



WPS e-NEWS

April 2014 Issue

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Welcome to the April 2014 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format. **We welcome your submissions. Please send all notices to enews@dcpsych.org.** This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

WPS NEWS

The WPS Annual Awards Dinner will be a Spring event in 2014. The Dinner, to be held on April 29, at the Columbia Country Club will start with a reception (cash bar) at 6:30, followed by dinner at 7:15. This year, we have a stellar group of honorees. Reservations are \$95 per person. Please make your reservation now to attend.

Columbia Country Club
7900 Connecticut Avenue
Chevy Chase, MD

Classifieds

WPS OFFICERS AND DIRECTORS

Gary Soverow, MD, DLFAPA
President

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President-Elect

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Marilou Tablang-Jimenez, MD DFAPA
President - Maryland Chapter

Enrico Suardi, MD, MPH
President - DC Chapter

APA REPRESENTATIVES

Brian Crowley, MD, DLFAPA
Area 3 Trustee

Limited complimentary spaces for Resident Fellow Members

Contact admin@dcpsych.org for more information. Or call 202-595-9498.

[YOU MAY REGISTER ONLINE BY CLICKING HERE](#)

See the list of winners below.

2014 WPS Awards

Wellstone Award - Congressman Tim Murphy, Pennsylvania

Past President Award – Avram Mack, MD, DFAPA

Psychiatrist of the Year – Ann Birk, MD, DFAPA

Resident of the Year – Urooj Saeed, MD

Advocate of the Year - Thomas Wise, MD, DLFAPA

Community Service Award – Tanya Alim, MD, DFAPA

Distinguished Service Award – Gerald Perman, MD, DLFAPA

Distinguished Service Award – James Griffith, MD, DLFAPA

Distinguished Service Award – David Joseph, MD, DLFAPA

Elizabeth Morrison, MD, FAPA
Assembly Representative

Roger Peele, MD, DLFAPA
Assembly Representative

Eliot Sorel, MD, DLFAPA
Assembly Representative

Urooj Saeed, MD
Area 3 MIT Representative

AT-LARGE BOARD MEMBERS

Dayadira Baez-Sierra, MD

Janet Hutchinson, MD, FAPA

Steven Israel, MD, FAPA

Gonzalo Laje, MD, MHSc, FAPA

COMMITTEE CHAIRS

Hind Benjelloun, MD
Membership Chair

Dan Hicks, MD, DLFAPA
CME Chair

Catherine Stuart May, MD, DFAPA
Ethics Chair

Gerald Perman, MD, DLFAPA
Communications Chair, Newsletter
Editor

ELECTED REPRESENTATIVES

Miquel Alampay, MD
MIT Representative

Sanaa Bhatti, MD
MIT Representative

Todd Christiansen, MD
Maryland Legislative
Representative

Resident Fellow Meritorious Service Award – Veronica Slootsky, MD; Layan Zhang, MD;
Milangel Concepcion, MD; Rajeev Sharma, MD, Mona Thapa, MD

Distinguished Service Award – Jerry Perman, MD, DLFAPA

Exceptional Service to the WPS Board – Christine Cotter

Exceptional Service to the WPS Board – Patricia Troy, CAE

Special Appreciation Award for Graphic Design – Betsy Earley

Awards to be Presented by APA

American Psychiatric Foundation Fuller Award for Advancing Minority Mental Health 2013 –
William Lawson, MD, DLFAPA

American Psychiatric Leadership Fellowship – Miquel Alampay, MD

American Psychiatric Minority Leadership Fellowship – Mona Thapa, MD

APA Communications Award – Innovation and Emerging Technology – Gerald Perman, MD,
DLFAPA (*accepting for WPS*)

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**WPS Election Results 2014**

President-Elect - Constance Dunlap, MD, DFAPA

Treasurer - C. Prasad, MD, PhD, DFAPA

At-Large Representatives - Janice Hutchinson, MD, FAPA; Carol Lynn Trippitelli, MD,

**Constance Dunlap, MD, DFAPA**  
Federal Legislative  
Representative

**Charles Kaelber, MD, LFAPA**  
Public Affairs  
Representative

**Mark Niciu, MD**  
Early Career Psychiatrist

**C. Prasad, MD, DFAPA**  
VA Legislative  
Representative

**Ryan Shugarman, MD**  
ECP Representative

**ORGANIZATIONAL  
REPRESENTATIVES**

**Jessica Brown, MD**  
ASPP Representative

**Richard Ratner, MDM, DLFAPA**  
ASAP Representative

**Thomas Nathan Wise, MD, DLFAPA**  
Academy of Psychosomatic Medicine

**MANAGEMENT**

**Next Wave Group, LLC**

**Patricia H. Troy, M.Ed., CAE**  
WPS Executive Director

**Christine F. Cotter**  
WPS Committee Liaison

DFAPA

Early Career Psychiatrist - Ehsan Habibpour, MD

RFM Representatives - Ashley Cesar; MD; Layan Zhang, D

The revised bylaws passed and will go into effect immediately.

**CME COMMITTEE**

**CME EVENTS:**

The CME committee hosted a successful symposium on March 1<sup>st</sup> at Suburban Hospital on Technology and Psychiatry, with a very enthusiastic audience. Thanks to Dr. Joan Turkus, Dr. Marc Levine, and Donna Vanderpool from PMRS.

We have an exciting program coming up this spring.

On May 18<sup>th</sup>, Dr. Caryn Seebach, clinical psychologist in the pain program at the Veterans Affairs Medical Center in DC, will present “ Pain Psychology in Clinical Practice.” Place and time to be announced.

Please contact me or one of the CME Committee or Chris Cotter if you have suggestions for speakers or topics, or if you are willing to host one of our salons in your home on a weekend afternoon.

There were requests to do programming on HIV to help fulfill the new DC licensing requirement; we just did a program on AIDS last year. The DC Medical Society will be offering CME opportunities on HIV at no cost to its members. They have generously offered that our members can register for the events at no cost, and are encouraged to contact Pia Duryea at 466-1800, or [Duryea@msdc.org](mailto:Duryea@msdc.org) for more information about membership benefits.

-- Dan Hicks, MD, Chair

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## **MEMBER IN THE NEWS**



**Dr. Elizabeth Morrison**

**- Letter to the Editor, Washington Post**

[Original article - "The Hard Lives - And High Suicide Rate - of Native American Children On Reservations](#)

[Published - Letter to the Editor: "Suicide is a tragedy, not a crime"](#)

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## **APA NEWS**

Posted at the request of Lisa Fields, Communications & Public Affairs

FR: Lisa Fields, OCPA Staff

RE: APA News Content

Please see the latest APA news ([CLICK HERE](#)) that you can post on your District Branch/State Association website, include in newsletters, or other communication outlets. There are news items that include deadlines so please take that in account when you do decide to post this information. Please remember to remove this content from your

website, etc., when it becomes dated and the links are no longer live on [psychiatry.org](http://psychiatry.org).

If you have any questions or concerns please contact Lisa Fields by telephone at [\(703\) 907-8587](tel:7039078587) or by email ([lfields@psych.org](mailto:lfields@psych.org)).

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**On the Road to ICD-10: Understanding the relationship between DSM-V and ICD-10**

On October 1, 2014, ICD-10 will replace ICD-9. There has been much publicity regarding the major changes and many new diagnostic codes that ICD-10 brings. How will ICD-10 effect our diagnostic codes for mental health disorders? Darrel Regier, M.D., MPH, Vice-Chair, DSM-5 Task Force and William Narrow, M.D., M.P.H., Research Director, DSM-5 Task Force, have prepared a brief, easy-to-read synopsis about the relationship between ICD-10 and DSM-5. In short, ICD-10 codes have been imbedded into DSM-V. As a result, the pain and challenge of transitioning to ICD-10 has been considerably eased for mental health care providers. For more details, follow this link:

<http://www.dsm5.org/Documents/Understanding%20ICD%2002-21-14%20FINAL.pdf>

--Submitted by Elizabeth Morrison, M.D., DFAPA, *Assembly Representative*

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**NEW HANDBOOK FOR RESIDENTS**

*Posted on behalf of Saul Levin, M.D., M.P.A, CEO/Medical Director*

I wanted to share the following, newly developed resources with you. Please feel free to distribute and/or link to any information you find useful. If you have questions, please contact Jon Fanning at [jfanning@psych.org](mailto:jfanning@psych.org).

\*Handbook for Resident-Fellow Members (RFMs)\*

The newly created "APA Resident-Fellow Handbook," is posted at

<http://www.psychiatry.org/residents>.

This handbook has detailed information regarding APA leadership positions, fellowships, awards, competitions, and the process for creating APA policy. This resource should be helpful to both new and seasoned resident and fellow members (RFMs).

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### **Report of APA Area 3 March 1 meeting**

Drs. Brian Crowley, Richard Ratner, Miguel Alampay, Bill Narrow, and I attended the Area 3 meeting yesterday in Philly. Area 3 consists of Delaware, Maryland, Pennsylvania, New Jersey, and WPS, about four thousand of APA's thirty-four thousand members.

PLEASE KEEP IN MIND THAT THIS IS INCOMPLETE AND ARE UNOFFICIAL AND NOT THE OFFICIAL MINUTES

This meeting benefitted from the website and other electronic communications developed by Dr. Joe Napoli, Area 3 Deputy Rep.

Dr. Brian Crowley's report on the APA Board of Trustees and Dr. Richard Ratner's Report on the American Society of Adolescent Psychiatry were received with accolades.

There was a major meeting between the APA and ABPN on March 12 as to Maintenance of Certification [MOC], as that date as passed at the time of this publication I was not be able to take suggestions or thoughts as to the agenda. Furthermore, Area 3 has developed programs on MOC about which we should see details on Area 3 website in the future, info that we should place on WPS's website.

Dr. Abellard won over Dr. Alampay in a close election for Area 3 Resident-Fellow [new term for "MIT"] Dep. Representative.

Action Papers considered:

1] The Action Papers developed by the WPS Workgroup on Violence Risk Reduction were not accepted because the Area 3 people at this meeting wanted a forensic reaction before considering them. So, Drs. Ann Birk, Harvey Fernbach and the rest of the Workgroup will want to send their motions to APA's Council on Psychiatry and Law, Chair Steve Hoge, [steven@stevenhoge.com](mailto:steven@stevenhoge.com). Since these APs have been approved by WPS, they will go to the Assembly where they will also have a Reference Committee Review.

2] The Action Paper developed by Dr. Susan Rich on the need to have a unique ICD-10-CM code for Neurodevelopmental Disorder Associated with Prenatal Alcohol failed because it was felt that the APA should first move that Disorder from Section three to Section of DSM-5. This puts us in no win situation until the APA decides how Disorders can be moved from Section Three to Section Two. This month, a DSM task Force will make its report to the APA Board of Trustees, but that report may not answer that question.

4] The Action Paper developed by Dr. Eliot Sorel on APA & Primary Care Organization Collaboration In the Affordable Care Act Implementation was approved 8 to 3. [Those abstaining may have done so due to questioning if this need was already part of APA initiatives. Eliot has since researched and found that it is a need, but I didn't mention this as I was unsure which of his sources I could mention.]

5] Our Action Paper asking that the APA asks ABPN to clarify its expectations of candidates in 2015 and 2016. After the first draft of this AP, on/or about February 20, we saw some amplification of what was expected at the ABPN website, but it remains very unclear. Hopefully the website will become clear over the next two months and this AP can be withdrawn. Passed 14 to? Not sure if anyone voted against.



6] Our Action Paper asking that the criteria focused on a clinician's subjective criteria be removed from future DSMs did not pass, getting only three of the ten who voted.

7] The only other AP before Area 3 was Dr. Barry Herman's [Amer. Ass of Psychiatric Administrators Representative and frequent WPS supporter] on the need for the APA to reconsider its policy of not having industry-supported symposia. I didn't record the vote, but easily passed, passed by a wider margin than his same AP several years ago.

--Roger Peele

WPS Assembly Representative

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Posted at the request of Healthcare Systems & Financing. You are encouraged to listen in!

Please join us for a live webcast of a roundtable discussion hosted by the American Psychiatric Association on the promise of integrated medical-behavioral and primary care models on April 4 from 10 a.m.-12 p.m. ET.

The event, *Integrated Primary and Mental Health Care: Reconnecting the Brain and the Body*, will feature the release of a new report by Milliman Actuaries outlining the economic impact of effective integration of medical and behavioral health services.

Michael Hogan, PhD, Former Commissioner of the New York State Office of Mental Health will provide keynote remarks. Other confirmed speakers include:

- Jeffrey Lieberman, MD, President, American Psychiatric Association
- Paul Summergrad, MD, President-Elect, American Psychiatric Association

- Saul Levin, MD, MPA, CEO and Medical Director, American Psychiatric Association
- John P. O'Brien, Senior Policy Advisor, Centers for Medicare and Medicaid Services
- Henry Chung, MD, Medical Director, Montefiore Accountable Care Organization
- Richard Frank, PhD, Margaret T. Morris Professor of Health Economics, Harvard Medical School and Designate, Assistant Secretary for Planning and Evaluation, Health and Human Services

Webcast participants will be able to submit questions for the panelists through the webcast. To register for the webcast, visit <http://www.visualwebcaster.com/APAIntegratedCare>.

If you have questions, please feel free to contact Kristin Kroeger, Chief of Policy, Programs, and Partnerships at kkroeger@psych.org or Irvin "Sam" Muszynski, JD, Director of Healthcare Systems and Financing at imuszynski@psych.org.

Sincerely,
Jeffrey Lieberman, MD

President, American Psychiatric Association



OBITUARY

Former APA President and Visionary Robert Gibson, M.D., Dies

Robert Gibson, M.D., APA's 105th president, died March 8 in his Parkton, Md., home.

Gibson was president of APA for the 1976-77 term and had been secretary of the Association from 1972 to 1975. He received his medical degree from the University of Pennsylvania Medical School and served his psychiatric residencies at the Veterans Administration Hospital in Coatesville, Pa., the U.S. Naval Hospital in Bethesda, Md., and the private mental hospital Chestnut Lodge in Rockville, Md. He remained at Chestnut Lodge as clinical administrator until 1960.

In 1960, Dr. Gibson moved to the Sheppard and Enoch Pratt Hospital in Baltimore as director of clinical services. He became medical director and CEO in 1963 and served in that position until 1982, when he was named president and CEO of the hospital.

APA leaders hailed Gibson as a leader who emphasized integrity, accountability, and public service. “Dr. Gibson was an example to us all—a man ahead of his time,” said APA CEO and Medical Director Saul Levin, MD., M.P.A. “Not only was he an exceptionally gifted psychiatrist, teacher, and administrator, he was key in earning the public’s trust in the profession, initiating a team approach to psychiatry, and ensuring that individuals from all backgrounds had access to psychiatric care. Let us honor Dr. Gibson for his vision and tireless leadership for patients.”

Past APA President Steven Sharfstein, M.D., who succeeded Gibson as president of the hospital in 1992, described him as a visionary who helped to introduce the idea of providing a continuum of services in a hospital setting. Sharfstein told *Psychiatric News*, “At Sheppard Pratt, a private, not-for-profit, long-stay hospital within the psychoanalytic tradition, he brought, during his 30-year tenure as president from 1962 to 1992, day programs, a community mental health center—the only one in the country at the time sponsored by a private psychiatric hospital—an education center, and an employee assistance program. He wrote and spoke widely on the economics of psychiatric care. He was a wonderful mentor to me when I joined Sheppard Pratt in 1986. As APA president in 1976, he fought for third-

party coverage of psychiatric treatments, both inpatient and outpatient. He loved APA, our professional standards and ethics. Psychiatry has lost one of its best leaders.”

-- APA: Psychiatricnews.org

Monday, March 17, 2014

CLASSIFIEDS

Office for rent:

Downtown Bethesda near Metro & NIH. Furnished interior office in suite w/other mental health professionals. WiFi & fax included. Kitchenette & private restroom. Available April 1. Contact Jacob I. Melamed, Ph.D. @ 301-656-5360 or jacobmelamed@erols.com.

Office for rent:

Neuroscientific Insights a busy psychiatry private practice with Naveena Hemanth MD (child, adolescent and adult) and Amita Jha MD (adult), is offering newly built, fully sound proof psychotherapy offices available on Tower Oaks Blvd, Rockville. We are looking for psychiatrists to join our practice or therapists wanting to build niche practices with children, adolescents and adults, in Trauma/EMDR, CBT, Family Therapy; any other modalities are welcome. In addition there is a clinical trial research unit on the site for major pharmaceutical research. Also, we are in the process of starting a weight management program at our site. There is space available for running groups as well. If interested please call to discuss further 301-468-1002, or e-mail at officemanager@nsi-MD.com

