



# WPS e-NEWS

August 2015 Issue

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Welcome to the August 2015 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format.

**We welcome your submissions. Please send all notices to [enews@dcpsych.org](mailto:enews@dcpsych.org).** This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

## Get Involved in WPS:

One way to build professional relationships, learn new skills, and make a difference in your profession is to become involved in WPS. Opportunities range from writing articles, to assisting with events, being a mentor, serving on a task force, helping with elections, serving on a committee and more.

Tell us what your interests are: [CLICK HERE](#)

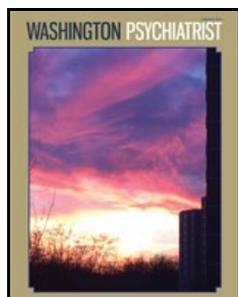
## WPS CME REPORT JULY 2015 - SAVE THE DATE!!!!

**Saturday, Sept. 26<sup>th</sup> 8 AM -1 PM**  
**Update on Ethics in Psychiatry**

Please plan to attend our Fall Symposium organized by our Ethics Chair, Dr. Catherine May, with some of the leaders in our field both locally and nationally helping to give us ethical guidelines to navigate the myriad of practice changes in our field. Dr. Richard Milone, Chair of APA's Ethics committee, and Ms. Colleen Coyle, APA Staff of the Ethics committee will be two of our presenters.

Dr. Donna Vanderpool from PRMS will be advising us how to avoid ethical risks, which will give participants a discount on their malpractice premium through PRMS. Dr. Stephen Green and Dr. Philip Candelis, two of our esteemed colleagues who have written and lectured extensively on ethics will also be presenting. Wrap-up will be a panel discussion with cases, submitted in advance by our participants. It promises to be challenging and exciting, so please register once the notification is posted.

In addition, we are working on two salons in the fall, an alcohol treatment update by Dr. George Kolodner, and a presentation on women's mental health by Dr. Julia Frank. We are also working on our Presidential symposium for next spring, with Dr. Constance Dunlap spearheading a discussion of Violence and Psychiatry. Stay tuned!



**Washington Psychiatrist**, your APA-award-winning quarterly electronic magazine, is seeking articles for the fall 2015 issue and beyond. Please email your contributions for consideration to [gpperman@gmail.com](mailto:gpperman@gmail.com).

Consult the Editorial Policy in a recent issue of WP at [www.dcpsych.org](http://www.dcpsych.org) for details about contributions to WP. Contact me anytime with questions.

Thank you.

Cordial best regards,  
Gerald P. Perman, M.D., DLFAPA  
[gpperman@gmail.com](mailto:gpperman@gmail.com)

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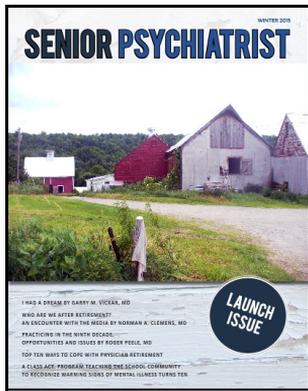
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**The Senior Psychiatrist**



Did you know that if you are a Life member of APA you qualify to join the Senior Psychiatrists, Inc.? This group was formerly called the APA Lifers, but is now a separate 501(c)3 organization and is an APA Allied Organization, with representation on the APA Assembly. The Senior Psychiatrists, Inc. have just launched a new digital magazine, [The Senior Psychiatrist](#). The group will be hosting two educational programs at APA in Toronto, as well as as membership reception and business meeting. Sound interesting?

Dues for your first year of membership are FREE (regularly \$50) and are good for one full year from the date you join. To find out more, go to <http://www.seniorpsych.org>.

[Click to browse magazine online](#)  
[Click to download pdf of magazine](#)

**MEMBER IN THE NEWS**

Dr. Eliot Sorel has offered a statement regarding the Bucharest Summit held by The World Psychiatric Association, the 2015 Bucharest International Congress at the Palace of Parliament Bucharest, Romania in June.

[CLICK HERE TO READ THE STATEMENT ON COLLABORATIVE AND INTEGRATED CARE](#)  
Dr. Sorel has also received a special invitation to present a report on Tuesday, July 28, 2015 at USUHS on the WPA Bucharest Congress as well as a report on Non-Communicable Diseases: Integrated Care and Health Policy.



Please feel free to post or distribute: [UPDATED PARITY POSTER](#)



A daily news briefing on psychiatry and mental health, prepared by the editors at BulletinHealthcare, exclusively for members of the APA

The following message is sent on behalf of DDHE. For additional questions or concerns, contact Alison Bondurant directly.

Dear DB/SA Executive Staff –

July 2015 marks the second annual commemoration of APA Diversity Mental Health Month (DMHM), a time when APA is spotlighting mental health disparities and needs within diverse communities, as well as the importance of cultural competence in the delivery of quality mental health care. This year's theme is Culturally Competent Care. We hope DB/SAs will once again join in the commemoration.

As US demographics continue to change, psychiatrists **must operate in cross-cultural contexts. Psychiatrists are already being sought out to provide culturally sensitive services that are responsive to the unique concerns and needs of their diverse patient groups.**

The Division of Diversity and Health Equity (DDHE) has prepared a [Toolkit](#) of helpful resources. This material, however, is merely a fraction of the wealth of information available and is meant to inspire

people to seek out more information. All toolkit materials are available on our [website](#). We also have these resources on a souvenir thumb drive and will be happy to send it to you while supplies last.

**MANAGEMENT**

Next Wave Group, LLC

Patricia H. Troy, M.Ed.,  
CAE

WPS Executive Director

Christine F. Cotter  
WPS Committee Liaison

We kindly ask that you promote the [Toolkit](#) within your membership to help raise awareness and break down the barriers to receiving the high-quality mental health care that patients need and deserve. If you have additional ideas in which to advance July as APA Diversity Mental Health Month or other material for the toolkit, please let us know. We would also love to hear how your members engage in APA DMHM. Please know that you and your members are encouraged to customize your efforts toward issues and groups appropriate for your local/regional area.

If you have any questions, please contact me or Alison Bondurant at [703-907-8639](tel:703-907-8639) or [abondurant@psych.org](mailto:abondurant@psych.org). **We would like your feedback about** the usefulness of the Toolkit and related issues and will be sending you a brief survey soon.

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**Coordinated Specialty Care Early Intervention Services for Schizophrenia  
Show Great Promise in Improving Outcomes**

**ARLINGTON, Va., July 1, 2015** — Several new specialty care programs are improving the mental health of people with schizophrenia through comprehensive and aggressive treatment in the earliest stages of illness. These efforts are described in a special section in the July issue of [Psychiatric Services](#).

Schizophrenia is a serious mental illness affecting roughly 1 percent of people at some point in their lives. The U.S. has lagged behind other countries in developing early intervention treatment programs for people with schizophrenia.

“Now that we know which programs are most effective, we can begin to offer these services across the United States,” said Amy Goldstein, Ph.D., with the National Institute of Mental Health (NIMH).

“This research will help us give hope and support to people with schizophrenia and their families.”

Several of these interventions were funded through NIMH’s RAISE (Recovery After an Initial Schizophrenia Episode) project. The special section features reports from the RAISE project as well as analyses of other programs used to treat people with schizophrenia. The interventions encompass a comprehensive approach featuring services such as family education, individual resiliency training, supported employment and education, and a focus on patient’s life goals.

The following are a few key findings:

- Patients in the RAISE Connection Program showed improvement in job and social settings, fewer symptoms and reduced rates of remission.
- An analysis of the RAISE Connection Program found that the program’s focus on patients’ life goals was a critical factor in engaging them. Other factors that encouraged engagement were individualized services and staff interactions that were respectful, warm and flexible; engagement of family members; and a focus on shared decision making.
- Findings from a controlled trial of STEP (Specialized Treatment Early in Psychosis), which is not part of the RAISE initiative, are also presented. STEP was established in 2006 by the Connecticut Mental Health Center. After one year, STEP participants had significantly fewer and shorter hospital stays than those in usual treatment and demonstrated better job performance.

The American Psychiatric Association is a national medical specialty society whose more than 36,000 physician members specialize in the diagnosis, treatment, prevention, and research of mental illnesses, including substance use disorders. Visit the APA at [www.psychiatry.org](http://www.psychiatry.org).

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The following message is sent on behalf of Saul Levin, CEO & Medical Director, APA

Dear DR SA Executive Directors



I am pleased to announce that Philip S. Wang, M.D., Dr.P.H. will become our new Director of Research on August 24, 2015.

Dr. Wang currently serves as the Deputy Director of the National Institute of Mental Health (NIMH). In this role, he assists in overseeing 1300 NIMH staff and approximately \$1.5 billion spent annually to help pave the way for prevention, recovery, and cures. He also serves as the Acting Director for the newly formed Division of Translational Research (DTR); DTR supports research programs to translate discoveries into insights, innovations, and effective interventions for children and adults. Prior to joining NIMH, Dr. Wang served on the faculty at Harvard Medical School where he conducted national and global epidemiology studies; health care policy, economics, and services research; pharmacoepidemiology and pharmaco-economic analyses; and effectiveness trials testing new healthcare interventions. His research was supported by NIMH, NIDA, AHRQ, and the Robert Wood Johnson Foundation. He is an author of scientific publications in leading medical journals such as the *New England Journal of Medicine*, *Journal of the American Medical Association*, and *Lancet*. Dr. Wang actively taught throughout his time at Harvard, including mentoring residents and fellows on their research projects.

Dr. Wang has served in advisory roles at both the national and international levels. He has served on the Food and Drug Administration (FDA) Psychopharmacologic Drug Advisory Committee, FDA Medical Devices Advisory Committee, and FDA Endocrinologic and Metabolic Drugs Advisory Committee. He also chaired the World Health Organization (WHO) World Mental Health Survey Initiative's Services Research Work Group. He was a member of the American Psychiatric Association's (APA) *Diagnostic and Statistical Manual, Fifth Revision (DSM-V)* Task Force and has consulted on several APA Workgroups that developed evidence-based treatment guidelines. He was a member of several NIH Study Sections.

In his role as Director of Research at APA he will lead the Department into a new era of clinical and services member-focused research that address the needs of psychiatrists and their patients, working towards shaping the agenda, policies, priorities and activities of research funders to address the needs of psychiatrists, as well as expanding research capacity in psychiatry and providing mentorship opportunities for our trainees. He will also continue to oversee all maintenance and revision activities of the DSM.

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**The Wharf Announces First Office Tenant:  
American Psychiatric Association Leases**

Thu July 16, 2015  
63,000 SQUARE FEET ON 10-YEAR TERM  
Mayor Bowser Applauds Move to District in 2017

WASHINGTON, D.C. (July 16, 2015) – Hoffman-Madison Waterfront, the master developer of the world-class mixed-use waterfront community The Wharf, today announced the American Psychiatric Association (APA), the world's largest psychiatric organization, will occupy 63,000 square feet of Class A office space at 800 Maine Avenue.

[READ THE REST OF THE ARTICLE HERE](#)

[WASHINGTON POST ARTICLE](#)

**DSM-5 and ICD-10 Training**

Dear DB SA Executive Directors:

As many of you know as of October 1, 2015, all HIPAA-covered entities must transition from using ICD-9 codes to using ICD-10 codes.

The APA Administration will begin a communications campaign to educate our members and allied behavioral health and primary care providers on these changes. We have developed a question and answer guide on how to use the DSM-5 when transitioning to ICD-10, as well as a 5-minute video that clarifies how the ICD-10 codes are included in the DSM-5. The guide and video can be found [here](#).

I encourage you to review this information and share it with your colleagues.

**How will D.C. make a St. Elizabeths look 'less vacant'?  
Brick-colored plywood, that's how**

The redevelopment of the D.C.-owned St. Elizabeths East is a painfully slow work in progress. For now, the District is just trying to give the impression that there's vibrancy behind those gates and century-old walls.

D.C. officials tell me to expect an announcement...

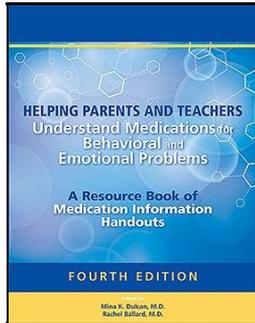
[READ THE REST OF THE ARTICLE HERE](#)



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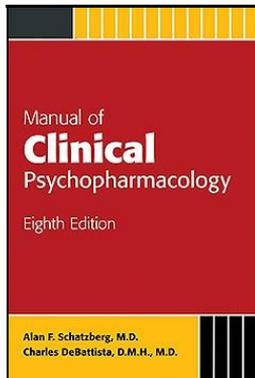
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