



# WPS e-NEWS

December 2014 Issue

## CONTENTS:

[WPS: Get Involved!](#)

[UPCOMING FOR WPS](#)

[CME UPDATE](#)

[TRAINING: INTERACTING WITH MEDIA](#)

[APA NEWS](#)

[Classifieds](#)

**WPS OFFICERS AND DIRECTORS**

Steven Epstein, MD FAPA

Welcome to the December 2014 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format. **We welcome your submissions. Please send all notices to [enews@dcpsych.org](mailto:enews@dcpsych.org).** This publication may also be found online in PDF format for printing at <http://www.dcpshych.org>.

## Get Involved in WPS:

One way to build professional relationships, learn new skills, and make a difference in your profession is to become involved in WPS. Opportunities range from writing articles, to assisting with events, being a mentor, serving on a task force, helping with elections, serving on a committee and more. Tell us what your interests are: [CLICK HERE](#)

\*\*\*\*\*

## WPS EVENTS!

**December Salon:** *Marijuana, Medical and Otherwise: An Update on Clinical and Legal Issues*

President

**Constance Dunlap, MD DFAPA**  
President-Elect

**Gary Soverow, MD, DLFAPA**  
Immediate Past-President

**Farooq Mohyuddin, MD FAPA**  
Secretary

**C.M. Prasad, MD, PhD, DFAPA**  
Treasurer

### CHAPTER REPRESENTATIVE BOARD MEMBERS

**Robert Johnson, MD FAPA**  
President - VA Chapter

**C.M. Prasad, MD, PhD, DFAPA**  
VA Chapter Legislative  
Representative

**Marilou Tablang-Jimenez, MD DFAPA**  
President - MD Chapter

**Miguel Alampay, MD**  
MD Chapter Legislative  
Representative

**Hind Benjelloun, MD**  
President - DC Chapter

**Urooj Saeed, MD**  
DC Chapter Legislative  
Representative

Date: Sunday, December 7<sup>th</sup>, 2014 3:00-5:30 PM

Location: Speaker residence, Chevy Chase MD (address provided upon registration)

Speaker: Dr. George Kolodner, MD, Medical Director, The Kolmac Clinic

Cost: \$35

CME: 2 AMA PRA Category 1 Credits™

Register by [CLICKING HERE](#) or view all events at [www.dcpsych.org](http://www.dcpsych.org) under Events - Master Calendar.

*This activity is jointly sponsored by the American Psychiatric Association and the Washington Psychiatric Society. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and Washington Psychiatric Association. The APA is accredited by the ACCME to provide continuing medical education for physicians. The American Psychiatric Association designates this live activity for a maximum of 2 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the educational activity.*

\*\*\*\*\*

### CME UPDATE - DECEMBER 2014

The CME Committee has been very busy hosting and planning events. On October 26<sup>th</sup>, Dr. Joe Collins hosted a salon featuring Dr. Paul Rosenberg from Johns Hopkins, updating us on the state of research in diagnosis and treatment of Alzheimer's, including possibly preventive vaccines. He also discussed medical management of psychiatric aspects of dementia. The enthusiastic gathering kept him busy with questions.

Our next salon on Sunday, December 7<sup>th</sup> will feature Dr. George Kolodner, our local addictions

## **APA REPRESENTATIVES**

**Brian Crowley, MD, DLFAPA**  
APA Trustee Area 3

**Elizabeth Morrison, MD, FAPA**  
Assembly Delegate

**Roger Peele, MD, DLFAPA**  
Assembly Delegate

**Eliot Sorel, MD, DLFAPA**  
Assembly Delegate

**Constance Dunlap, MD, DFAPA**  
Federal Legislative  
Representative

**Charles Kaelber, MD, LFAPA**  
Public Affairs  
Representative

**Mark Niciu, MD**  
ECP Representative

**Ehsan**  
ECP Representative

---

## **AT-LARGE Representatives**

**Janet Hutchinson, MD, FAPA**

**Steven Israel, MD, FAPA**

**Gonzalo Laje, MD, MHSc, FAPA**

**Carol Lynn Trippitelli, MD, DFAPA**

**Ashely Cesar, MD**  
Resident Fellow Member

expert, discussing the very hot topic of marijuana, something important for all psychiatrists now that it has been legalized in DC and other jurisdictions. He will also update us on what research has shown us about the effects of marijuana. This salon is so popular that it is sold out, so we hope to repeat it in January.

The Presidential Symposium, chaired by Dr. Steven Epstein, will be held Saturday, April 11th at Suburban Hospital auditorium on Integrated Care. The current APA President, Dr. Paul Summergrad will be speaking on this topic that he has identified as his theme. In addition, Dr. Carol Alter, a local member, will be talking about her work on treating depression in medical clinics, and Dr. Anita Everett, a Community Psychiatrist at Johns Hopkins will be discussing her work. It promises to be a very exciting symposium, so make sure to sign up early.

The pieces are also being assembled to have an exciting winter symposium on International Psychiatry. Many of our members have had experiences working overseas that they are eager to share with us. Dr. Joe Collins will be hosting his colleague, Dr. Peter Kowalski, to discuss their work in medical clinics in Haiti. We are still assembling our other speakers, as well as a date and place. Stay tuned.

We are already starting to plan our fall symposium for September, under the leadership of Dr. Connie Dunlap, our president-elect.

Please sign up and plan to attend our exciting programs, for your own education and CME credits, but also a great chance to socialize with colleagues. If you have a space to host a salon, please let us know. If you have ideas for speakers or topics, or you want to serve on the committee, please let us know. Members are I, Dr. Beth Morrison, Dr. Bill Lawson, Dr. Valerie Buyse, Dr. Jessica Brown, and Dr. Joe Collins, with the extremely competent Chris Cotter as our staff.

--Dan Hicks

Representative

**Zayan Zhang, MD**  
Resident Fellow Member  
Representative

**COMMITTEE CHAIRS**

**Hind Benjelloun, MD**  
Membership Chair

**Dan Hicks, MD, DLFAPA**  
CME Chair

**Catherine Stuart May, MD, DFAPA**  
Ethics Chair

**Gerald Perman, MD, DLFAPA**  
Communications Chair, Newsletter Editor

**Representatives From Other Organizations**

**Academy of Psychosomatic Medicine –**  
Thomas Nathan Wise, MD,  
DLFAPA

**American Society of Psychoanalytic Physicians -**  
Jessica Brown, MD, FAPA

**American Society of Adolescent Psychiatry -**  
Richard Ratner, MD,  
DLFAPA

\*\*\*\*\*

**ASSISTANCE IN INTERACTING WITH MEMBERS OF THE MEDIA**

With the assistance of the APA Office of Communications and Public Affairs we are exploring the WPS membership interest in participating in a training session for interacting with members of the media. This training would help us to reach out to members of the media to encourage appropriate commentary about psychiatric issues of community interest and importance. The training would likely occur on a future Saturday or Sunday yet to be determined. If you have interest in attending such a session, please email me ([cnkaelber@verizon.net](mailto:cnkaelber@verizon.net)), providing your contact information, and any topics of special interest or expertise you have.

Charles Kaelber, MD  
WPS Public Affairs Representative  
[cnkaelber@verizon.net](mailto:cnkaelber@verizon.net)  
DLF APA

**APA NEWS**

**Now Accepting Applications for the Improved 2015 Spurlock Congressional Fellowship**

The American Psychiatric Foundation is inviting nominations for the Jeanne Spurlock Congressional Fellowship. This fellowship provides psychiatry residents, fellows, and early career psychiatrists a unique opportunity to work on Capitol Hill in a congressional office on federal health policy, particularly policy related to child and/or minority issues. The fellowship was established in honor of the late Jeanne Spurlock, M.D., who was deputy medical director and head of APA's Office of Minority/National Affairs and an advocate for child and minority issues.

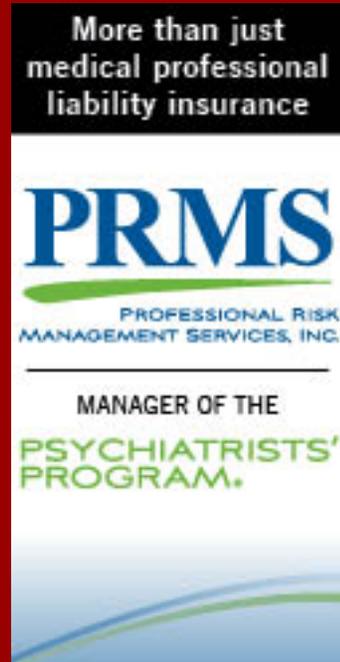
The fellowship is open to all psychiatry residents, fellows, and early career psychiatrists.

**MANAGEMENT**

**Next Wave Group, LLC**

**Patricia H. Troy, M.Ed., CAE**  
WPS Executive Director

**Christine F. Cotter**  
WPS Committee Liaison



Applicants must be APA members and U.S. citizens or permanent residents. Applications, in the form of a letter, three letters of recommendation, and a CV, should be sent by December 19, 2014 to Marilyn King, APA Division of Diversity and Health Equity, 1000 Wilson Boulevard, Suite 1825, Arlington, Va. 22209, or email [mking@psych.org](mailto:mking@psych.org).

You can view the fellowship announcement details [here](#), and information on past Congressional fellows and their experiences on the Hill is also available in this [PDF brochure](#).

more information:

<http://www.psychiatry.org/practice/professional-interests/diversity/awards-and-fellowships/minority-fellowships/jeanne-spurlock-congressional-fellowship>

\*\*\*\*\*

**DBExecs: Fellowship and Award Opportunities**

The following is a message sent on behalf of the Office of Minority & National Affairs. If you have further questions, please contact Marilyn directly at [mking@psych.org](mailto:mking@psych.org). Thanks.

**Minority Fellowships Invites Applicants; Jan. 30 Deadline**

Psychiatry residents are invited to apply for APA's Minority Fellowships Program. The fellowships provide educational opportunities, not only to minority residents, but to any resident interested in providing quality and effective service to minorities and the underserved. The fellowships provide the funds necessary for psychiatry residents to experience a specialized educational program specifically geared toward building leaders in psychiatry to improve the quality of mental health care for the following federally recognized ethnic minority groups: American Indians, Native Alaskans, Asian Americans, Native Hawaiians, Native Pacific Islanders, African Americans and Hispanics/Latinos. The fellowship program is also designed to involve the resident in the work of the association and to give APA the perspective of young psychiatrists. Learn more about the

APA/SAMHSA fellows, APA/SAMHSA Substance Abuse fellows and the APA/Diversity Leadership fellows on the [www.Psychiatry.org/minority-fellowship](http://www.Psychiatry.org/minority-fellowship). Please click this link for a special video by fellows at [www.culturefellows.org](http://www.culturefellows.org). For additional information contact Marilyn King at (703) 907-8653 or [mking@psych.org](mailto:mking@psych.org). The application deadline is Jan. 30.

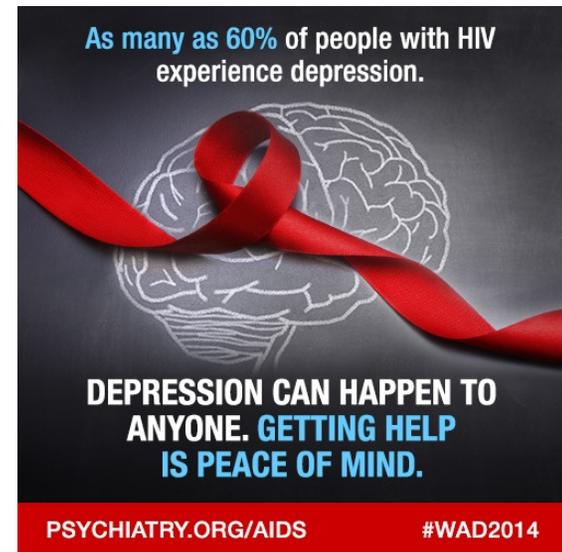
**All applicants are welcome to apply regardless of race, ethnicity, gender, national origin, religion, sexual orientation or disability.**

\*\*\*\*\*

Greetings DB/SA Execs.:

The APA Communications department has crafted talking points and graphics to help support efforts in the states around World AIDS Day. Below you will find talking points and 1 of 3 researched based graphics on HIV and AIDS specific to the field of psychiatry.

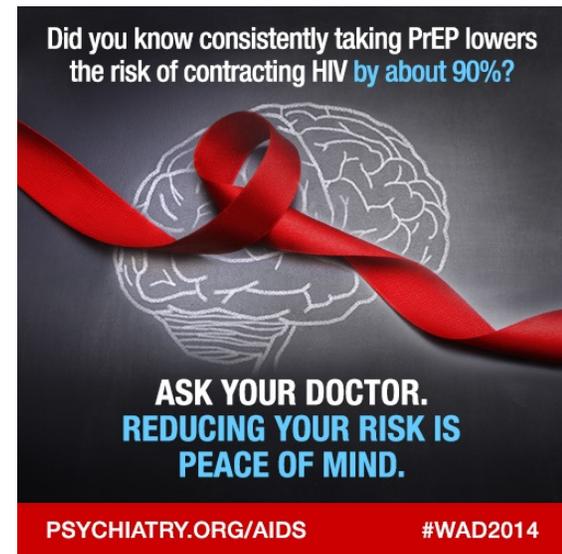
If you have additional questions regarding graphics, please contact Erin in Communications at [econnors@psych.org](mailto:econnors@psych.org). For additional information on World AIDS Day contact Ian at [ihedges@psych.org](mailto:ihedges@psych.org).



## Talking Points for World AIDS Day - December 1, 2014

### Key Messages:

- World AIDS Day, celebrated on December 1 each year. It is a key opportunity to raise awareness, commemorate those who have died, and recognize progress, such as increased access to treatment, increased access to prevention services and advances in treatments.
- As HIV/AIDS increasingly becomes a chronic illness with the improvement of treatments, the need for mental health care and services is rising.
- World AIDS Day is also a day to recognize the many psychiatrists and other mental health care clinicians who work with HIV-positive patients who also have psychiatric or substance use issues.
- Psychiatrists, with both medical and mental health training, are uniquely positioned to meet the complex needs of individuals with HIV and mental illness.
- Mental illness and HIV both still carry significant stigma and discrimination that prevents many from seeking and accessing treatment they need.
- A new advance in HIV medicine, 'PrEP' (Truvada), can be prescribed by a psychiatrist, and can lower the risk of contracting HIV by 90 percent.



<http://www.cdc.gov/hiv/prevention/research/prep/>

## Statistics:

- Globally, 35.3 million people are living with HIV/AIDS (2012- WHO Global Health Observatory)
- 1.6 million died worldwide in 2012 (2012- WHO Global Health Observatory)
- More than 1.2 million people in the United States are living with HIV infection, and almost 1 in 7 (14%) is unaware of his or her infection. (CDC-. [HIV Surveillance Supplemental Report](#) 2014;19(No.3). Published November 2014.)
- Gay, bisexual, and other men who have sex with men (MSM), particularly young black/African American MSMs, are most seriously affected by HIV. (CDC. Estimated HIV incidence in the United States, 2007–2010. [HIV Surveillance Supplemental Report](#) 2012;17(No. 4). Published December 2012.)
- By race, blacks/African Americans face the most severe burden of HIV. (CDC. Estimated HIV incidence in the United States, 2007–2010. [HIV Surveillance Supplemental Report](#) 2012;17(No. 4). Published December 2012.)
- Despite increases in the total number of people living with HIV in the United States in recent years, the annual number of new infections has remained relatively stable overall. (<http://www.cdc.gov/nchhstp/newsroom/docs/HIVAIDS-in-America-Snapshot-508.pdf>)
- However, HIV infections continue at far too high a level, with approximately 50,000 Americans becoming newly infected with HIV each year. (<http://www.cdc.gov/nchhstp/newsroom/docs/HIVAIDS-in-America-Snapshot-508.pdf>)
- More than 15,000 people with AIDS still die each year in the United States. (<http://www.cdc.gov/nchhstp/newsroom/docs/HIVAIDS-in-America-Snapshot-508.pdf>)

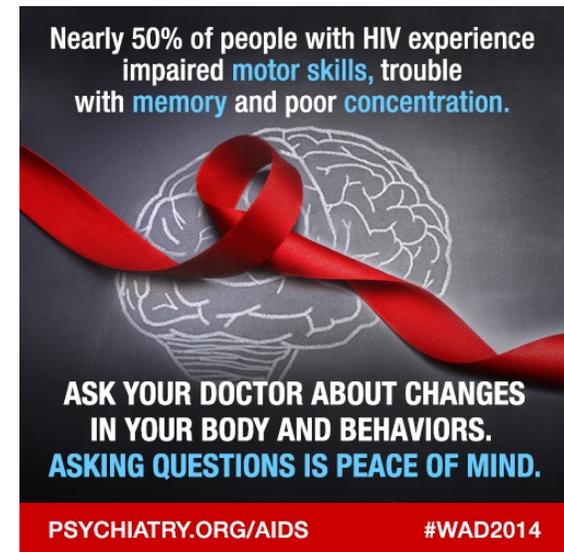
**Resources:**

[APA public education resources on HIV/AIDS](#)

[APA professional resources on HIV psychiatry](#)

[Centers for Disease Control and Prevention HIV/AIDS page](#)

[HIV Psychiatry CME courses](#) (Can help fill maintenance of licensure requirements in Washington, DC, Kentucky, and Florida)



---

**CLASSIFIEDS**

**EMPLOYMENT:**

Moving the Self Psychotherapy Center, a thriving insurance-based practice, is seeking clinically licensed mental health professionals to work as independent contractors in the centrally located Bowie (Maryland) office. Two part-time positions are currently open, with the opportunity to build to full-time. Psychiatrists are welcome to apply. Email resume with a statement of interest to Patrizia Pallaro [somatikapp@gmail.com](mailto:somatikapp@gmail.com) [www.movingtheself.org](http://www.movingtheself.org)

Unity Health Care, Inc. seeks full time psychiatrists to join the staff of its Health Center on Capitol Hill, which operates on site at Washington, DC's largest private not-for-profit mental health core services agency, Community Connections. Successful candidates will be a part of an exciting new collaboration, Healthy Connections, integrating primary and behavioral health care in concert with a mental health and substance abuse services organization. Part time opportunities are also

available. EOE. Please apply online at [www.unityhealthcare.org](http://www.unityhealthcare.org) under our career center tab.

**OFFICE SPACE:**

Kensington, MD - Newly renovated office suite includes four private offices, free parking, shared group room, reception area, and private restroom. Fully furnished space designed for psychiatrists; rent includes WIFI, online advertising, phone line, copier, fax, office supplies, security system, and website with online booking capabilities. For more information, please call Vin at 401-996-4846 or visit our website at [www.omnilifecare.com](http://www.omnilifecare.com).

550M Ritchie Hwy, #271 | Severna Park, MD 21146 | 202-595-9498 | [www.dcpsych.org](http://www.dcpsych.org)