

Praise for 21st Century Global Mental Health

“Understanding mental health and its inextricable relationship to overall health from an international perspective is crucial for any serious student of public health. In this groundbreaking book, Professor Sorel has convened pre-eminent scholars, whose writings provide a solid foundation of knowledge about the ways in which mental disorders contribute to the Global Burden of Disease and Disability and influence populations health and systems.

A major contribution of 21st Century Global Mental Health to the public health literature is its focus and elaboration on the impact of social conditions and physical environments on mental health. This volume, which should be required reading for public health students, provides a timely compass for mediating the social determinants and fostering prevention of mental disorders and global mental health promotion through practice, policy development and systems transformation.”

—**Annelle B. Primm, MD, MPH**
Deputy Medical Director
Director, Minority and National Affairs
American Psychiatric Association

“Eliot Sorel has edited a new textbook on global mental health and he has accomplished it with profound insight, creativity, and integrity. The sections of the text, with their subsumed chapters, represent mandatory reading for those interested in this approach to the study of global mental health. Much to his credit, Sorel has assembled a panel of contributing authors who are distinguished scholars. As a result, they make the book sing with authoritative clarity and they convincingly emphasize the point that what they have to say is important. Finally, the integrity of the work is transparently lucid. There is no covering up of the problems that await policy experts and politicians who dismiss the significance of this global perspective on mental health. It is not so long ago that international entities touted public health and primary care and explicitly labeled mental health policy as deserving of no consideration at all. Professor Sorel debunks that silliness and underlines penetratingly the notion that mental health is fundamental to overall health.”

—**Ezra E. H. Griffith, MD,**
Professor Emeritus of Psychiatry
Deputy Chairman for Diversity and Organizational Ethics
Yale University School of Medicine



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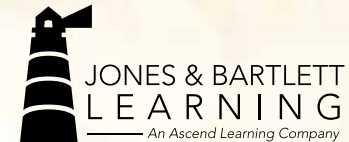
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21ST CENTURY GLOBAL MENTAL HEALTH

Nearly five hundred million people worldwide suffer from neuropsychiatric disorders, representing, in aggregate, 14% of the global burden of disease in low, middle, and high income countries. Although there have been notable scientific advances in the global mental health domain, challenges still remain in knowledge transmission and application, as well as in access to care and in eradicating shame, stigma, and discrimination.

21st Century Global Mental Health is a comprehensive and authoritative text on the subject of global mental health and its integration with public health and primary care. The book thoroughly examines the progress to date and the challenges that still remain. In five sections, it explores:

- Global Mental Health Epidemiology and Diagnostic Systems
- The Determinants of Health/Mental Health
- Populations' Health/Mental Health
- Evaluating and Strengthening Health/Mental Health Systems
- Human Rights, Stigma, Mental Health Policy, and the Media

"21st Century Global Mental Health is a welcome addition to the public health literature ... it covers the many facets of mental health that should be of interest to an eclectic readership. The arguments are compelling and the material is presented in logical fashion by eminent scholars. I recommend it highly and hope that it achieves the desired effect of raising the profile of mental health higher in the global health discourse of the 21st century."

—**Sir George Alleyne**,
Chancellor, University of the West Indies,
Director Emeritus, Pan American Health
Organization

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About the Editor

Eliot Sorel, MD, DLFAPA, is an internationally recognized global health leader, educator, health systems policy expert and practicing physician. He is co-chairman of the non-communicable diseases (NCDs) and integrated care task force of the World Psychiatric Association and co-chairman of the scientific committee of the WPA 2013 Bucharest Congress on integrating primary care, mental health and public health for Eurasia and Southeast Europe. He holds professional appointments in Global Health, Health Services Management and Leadership in the School of Public Health as well as in Psychiatry and Behavioral Sciences in the School of Medicine at George Washington University.



Dr. Sorel is the Founder of the Conflict Management & Conflict Resolution Section of the World Psychiatric Association and of the World Youth Democracy Forum at the Elliott School of International Affairs of the George Washington University. He is the Senior Adviser to the Ion Ratiu Democracy Award (IRDA) at the Woodrow Wilson International Center for Scholars in Washington, D.C.

Dr. Sorel is a former President of the Medical Society of the District of Columbia, the World Association for Social Psychiatry, the Washington Psychiatric Society and has served as a United States National Institutes of Health/Fogarty International Center grants reviewer. He is a Life Member of the American Medical Association, a Fellow of the American College of Psychiatrists, and a Distinguished Life Fellow of the American Psychiatric Association.

In July 2010, Dr. Sorel convened the Black Sea & Caspian Sea Area Studies Network, a Euro-Atlantic, universities partnership that developed the Bucharest Consensus on Higher Education, Innovation & Development. In June 2008, he participated as PAHO/WHO advisor, in the WHO Europe Health & Finance Ministers' meeting on Health Systems, Health & Wealth in Tallinn, Estonia, that ratified the Tallinn Charter.

In October 2009, Dr. Sorel was awarded the Doctor Honoris Causa by Carol Davila Medical University in Bucharest, Romania. The President of Romania awarded Dr. Sorel the Star of Romania Order of Commander in 2004.