychiatry. I went to medical school at the University of Virginia, underwent residency at Duke University, and child fellowship at the University of North Carolina.

One of my most rewarding experiences as a chief resident was teaching and mentoring new interns as they made the transition from medical school into residency. In continuing that spirit of facilitating career transitions, I have become involved in teaching a lecture series to fellows at Children's Hospital, giving grand rounds at local medical centers, and providing guidance to residents/fellows who are considering private practice. As the WPS early career representative, I would welcome the opportunity to act as a liaison with local residency programs to encourage expansion of the WPS membership, and help residents as they enter private practice in the area. I am eager to expand upon the mentorship program currently available at the WPS, and would relish the opportunity to organize mentors for other early career psychiatrists. ■



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Fairfax-Falls Church CSB is recruiting for FT and PT psychiatrists who are interested in community/public sector psychiatry. Please call Colton Hand MD at 703-207-7831

Outpatient Medical Director

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Effective Communication with Legislators Is Key to Success and Not That Hard To Do

By Cal Whitehead, Northern Virginia Chapter/Psychiatric Society of Virginia Lobbyist

State legislators do pay attention to their constituents. Making the effort to communicate with them your views and the impact specific bills will have on patient care and psychiatric practice is a simple, but important step you can take. Here are some tips for communicating effectively with your legislators.

- Visit the "who's my legislator" section of your state legislature's home page and enter your home (voting) address to identify your senator, delegates or council member. In Maryland <http://mlis.state.md.us>; in Virginia <http://legis.state.va.us>; in Washington, DC <http://dccouncil.washington.dc.us>
- Never underestimate the influence you have on legislators. They do respond to constituents and need the advice of the professionals like you.
- Use email to communicate with legislators whenever possible. It's quick; it's free; it's personal.
- When organizing a letter-writing campaign, make it as broad-based as possible. Include colleagues, family members, advocates – anyone who has a stake in maintaining high quality psychiatric care and improving delivery of services.
- When telephoning, don't be disappointed if you talk to an aide. Often these people are the ones who can best advise legislators on the critical issues. Keep your message brief and make sure the person who receives your call gets your name, address and phone number
- Be brief and to the point by mentioning specific bill numbers and how legislation will impact psychiatric care.
- Be passionate but not emotional. Use facts and real-world anecdotes to support your positions.

Next issue: Conducting Effective Meetings with Legislators. ■

WPS Members Engage Students and Legislators with Joys of the Profession and Needs of Patients



Constance Dunlap, MD welcomes the Georgetown HIPsters (Hoyas Interested in Psychiatry) to the WPS Minority Medical Student Recruitment Program. Dr. Dunlap and Janice Hutchinson, MD talked with medical students about opportunities in psychiatry and encouraged medical students to consider psychiatry residencies. Dr. Hutchinson presented a case conference to the 30 plus students in attendance. WPS members have presented at each of the three medical schools in Washington and will begin round two in 2006, giving interested students more personalized information on training and professional opportunities. The WPS office has investigated summer internship opportunities for medical students and shared that information with the schools. This project is funded by a grant from the American Psychiatric Foundation, a part of APA.



SMPS members used the reception to get to know their legislators better and offer their services as consultants on mental health and health care issues during the four-month 2006 session. The evening was low key and achieved its goals, said SMPS chair, Louis Kopolow, MD. Pictured here L-R are Marilou Jimenez, MD, Brian Crowley, MD, Louise Postman, MD, Louis Kopolow, MD, Sen. Jennie Forehand, Charles Kaelber, MD, Shira Rubinstein, MD, and Cynthia Turner-Graham, MD.



Suburban Maryland chapter members gathered on January 5 in Bethesda to host a reception for Montgomery and Prince George's County state legislators just prior to the January 11 opening of the Maryland General Assembly. Issues of concern this year include confidentiality of patient records legislation which SMPS will support again this year and funding levels for state mental health and substance abuse services. Pictured here L-R are Gustavo Goldstein, MD, Shira Rubinstein, MD, Louis Kopolow, MD, Sen. Ida Ruben, Sen. Brian Frosh, Del. Sheila Hixson, and Harold Eist, MD.



Dr. Kopolow and Sen. Forehand talk at the reception.



Dr. Hutchinson (center) and medical students at George Washington University are all smiles after pizza and a case study at the November Minority Student program at GW.



Dr. Dunlap (far left) joins Georgetown medical students in the case conference led by Dr. Hutchinson.

Legislative Sessions Begin in Maryland and Virginia

The Maryland and Virginia General Assemblies convene in mid January. During the four month sessions our lobbyists in Annapolis and Richmond will monitor legislation and advocate on behalf of psychiatrists and patients. The District of Columbia City Council meets year round.

Here's a preview of legislation pre-filed in Maryland and Virginia. It will be important to follow bills throughout the session and watch WPSNet, wpsnet@live.megapipe.net our electronic bulletin board/listserv for updates and calls for action. Subscribe to WPSNet by sending an email to whill@wdcpsych.org indicating your wish to receive information on the listserv.

Maryland

The Suburban Maryland Chapter met with the Montgomery and Prince Georges' County delegations on January 5 in Bethesda. SMPS members used the time to establish relationships with our delegates and advocate for the patient confidentiality bill we are re-introducing this year. Leaders of SMPS and MPS met on January 16 in Ellicott City to develop our legislative plan for the year. SMPS members are invited to join colleagues to meet with our state legislators at our annual

Legislative Reception on Wednesday, February 15, 6:30-8:30 p.m. at the Gov. Calvert House in Annapolis. We will leave Bethesda for the round trip as a group in a chartered bus. Information on the trip is forthcoming. Mark your calendars now and plan to join your colleagues on Feb. 15. In addition to the confidentiality bill, we are presently watching a bill to exempt undocumented immigrants from workers' compensation coverage. Visit www.mlis.state.md.us for updates on legislation throughout the session.

Virginia

Pre-filed bills in the Virginia General Assembly include SB 18 (senate bill) requiring mandatory outpatient treatment SJ 4 (senate joint resolution) requiring the Joint Commission on Health care to study the derivative effects of increases in health care costs on health insurance premiums HB 76 (house bill) authorizes bonds to finance the Dept. of Mental Health, Mental Retardation and Substance Abuse Services capital improvement plan which includes replacement of Eastern State Hospital in Williamsburg HB 123 lowers group home population from eight to six

Northern Virginia Chapter Chair, Eric Steckler organized a delegation of our members to attend the Medical Society of Virginia's White Coat Day on January 16. This was an opportunity to both learn about the legislative process and visit with legislators in Richmond. Contact Dr. Steckler at esteckler@earthlink.net for details. Visit the Virginia General Assembly website at www.legis.state.va.us for more information on legislation as it is introduced.

District of Columbia

We are not presently looking at specific legislation in the District. We are following Council discussions on malpractice insurance issues, and delivery of mental health services in the public sector. WPS efforts with the Insurance commissioner's office have secured an agreement with the managed care industry to limit information on patients that psychiatrists must report to MCOs in order to receive payment for services. Visit the DC Council website at www.dccouncil.washington.dc.us for current information. ■

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Consensus on Patient Rights Achieved at DC Insurance Commissioner's Office

By Barry Landau, MD and Elizabeth Hersh, MD

We are happy to report on what appears to be a positive development in the first phase of work at the DC Insurance Commissioner's Office re the preservation of the integrity and usefulness of the DC Confidentiality Law (Mental Health Information Act of DC, 1978). This work was accomplished through a coalition of mental health groups, both local in the DC metro area and national, in which The Washington Psychiatric Society played a major role.

We have achieved a consensus understanding of the DC Confidentiality Law's limitations on the kinds of information for which insurers may ask, and clinicians may disclose - with patient authorization - to third party payers, for routine claims review, in those cases which are being paid for, in part or in full, by third party payers, and where those third party payers request information about the treatment that is being conducted.

As has been mentioned in previous reports, we had become concerned because the DC Law was largely being ignored by insurance companies who were demanding large amounts of information in order to pay claims, including in some cases complete records of the treatment (clearly in violation of the DC Law) and also by mental health professionals who either did not know about the law and/or who assumed that it would not be of help to them if they tried to invoke it.

After declaring some of the more egregious violations of the Law unacceptable, the DC Insurance Commissioner, Lawrence Mirel, Esq. created a working group, composed of clinicians, representing local mental health professional organizations, and insurance company

medical directors, with the task of seeking a mutually acceptable understanding of what the DC Law means. Although the DC law is simply written, and its main points can be summarized on a single page, the process proved to be a long and arduous one, lasting approximately four years.

However, at our meeting on Monday, Sept. 12th, a consensus was achieved, with no dissenters. The results are described below. The Commissioner will issue a draft regulation and invite the larger mental health clinician, insurance and legal communities, as well as the Washington, DC community at large, to comment within a thirty-day period, once the draft regulation is published. Following this review period the Commissioner intends to make the results described below the official policy of the DC Insurance Commission and will apply to any case, treated in the District of Columbia and/or when the health insurance policy was issued in the District of Columbia, where a third party payer seeks information beyond the billing information.

The DC Law permits only the following five categories of information to be disclosed to third party payers for routine claims review, providing the patient has authorized this disclosure:

1. Administrative Data
2. Patient's status re voluntary or involuntary
3. Diagnosis, according to a professionally accepted diagnostic system, such as the ICD 9 or DSM IV (with 5 axes)¹
4. Prognosis, limited to estimated duration of treatment.
5. "Reason for admission or continuing treatment." This particular item has been the source of

numerous discussions and differences of opinion. The vague wording in the DC Law itself created a loophole, through which insurance companies could demand increasingly large amounts of information. As a way to close that loophole, the group working with the DC Insurance Commissioner ultimately agreed that the information that could be disclosed under this category is limited to the following:

- a. A brief statement of the presenting problem
- b. Is medication being prescribed? If so, what is the medication and who is the prescribing person?
- c. Goals of treatment. While this term is not defined precisely, it is understood that the response should be limited to a brief statement indicating the goals of treatment that helps to explain the reason for the treatment, e.g. "relief of depression or anxiety," "resolution of acute crisis," "medication management," "resolution of unconscious conflict," "helping to develop more satisfactory relationships."

The Commissioner understood that not every insurance company requires an individual treatment plan before paying claims and that not every treatment can be conducted while supplying such information. The idea was to set some limits in those cases where the insurance company requires an individual treatment plan and the therapist and patient believe that they can work effectively within that context.

Our hope is that, now that we have achieved consensus on this part of the DC law, pertaining to routine claims review, we will be

Continued top of next page

able to work on this portion of the Law that pertains to the use of a confidential, independent mental health reviewer to consider cases where the insurance company believes that a more in-depth assessment of the case is needed, than can be accomplished on a routine basis. It is our hope that, if we can achieve a meaningful under-

standing about this process, it will also be possible to use the independent review for those cases where disclosure even of the limited information that the DC Law permits for routine claims review would be more disclosure than the confidentiality requirements of a particular mental health treatment could allow.

¹ (The form developed at the DC Insurance Commissioner's Office includes these four items (above). The only difference between the wording of the form and the wording of the Law is that the Law does not specify five axes, whereas the form includes a space for the five axes to be filled in. After extensive discussion, the Commissioner concluded that inclusion of the 5 axes is consistent with the intent of the Law, since the Law was written in 1978, when the DSM did not contain 5 axes. ■

WPS CME Committee Begins 2006 with Revolution in Genetics

The Washington Psychiatric Society Committee on Continuing Medical Education announces that its first program of the year brings Daniel R. Weinberger, MD of NIMH to Ristorante Tragara, 4935 Cordell Ave., Bethesda on Monday February 27. Dr. Weinberger will present "The Genetic Revolution in Psychiatry." The program begins with cocktails at 6:30 followed by dinner. Dr. Weinberger will present from 8:00-9:30. Cost for WPS members is \$30. Other APA members will pay \$45 and non-members \$60.

Dr. Weinberger is chief of the Clinical Brain Disorders Branch of the Intramural Research Program at NIMH. His laboratory studies basic

mechanisms of pathogenesis of major psychiatric illness, especially schizophrenia. His group is interested in characterizing the genetic mechanisms of susceptibility, studying individual gene effects on brain information processing. His lab has identified the first specific genetic mechanism of risk for schizophrenia and the first genetic effects that account for variation in specific human cognitive functions.

Use the form below to register for this event. Make your check payable to Washington Psychiatric Society. If you choose you may pay by check at the door. Please, no cash. ■

The Genetic Revolution in Psychiatry

**Daniel R. Weinberger, MD,
Presenter**

Monday, February 27, 2006

6:30-9:00 p.m.

Ristorante Tragara

**4935 Cordell Avenue,
Bethesda, Maryland**

Yes, I will attend on February 27

Name _____

Telephone _____ Fax _____

Email _____

- I am a WPS member (fee \$30)
- I am an APA member of another district branch (fee \$45)
- I am not a WPS or APA member (fee \$60)
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- I will pay at the door



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MEETING NOTICES:

Washington Psychoanalytic Society and Institute Scientific Meetings & Workshops • Winter and Spring 2006

Thursday, February 2, 2006 –

REGISTER BY MONDAY JANUARY 23rd

TITLE: A Day with Psychoanalyst and Neuroscientist
Mark Solms

OBJECTIVES: 1) Develop a clinical interest in the study of neuroscience
2) Demonstrate the neurobiological aspects of consciousness, emotion, memory, development, dreams and the “talking cure”

LOCATION: Grand Ballroom, Marvin Center, George Washington University
800 21st Street, NW, Suite 204, Washington, DC 20052

TIME: 9:00 am – 5:00 pm Workshop

COST: \$150

Friday, February 3, 2006 –

REGISTER BY MONDAY JANUARY 23

TITLE: Howard Shevrin, M.D. - A Psychoanalytic and Cognitive Exploration of a Memory of Childhood Sexual Abuse

OBJECTIVES: 1) Describe the various forms taken by a memory during the course of a psychoanalytic treatment
2) Delineate the controversy in current cognitive science over the retrieval of historical memories

LOCATION: One Washington Circle Hotel, One Washington Circle, NW, Washington, DC.

TIME: 6:30 - cocktails, 7:00 - dinner, 8:15 - paper and discussion

COST: \$50

Fourth Annual Raphling Memorial Lecture - see ad below

DATE: March 31, 2006

TITLE: Nancy Chodorow, Ph.D. – The Faultlines and Vulnerabilities of Masculinity
Discussant: Dr. Stephen Rosenblum

LOCATION: Ross Hall, Rm #117, 2300 Eye St NW - GWU

TIME: 8:00 PM

COST: FREE

Friday, April 21, 2006 –

REGISTER BY MONDAY APRIL 10

TITLE: Ethel Person, M.D. – Love and Power

OBJECTIVES: 1) Identify selected psychoanalytic concepts and issues as applied to eroticism in the transference
2) Identify basic technical issues in the therapist's management of eroticism in the transference

LOCATION: One Washington Circle Hotel, One Washington Circle, NW, Washington DC.

TIME: 6:30 - cocktails, 7:00 - dinner, 8:15 - paper and discussion

COST: \$50

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FOURTH ANNUAL DAVID L. RAPHLING MEMORIAL LECTURE PRESENTED BY THE WASHINGTON PSYCHOANALYTIC SOCIETY AND THE GEORGE WASHINGTON UNIVERSITY DEPARTMENT OF PSYCHIATRY

“THE FAULTLINES AND VULNERABILITIES OF MASCULINITY”

Nancy Chodorow, Ph.D. Professor of Sociology at the University of California at Berkeley and practicing psychoanalyst

Discussant: Stephen Rosenblum, M.D. Supervising and Training Analyst at the Washington Psychoanalytic Institute.

March 31, 2006 at 8:00 PM

Ross Hall, room #117

2300 I Street, N.W., George Washington University

Pre-registration encouraged – email Society-Institute@washpsa.org or telephone (202) 237-1854

Baltimore Washington Society for Psychoanalysis presents:

“Analyzing Trauma in Children: The Importance and Complexity of Consciousness” will be presented February 25, 2006 at the Baltimore Washington Center for Psychoanalysis, from 5:00 - 6:30 p.m. Alan Sugarman, Ph.D., will lead the seminar. Free of charge. For more information see www.bwanalysis.org <<http://www.bwanalysis.org>> or call 301-470-3635 or 410-792-8060.

Baltimore Washington Centre for Psychoanalysis presents:

“Development of Sexual Orientation: Perspectives on the Adolescent Experience” will be presented March 4, 2006 at the Sheraton College Park Hotel from 8:15 - 4:00 p.m. Speakers are H. Michael Meagher, M.D., Robert Galatzer-Levy, M.D., Barbara Novak, M.D., Charles Parks, Ph.D., and Peter Daniolos, M.D. Fee: \$90/\$45 students (lunch included).

For more information see www.bwanalysis.org or call 301-470-3635 or 410-792-8060

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**THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY
& PSYCHOANALYSIS**

presents

“Flying Blind in Psychotherapy”
with
Owen Renik, PhD

Saturday, March 11, 2006
Bethesda Marriott Hotel, 5151 Pooks Hill Road
Bethesda, MD
Coffee and Registration 8:30 am - 9:00 am
Program: 9:00am – 12:30

Dr. Renik will use a clinical case to demonstrate his view of how psychotherapy works, in a presentation which will emphasize the role of self-disclosure by the therapist and illustrate the essentials of a truly collaborative treatment relationship. He will describe how certain principles of technique can guide a therapist toward providing needed “corrective emotional experiences,” even though the therapist cannot know in advance what the specific needs of a given patient are. Dr. Renik will extend his discussion to the problem of “How to Get Out of an Impasse.” When self-examination and consultation with colleagues fail to help a psychotherapist resolve a treatment stalemate, what can the therapist do? Dr. Renik will show how the same principles which guide the therapist when “flying blind” can be applied to the impasse dilemma.

Three CE's will be awarded to participants. Fees: ICP&P Members \$60; Non-members \$85. Register by sending your check, along with your name, email address, post address and telephone number to: ICP&P, 3000 Connecticut Avenue NW, Suite 108-A Washington, DC 20008. Inquiries may be directed to: icpeastadmin@att.net, or you may call ICP&P at 202-686-9300, Ext. 4.

**THE INSTITUTE OF CONTEMPORARY
PSYCHOTHERAPY
AND PSYCHOANALYSIS PRESENTS ITS SCIENTIFIC DAY**

Saturday, January 28, 2006,
Residence Inn Hotel, 7335 Wisconsin Ave., Bethesda, MD
Coffee and Registration 8:30 am

9:00am – 10:00am

- Session A From Attachment to Meaning (Part 1)
Mauricio Cortina, MD
Session B Pathways of Growth in the Mother/Daughter
Relationship
Sandra Hershberg, MD

10:15am – 11:15am

- Session A From Attachment to Meaning (Part 2)
Mauricio Cortina, MD
Session B The Platonic Marriage: Treatment of Sexual Issues
in Couples from a Self Psychological Perspective
Michael Wannan, PhD

11:30am – 12:30 pm

- Session A Unconscious and Non-conscious Communication
in Psychotherapy: the Implicit Memory System of
Priming
Fonya Helm, PhD
Session B Shame and Abuse: A Contemporary Self
Psychological and Relational Perspective
Elizabeth Carr, MSN

Up to three CE's will be awarded, based upon attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute maintains responsibility for this program and its content. ICP&P has been approved by the Maryland Board of Social Work Examiners to offer Category 1 continuing education credit. Because ICP&P has received this approval from the Maryland Board, CE credit hours awarded by ICP&P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses. This program is FREE to ICP&P members. Non-member fee is \$65. To register, mail your check, along with your name, email address and phone number, to ICP&P, 3000 Connecticut Ave. NW, Suite 108-A, Washington, DC 20008. For further information, email icpeastadmin@att.net or call ICP&P at 202-.686-9300, Ext 4.

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