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CPR Conference

2010 WPS ANNUAL MEETING

The 2010 Annual Meeting of WPS was held on November 19, 2010 at the J.W. Marriott Hotel in Washington, DC.

Members in attendance heard the President's Report of Elizabeth Morrison, MD and the Executive Director's Report presented by Pat Troy. In addition, there were reports on Careers, Leadership, and Mentoring by Eliot Sorel, MD; CME by Nesibe Soysal, MD; Ethics by Catherine May, MD; Membership by Jane Jackson, MD and Darryl Smith, MD; and Details of the Video Project by James Dee, MD

The Awards Reception followed :

WPS Psychiatrist of the Year

Award was received by Amir Afkhami, MD in recognition of his extraordinary work advising the US Department of State, the US Army and the Ministry of Health in Iraq on rebuilding the infrastructure for psychiatric care in Iraq and Afghanistan. Dr. Afkhami received his undergraduate degree from the University of Virginia and his medical degree from George Washington University School of Medicine. He completed a PhD in the history of medicine at Yale University where he also did a general medical internship. His psychiatry residency was at Weill Cornell Medical College. He is currently Assistant Professor and Associate Director of the Psychiatric Residency Program at George Washington University Medical School. Dr. Afkhami is a regular blogger for *Psychology Today* where you can read more about his ideas.

Past President Award was presented to William Lawson, MD, PhD. Dr. Kiesling introduced Dr. Lawson whom he met at St. Elizabeths Hospital in the 1970s when Dr.



Dr. Morrison and Congressman Conyers at the Awards Reception.

Lawson was a researcher in the William A. White Division of the National Institute of Mental Health. Dr. Lawson is currently Professor and Chairman of the Department of Psychiatry and Behavioral Sciences at Howard University College of Medicine. Dr. Lawson received his Bachelor's degree from Howard University, Master's from the University of Virginia, and Ph.D. in Psychology from the University of New Hampshire. He received his M.D. degree from the University of Chicago, and did his residency at Stanford University Medical Center. He completed a fellowship in clinical

psychopharmacology at the National Institute of Mental Health intramural program and did an addictions fellowship at Vanderbilt University. He has received state, federal, and foundation support for pharmacological research and to develop new and effective treatments. He currently has several National Institute of Mental Health grants and a contract with the National Institute of Mental Health intramural program. These grants have allowed Dr. Lawson to realize his dream of studying the interaction

Continued on page 7.



Washington Psychiatric Society

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THE PRESIDENT'S COLUMN

BY ELIZABETH MORRISON, MD, DFAPA

ELEVEN THINGS TO DO IN 2011



1. Be aware of ABPN's proposed Maintenance of Certification requirements. Support WPS' leadership in challenging them.
2. Become familiar with the Federal Mental Health Parity law and report health insurance violations to WPS and/or APA.
3. Buy raffle tickets to win free registration or \$750 towards travel expenses for the May, 2011 APA meetings in Honolulu.
4. Be on the lookout for new quarterly reports from each jurisdiction's lobbyist or legislative advocate.
5. Attend my president's event on Saturday, March 19. Richard Kogan, MD, will discuss George Gershwin and play excerpts from *Porgy and Bess*. Raffle winners will be chosen.
6. Thank Judith Nowak, MD for many years of service as WPS newsletter editor, as she steps down from that position this year. This newsletter is her second-to-last.
7. Contact Avram Mack, MD, Chair of the new Communications Committee, to join him in reviewing all of WPS' communication strategies and to propose potential improvements.
8. Start thinking now of potential nominees for WPS' annual awards for Psychiatrist of the Year and for the Wellstone Award.
9. If you are eligible, apply for APA's Fellow or Distinguished Fellow status. (This includes me; I have been dragging my feet in applying for DF status...)
10. Attend WPS-sponsored CME events, including the annual Med-Psych conference and CME salons.
11. Last but not least, thank Pat Troy and her NextWaveGroup staff for their hard work in keeping the wheels of WPS running smoothly.

Happy New Year!

WPS BYLAWS CHANGES BEING PROPOSED

BY KAYLA POPE, MD, JD

Over the past several months, the WPS Board has been working on revisions to the organization's bylaws. The Bylaws are an important document that legally defines the purpose of the organization and how the organization is governed. Revisions to the bylaws were undertaken to make the WPS function more efficiently and more effectively. In order for these changes to be adopted, the members of the WPS must vote to approve them.

Among the changes that were made was an expansion of the WPS standing committees to include a committee for members in training (MITs) and a committee for early career psychiatrists (ECPs). There are also committees for legislative affairs, membership, communications and continuing medical education. The creation of additional standing committees will allow for more participation of WPS members in the activities of the organization and will facilitate on-going work to be done on important issues. Members are encouraged to review the list and get involved!

Changes were also made to the nomination process for WPS officers. In the past, individuals wanting to run for office had to either be selected by the nominating committee or nominate themselves by a petition requiring signatures of the membership. Now, individuals wishing to be considered need only contact the organization and their name will be presented to the Board for consideration along with the names selected by the nominating committee.

Another important change is the inclusion of online voting for elections and other matters requiring a vote of the membership. Paper ballots will still be used in the immediate future but the organization will be moving to an all online voting process in the future.

The revised version of the bylaws has been posted on the WPS website. I encourage you to take the time to review the document and to vote!

APA IN THE NEWS

APA RESOURCE: “CLOSING A PRACTICE AT SHORT NOTICE”

Psychiatrists can protect their families, colleagues and patients by anticipating issues that will arise in the event of an emergency closing of a practice, according to a guide put together by the American Psychiatric Association.

Private practice physicians should consider assigning a special administrator to help deal with sensitive areas unique to a psychiatric practice, such as continuing clinical coverage and managing confidential medical records, in case of an emergency closing of their practice, according to the APA Resource Document “*Closing a Practice at Short Notice: What Every Psychiatrist and Their Family Should Know.*” The document was created by the APA Corresponding Committee on Physician Health, Illness, and Impairment and approved by the Joint Reference Committee in 2007. It is available to members on the APA website.

The guide includes an emergency closing checklist, templates for assembling information needed to make an emergency closing go more smoothly, and information for colleagues who want to help. It also includes information about medications, prescription pads, affiliations, location of patient records, billing, and sample letters, notices and release forms required for informing patients, suppliers, and others.

The full document is available on the **Closing a Practice** section of the APA website along with **other resources** assembled by the APA to provide guidance on managing a **Psychiatric Practice**.

Links:

Closing a Practice: <http://www.psych.org/MainMenu/PsychiatricPractice/ManagingYourPractice/ClosingaPracticeRetiring.aspx>

Psychiatric Practice section: <http://www.psych.org/MainMenu/PsychiatricPractice.aspx>

Quick Practice Information: <http://www.psych.org/MainMenu/PsychiatricPractice/ManagingYourPractice/QuickPracticeInfo.aspx>

APA ENDORSES NEW MALPRACTICE INSURANCE PROGRAM

The APA has endorsed a new **APA Members Only Malpractice Insurance Program**, administered by American Professional Agency, Inc. (“APA, Inc.”). The medical malpractice program, which includes occurrence coverage, is designed to meet the needs of mental health professionals, specifically psychiatrists.† APA, Inc. has been insuring psychiatrists for more than 40 years and offers members risk management consultation services staffed by experienced professionals.

This program, which offers discounts and benefits to members, is currently available in 30 states, with the remainder of the states being phased in as they are reviewed by state insurance officials. To view currently approved states, visit **www.americanprofessional.com** and click on “American Psychiatric Members” and then “Find Your Rate;” a map will be displayed with approved states appearing in red. In the other 20 states (except Wisconsin), claims-made coverage is currently available and will automatically be upgraded with the new features upon state approval.

Links:

Program Information: <http://www.psych.org/Resources/Membership/APAs-Malpractice-Insurance-Program.aspx>

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E-MAIL OPTIONS

APA Members can tell the APA exactly what information they wish to receive via e-mail. The e-mail options form, **www.psych.org/options**, allows you to update your email address and choose which communications you want to receive from the APA. While you’re online, you can also click on the Members Corner tab and then “update your membership profile.”

MEMBERS: REGISTER EARLY FOR HOUSING, COURSES AT HAWAII MEETING

APA members will have an exclusive opportunity to register, enroll in courses and make their hotel reservations for APA’s 2011 annual meeting in Hawaii beginning Nov. 2. Non-member reservations will not be accepted until Nov. 15. Registration and hotel information, including hotel rates and descriptions will go live on APA’s Web site at **www.psych.org** on Nov. 2. APA members may access this information by logging into **Members Corner**.

The Annual Meeting Advance Registration Packet will be available online beginning Nov. 2. It will include information on airline reservations, registration, housing, courses, local information about Hawaii, plus many other topics. The website will be updated as details on the scientific program are finalized.

<http://psych.hawaiiiconvention.com>

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HAWAIIAN ISLAND TOURS OFFERED PRE- AND POST-MEETING

Special tours will be offered to the outer Hawaiian Islands before and after the APA Annual Meeting in Hawaii May 14-18. While visiting Honolulu, be sure to take advantage of the many exciting tours and fun activities available for the whole family. Information on complete tour packages is available on the APA website.

For more information, call the APA Meetings and Conventions Department at (703) 907-7822 or write **apa@psych.org**.

<http://psych.hawaiiiconvention.com>

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NEW BOARD CERTIFICATION REQUIREMENTS ARE ON THE WAY

THE APA SAYS THOSE RECERTIFYING IN 2013 SHOULD START NOW TO MEET DEADLINES

With an array of new certification requirements from the American Board of Psychiatry and Neurology (ABPN) looming, the American Psychiatric Association (APA) is offering checklists, extensive information, activity modules, and other tools to make sure psychiatrists understand and are well prepared for what lies ahead.

Designed to improve clinical practice and patient care, the new ABPN requirements could take up to two years to complete, which means psychiatrists recertifying in 2013 should start now to meet deadlines.

This new maintenance of certification (MOC) program will affect most US and Canadian psychiatrists. In addition to the traditional exam and continuing medical education (CME) requirements, psychiatrists will now need to participate in sanctioned self-assessment performance activities and meet new performance in practice (PIP) components. Also, the new time-limited certificates will need to be updated every ten years.

According to a statement posted on the board's Web site, "ABPN has tried to develop a clear MOC program that will enable a diplomate to demonstrate their competence throughout a 10-year certificate cycle."

Further, the ABPN notes that many physicians "are already participating in various components of MOC through institutional or practice group quality improvement programs and the MOC program will try to recognize those efforts."

Although those board certified before 1994 have been awarded lifetime credentials and will not be forced to meet

the new requirements, it is anticipated that Medicaid and many employers will offer incentives to get these physicians to voluntarily recertify. An additional incentive is that completed PIP modules may be applied toward maintenance of licensure requirements.

New Self-Assessment Activities

Physicians will now be required to participate in at least two major broad-based self-assessment activities during the 10-year certification cycle. These learning activities are tailored to areas that need to be strengthened, based on self-identified perceived weaknesses. Clinicians will then need to develop quality improvement programs based on their clinical practice.

At least eight of the CME credits per year will need to involve self-assessment. These new requirements will be slowly phased in, beginning in 2011.

Phase-In Schedule for Self-Assessment Activity Requirements

Original Year or Recertification	Application Due	Exam	CME Credits Required	First Self-Assessment	Second Self-Assessment
2000	2009	2010	120	†	†
2001	2010	2011	150	X	†
2002	2011	2012	180	X	†
2003	2012	2013	210	X	†
2004	2013	2014	240	X	X
2005	2014	2015	270	X	X
2006	2015	2016	300	X	X
2007	2016	2017	300	X	X
2008	2017	2018	300	X	X
2009	2018	2019	300	X	X
2010	2019	2020	300	X	X

"The standards are changing in all of medicine," said Dr. Deborah Hales, APA's Director of Education and Career Development. "The self-awareness part of the MOC used to be a 100-question multiple choice exam covering the entire field of psychiatry, with a critique and references so people could see what they got wrong and have a way to learn about the areas where they were weaker." These exams will still be accepted as self-assessment activity until 2014.

"Now that the requirements for self-assessment have been changed to eight hours a year, we're developing smaller activities that can be done quickly and easily. It's not as painful as people think, and certainly not as painful as sitting down with 100 questions," Dr. Hales added.

The APA's journal *Focus*, which is aimed at physicians who need to recertify, publishes an ABPN-approved 100-question self-assessment exam every year for subscribers. e-Focus, the emailed version of the journal, provides other means of self-assessment as does *The American College of Psychiatrists*.

New PIP Requirements

The new PIP requirements will include the completion of chart review through a clinical module and second-party external feedback.

"You can choose your own five charts for review," explained Dr. Hales. The ABPN asks you to choose them either by location, (inpatient or outpatient) or by diagnosis. She noted that physicians will then need to confirm that they have done a feedback activity with five patients and with five peers, "but none of the feedback activities will have to be submitted to anyone. It's private to the physician, who is supposed to use that information to improve practice."

PIP, similar to the self-assessment requirements, will be phased in slowly, and goes into effect in 2013.

Phase-In Schedule for Performance in Practice Requirements

Original Year or Recertification	Application Due	First Unit Required	Second Unit Required	Third Unit Required
2000	2009	†	†	†
2001	2010	†	†	†
2002	2011	†	†	†
2003	2012	†	†	†
2004	2013	X	†	†
2005	2014	X	†	†
2006	2015	X	X	†
2007	2016	X	X	X
2008	2017	X	X	X
2009	2018	X	X	X
2010	2019	X	X	X

The APA is preparing new modules to help their members in fulfilling the PIP portion of the MOC. Although they are not interactive yet, two PIP exercises are currently available for download on the APA Web site—on major depression and on post traumatic stress disorder. They are available only to APA members, are free of charge, and provide five hours of CME. Four other modules are currently in development.

Next Steps

The APA Web site lists their other activities for MOC, including CME courses and practice guidelines, and includes an information section detailing the ABPN's current requirements.

The ABPN will accept transcripts for all CME activities entered from the APA's online programs or at their annual meeting.

Physicians who are certified in both psychiatry and neurology will only need to meet the CME, self-assessment, and PIP requirements for one specialty. However, cognitive examinations will need to be taken and passed in both disciplines.

Psychiatrists with certificates in subspecialties (including addiction psychiatry, geriatric psychiatry, and pain medicine) must maintain their overall specialty certification. If it lapses, certification in the subspecialty is no longer valid.

However, child and adolescent psychiatrists do not need to maintain current certification in general psychiatry, just in their subspecialty.

The ABPN is currently developing a new online Physician Folio web page, where participants will be able to log on to a secure site and keep a record of all completed MOC components. This will be especially helpful in case of an audit, which the board plans to conduct in approximately 5% of applicants. Those chosen will receive a letter requesting specific documentation.

Dr. Hales emphasized that the APA's role is to provide activities that help its psychiatrists meet the new requirements.

Obituaries

Ranville Stopford Clark, MD



Ranville Stopford Clark, MD, age 84, died on Tuesday, November 2, 2010 at Washington Hospital Center in DC. Born in Trinidad on February 13, 1926, he graduated Phi Beta Kappa in 1961 from Howard University College of Medicine. After practicing Psychiatry for 50 years in DC, he retired in 2009 as the oldest attending physician at Providence Hospital. He is survived by his wife of 47 years, Lilleth; daughters, Deborah and Sonya; granddaughter, Cameron; sons-in-law, John and Darryl; and a host of relatives and friends. Memorial service was held Saturday, November 13 at Dunbarton Chapel, Howard University Law School, Washington, DC.

The most profound appreciations we might hope to receive come from patients and one of Dr. Clark's wrote: "Just learning of Dr. Clark's passing today while seeking to view the obit for a dearly departed church member. Dr. Clark was my mental health physician and allowed me to 'fly' rather than look up and not think that I could. In my office visits over the years, I learned by listening and pondering the many experiential examples he shared...so that I could apply them to my own situation. I hope that I have, and I can believe that he believed I had. He will be greatly missed! All best to Mrs. Clark, his daughter, the artist, and the rest of the family. He served the Master through his ministry of psychiatric help."

Ralph Fawcett, MD

Ralph Willard Fawcett, MD, PhD, died July 3, 2009. He was the husband of Kari Holm Fawcett, the father of Erik Howard Fawcett and Kristin Beatrice Fawcett, the brother of Harry Allen Fawcett, and the son of the late Howard and Ruth Fawcett. A memorial service was held at St. Matthew's United Methodist Church in Bowie, MD on August 8, 2009. Donations in his memory may be made to the Galway University Foundation at www.nuigalway.ie/foundation. Dr. Fawcett was a 1981 graduate of the Galway University Medical School.

Harold Lehman, MD

Harold Lehrman, MD of Kensington, Maryland died on May 23, 2010. Dr. Lehrman practiced in the Washington area for over 40 years. He served as a physician with the marines on the front lines in the Pacific Theater during World War II. Dr. Lehrman is survived by his wife of 58 years, Adele Termin Lehrman; his children Daniel (Adina) Lehrman, Sara Newman (Yoram Eckstein) and Dorothy (Jay) Weinstein; and his grandchildren, Ray Newman and Kara and Mark Weinstein.

His funeral was held on May 26 at The Judean Memorial Chapel in Olney, Maryland with burial at Judean Memorial Gardens. Memorial donations may be made to Na"Amat, www.naamat.org, the United States Holocaust Memorial Museum, www.ushmm.org, the Children's National Medical Center, www.childrensnational.org, or the Tourette's Syndrome Association, www.tsa-usa.org.



THE PSYCHIATRIC SALONS PROGRAM, A NOVEL APPROACH TO CME

By JESSICA BROWN, MD
WPS CME COMMITTEE

The CME Committee is pleased to offer WPS members an opportunity to earn CME credit while networking with colleagues through our new Psychiatric Salon Program. Speakers for this innovative and economical program will be WPS or APA members who have an area of interest or expertise they wish to share. The meetings will be held at inviting and informal settings, such as a restaurant, a member's home or local community center. Costs will be reduced because speakers will not accept honorariums and attendees will pay for their food and beverage.

We are delighted that our 2010/2011 Psychiatric Salon kick-off is under way with lead speaker Dr. Louis Kopolow and his presentation, "Two Faces of Depression: Gender Issues in the Diagnosis and Treatment of MDD." The inaugural Salon took place October 19 at La Ferme Restaurant in Chevy Chase, Maryland

and was a resounding success. Some of the comments by those attending include, "Dr. K is a very interesting and an engaging speaker." He has an "excellent presentation style and enthusiasm for the topic." Dr. Kopolow has graciously offered to give his presentation again at the home of Dr. Catherine May on Sunday, January 23, 2011, 4:00 pm to 6:30 pm, catering by Maggiano's.

We have a new Salon planned with Larry Climo, MD, brother of member Ann Birk, MD for April 10, 2011. (location to be determined). He will speak about his experience as a locum tenens psychiatrist, referencing his book: *Psychiatrist On The Road: Encounters in Healing and Healthcare*.

The Salons Program is an evolving concept that aims to provide CME credit in a collegial and economical way. We are actively seeking speakers and encourage anyone who is interested in sharing a field of interest or expertise to contact Chris Cotter (cfcotter@yahoo.com).

Continued from page 1.

of culture and genetics in ethnicity and mood disorders. He has over one hundred publications involving severe mental illness and its relationship to psychopharmacology, substance abuse, and racial and ethnic issues. He has a long-standing concern about ethnic disparities in mental health treatment, and has been an outspoken advocate for access to services for the severely mentally ill. He has developed an excellent Residency Program and extended the research interests of the department with a special focus on its mission of advancing the impact of psychiatry on the mental health needs of the community it serves.

Resident of the Year Award was given to Darryl C. Smith, MD, a PGYIII Resident and Co-Chief Resident at Howard University Department of Psychiatry who plans to pursue a Child and Adolescent Psychiatric Fellowship before he returns to practice in the DC area. He was born and raised in Muskegon, MI, completed his BA at Duke University in anthropology and African studies, taught in the DC Public Schools, earned an MPH from George Washington University, and his MD from Michigan State University. He has spent several summers in Ghana with the NIH, researching cerebral malaria and ethnopharmacology. Dr. Lawson, his Chairman, states: "Darryl carried this energy into the residency, presenting clinical and research papers on a variety of topics from sleep to substance abuse, and worked to increase involvement of residents in WPS. He has had several articles accepted for presentation at national meetings and two journal articles in press. He is an excellent example of the merger of good science, excellent clinical skills, and strong commitment to community care." Dr. Smith remarked: "I would like to thank WPS for providing this amazing opportunity. I would also like to thank those who believed in me along the way. I hope that through this award I can inspire other residents to work hard for their patients through their local society. I would like to thank Dr. Janice Hutchinson for allowing me the opportunity to train at Howard University and a special thanks to Dr. Lawson whose leadership has provided a plethora of educational opportunities to me and other residents. He truly exemplifies the meaning of a psychiatrist who serves as a role model for all his students. Most importantly, I would like to thank my patients.

Without them, none of us would be here tonight. They motivate me to keep learning and to do the best work possible on a daily basis. I would like to remind everyone to grow with and for our patients so that we can help improve the quality of their lives.

The Wellstone Mental Health Visionary Award, named for the late Senator Paul Wellstone and his wife Sheila, was presented to Rep. John Conyers, Chairman of the House Judiciary Committee and the second most senior member of the House of Representatives. He is being given this award for his years of service and leadership but especially for the work he has done over the last seven years to promote universal health insurance. Rep. Conyers had the courage to initiate the first universal health care movement in the Congress since President Clinton's efforts in 1993. Health care is not in the jurisdiction of the Judiciary Committee and, therefore, was an extracurricular activity taken by Rep. Conyers because of his passion for promoting the health of all Americans.

Rep. Conyers is sponsor of H.R. 676, The American People's Universal Health Care Bill. As he has stated: "Although important, the reforms that were passed last year will need to be strengthened...It is my belief that the best way to create an efficient, cost effective, and high quality universal health care system in the United States is to pass H.R. 676, and establish a non-profit universal single payer program that would be similar to an improved 'Medicare for all' program." In his endeavour to pass 676, Rep. Conyers hosted numerous teach-ins, panels of experts, and Town Hall Meetings and he energized an army of health care activists throughout the country. This led to support from the League of Women Voters, the AFL-CIO, the US Conference of Mayors, and others. For the first time this approach to healthcare reform merited three Committee hearings and came close to a full House floor debate. He is preparing to introduce a new version of H.R. 676 in the 112th Congress. For his passion for universal access to care and his leadership in this endeavour, we were very proud to present Rep. Conyers with the Wellstone Award.

The evening ended with good food, fellowship, and music.

Classified Ads

Office Space for Rent

Attractive, spacious, furnished corner office with large windows available to share with other psychotherapists in central McLean. 32 hours available, Monday thru Friday. Free parking. Contact Mark Lawrence MD at 703-821-0761 or malawrence@earthlink.net

Position Available

Threshold Services. OMHC, non-profit serving 800 adults/SPMI in Montgomery Co. seeks **F/T or P/T psychiatrist** to provide a variety of mental health services, including EBP w/ multi-disciplinary team. Flexible, creative, with focus on collaboration and recovery. Send CV to Elizabeth Gatti at 301-754-1690 or egatti@thresholdservices.org

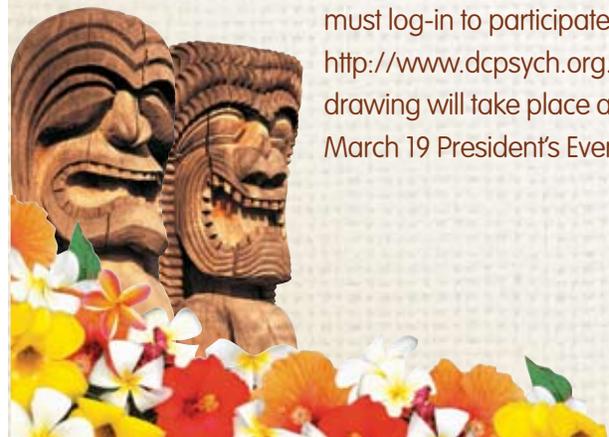
WPS MEMBERS IN THE NEWS

- **David Fram, MD, DLFAPA**, gave a piano recital at the Northern Virginia Hebrew Congregation on November 20, 2010, playing music of Beethoven, Schumann, and Chopin.
- **Julia Frank, MD, DFAPA**, acted in Simon Brett's *Murder in Play*, produced by The British Players at The Kensington Town Hall in November, 2010.

Members Only Opportunity to Offset Travel to Hawaii for APA

WPS is offering its members a chance to participate in a drawing for \$750 toward travel expenses to attend the APA conference in Hawaii in May 2011. There are also opportunities to win free conference registrations. Tickets are \$10 each or six for \$50. There are actually two separate drawings with identical prizes—one drawing for regular members and another for MITs.

Tickets will be sold at WPS events, as well as online on the Members Only site (you must log-in to participate) at <http://www.dcpsych.org>. The drawing will take place at the March 19 President's Event.





Washington Psychiatric Society

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PHIL LBOVITZ TO SPEAK AT 18TH ANNUAL CPR CONFERENCE

By GERALD P. PERMAN, MD, DLFAPA



Phil Lebovitz, MD

The Consortium for Psychoanalytic Research (CPR) will hold its 18th annual meeting on Sunday, February 27th, 2011 at the George Washington University Hospital Auditorium from 8:30 a.m. until 4:30 p.m. The conference is being hosted by the G.W. Department of Psychiatry. CPRinc is the ONLY organization of its kind in the US and is composed of organizations of psychoanalytic and psychodynamic clinicians of all theoretical orientations. Attendees will receive inexpensive CME credits and a good lunch!

At this conference, Phil Lebovitz, MD will describe research he and fellow clinicians at the Chicago Institute for Psychoanalysis have been pursuing[†] over the last 30 years to assess the outcome of psychoanalytic treatment and to identify technical factors that account for the observed changes. They conducted follow-up

interviews of both the patient and the analyst two or more years after completion of treatment. Dr. Lebovitz will show how their findings can be used to guide clinicians toward more effective interventions both in psychoanalysis and in other dynamic psychotherapies. This framework provides a means of articulating which areas showed change and what issues were inadequately engaged.

Participants will have an opportunity to use a rating scale to evaluate clinical material. They will then engage in a discussion with Dr. Lebovitz to learn more about his method of evaluating change. Special attention will be focused on the concepts of defense transference, cycling and the development of a self-analytic function. Participants will be encouraged to adapt these ideas to their own clinical work, to refine their interventions and enhance their ability to assess change,

both during and at the conclusion of treatment.

Participants who wish to prepare in depth for the conference may read: (1) Schlessinger, N. and Robbins, F. P. (1975). *The Psychoanalytic Process: Recurrent Patterns of Conflict and Changes in Ego Functions*. JAPA, 23: 761-782; (2) Rubovits-Seitz, PFD (1998) *Depth-Psychological Understanding: The Methodologic Grounding of Clinical Interpretations*. Hillsdale, NJ: Analytic Press. Chapter 9, pp. 249-282; and (3) Bucci, W. & Maskit, B. (2007) *Beneath the Surface of the Therapeutic Interaction: The Psychoanalytic Method in Modern Dress*. JAPA, 55: 1355-1397.

For additional information about the conference, to download the brochure, or to register on-line go to the CPR website at www.cprincdc.org.