



# WPS e-NEWS

June 2013 Issue

## CONTENTS:

### WPS News

Dist. Fellow

Kudos!

### APA News

### Other Organizations

### Publications

### Obituaries

### Classifieds

## E-NEWS STAFF

### Editor

Gerald P. Perman, MD,  
DLFAPA

### Administration

Patricia H. Troy, CAE

### Design

Anne Benjamin

### Support

Laurie Plemons

Welcome to the June 2013 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format.

**We welcome your submissions. Please send all notices to [enews@dcpsych.org](mailto:enews@dcpsych.org).** This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

---

## WPS NEWS

### **CME Committee Report - Jessica Brown**

Our dedicated committee includes Dr. Dan Hicks (Chair), Dr. Beth Morrison, Dr. Bill Lawson, Dr. Jessica Brown, Dr. Valerie Buyse, Dr. Weronika Gondek, Dr. Kylee Stephens, Dr. Joe Collins, and supported by our dedicated staff person Chris Cotter. We meet monthly to plan your upcoming educational events, and we look forward to your input and suggestions on educational programs and speakers. We also look for people who can host one of our salons in their home for 20-30 people. Please let Dan Hicks or [Chris Cotter](#) know if you are willing to do so.

---

### **Distinguished Fellow**

APA has provided the list of WPS members who are eligible for Distinguished Fellow status in 2013. Distinguished Fellowship is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in at least five of the following areas: administration, teaching, scientific and scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, as well as for clinical excellence. Distinguished Fellow is the highest membership honor the APA bestows upon members.

The process entails submission of a completed nomination form and references letters from current APA Distinguished Fellows. If you are eligible and have provided an email

## **WPS OFFICERS AND DIRECTORS**

### **President**

Avram Mack, MD

### **President-Elect**

Gary Soverow, MD, DLFAPA

### **Secretary**

Shira Rubenstein, MD,  
DLFAPA

### **Treasurer**

Carol Trippitelli, MD

### **Immediate Past-President**

Robert W. Keisling, MD,  
DLFAPA

### **Executive Director**

Patricia H. Troy, M.Ed, CAE

\*\*\*\*\*

### **Nevin Arora, MD**

MIT Representative -  
Georgetown

### **Hind Benjelloun, MD**

DC Legislative  
Representative, Membership  
Chair

### **Jessica Brown, MD**

ASPP Representative

### **Valerie Buyse, MD, DFAPA**

Northern Virginia Chapter  
President

### **David C Call, MD**

MIT Representative - George  
Washington

### **Lisa Calusic, MD, PhD, MPH**

VA Legislative  
Representative

### **Brian Crowley, MD, DLFAPA**

Area 3 Trustee

### **Harold Eist, MD, DLFAPA**

Suburban MD Chapter  
President

### **Dan Hicks, MD, DLFAPA**

CME Chair

### **Michael Houston, MD, DFAPA**

Federal Legislative  
Representative

### **Janice Hutchinson, MD, FAPA**

At-Large

address to WPS, you will be receiving a package that includes the nomination form, guidelines, sample references letters, and a list of current Distinguished Fellows.

Those who are eligible but have not provided an email address will receive the same package via mail. Completed packages must be submitted Christine Cotter with WPS by June 1, 2013. The WPS Board will review the submissions for further delivery to APA by July 1, 2013. APA will make the final decisions in the fall.

WPS encourages all who are eligible to apply. Distinguished Fellow status is a great accomplishment for you and for WPS. Please contact Ms. Cotter if you have any questions. She may be reached at [cfcotter@yahoo.com](mailto:cfcotter@yahoo.com) or 240-888-9355.

---

## **MEMBER NEWS!**

Dr. Eliot Sorel, MD, DLFAPA - has recently been appointed by the APA President-Elect Jeffrey Lieberman, MD to the APA Board of Trustees Health Reform Work Group!

---

## **APA NEWS**

### **Report of APA Board of Trustees Meeting March 23-24, 2013**

Brian Crowley, MD, DLFAPA and Roger Peele, MD, DLFAPA.

The Board took very forceful action to stop violations of the Parity Act by insurance carriers which clearly are misusing the new CPT codes and underpaying claims for psychiatric services.

"The BOT voted to use all reasonable resources, including litigation, and approved the budget presented by the APA's attorney, to end the practice of some insurance companies of violating the Mental Health Parity and Addiction Equity Act (2008) by using strategies such as CPT code changes as a means of discriminating against psychiatric patients and their psychiatrists and denying patients access to care for which they and their employers have paid."

(Watch APA emails and Psychiatric News Alerts for implementation and requests for input from all members.)

Some informational items:

1] Pre-meeting registration for the APA Annual Meeting suggest a large attendance for the May 17-22 meeting in San Francisco.

**Catherine Stuart May, MD, DFAPA**  
Ethics Chair

**Elizabeth Ann Morrison, MD, FAPA**  
Assembly Representative

**Maheen Patel, MD**  
Public Affairs Representative

**Roger Peele, MD, DLFAPA**  
Assembly Representative

**Shira Hope Rubinstein, MD, DFAPA**  
Maryland Legislative Representative

**Ryan Shugarman, MD**  
Early Career Psychiatrist

**Humaira Siddiqi, MD**  
At-Large

**Eliot Sorel, MD, DLFAPA**  
Assembly Representative

**Enrico Suardi, MD, MPH**  
DC Chapter President

**Thomas Nathan Wise, MD, DLFAPA**  
Academy of Psychosomatic Medicine Representative

2] DSM-5 pre-sales are high.

3] Membership has gained about 400 members, getting us close to 34,000 total.

4] Last year the APA lost about \$ two million, reflecting a] an adjustment in how pensions are funded, b] publication sales being down, and decreased revenue from the Annual meeting

5] Reserves are now more than \$80M.

6] We should soon see a position paper on gun violence.

Further Action item:

1] The Board interviewed three candidates for CEO/Medical-Director and the process is moving forward.

*Roger Peele and Brian Crowley combined their unofficial meeting notes for this Board Meeting. Roger's term as Secretary of APA ends in May [which will be his 74th Board meeting]. Brian will continue to write Area 3 Trustee notes after each BOT meeting.*

---

**American Psychiatric Foundation Announces 2013 Call for Applications:  
Helping Hands Grant Program**

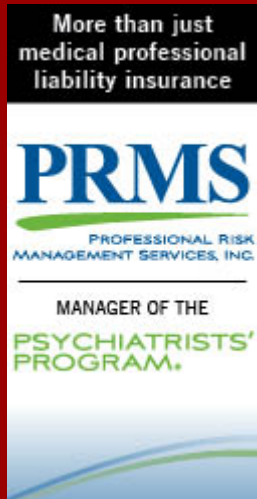
The American Psychiatric Foundation is now accepting applications for its 2013 Helping Hands Grant program. This program awards medical schools grants of up to \$5,000 for mental health and substance use disorder projects that are created and managed by medical students. These projects can be conducted in partnership with community agencies or in conjunction with ongoing medical school outreach activities.

Applications must be postmarked by May 31. For more information on the program, or to download the application, please [visit us online](#).

---

**APA Joint Membership Campaign with Royal College of Psychiatrists**

The American Psychiatric Association and the Royal College of Psychiatrists are continuing their partnership in 2013 to offer discounted memberships to members of each other's organizations. Royal College of Psychiatrist members who join the APA as a new International Member are eligible to receive a one-time 25% discount off 2013 APA International Membership dues, and APA members who do not currently belong to the Royal College of Psychiatrists are eligible to receive a one-time reduction of 25% off their 2013 International Associate membership subscription fee.



The Royal College of Psychiatrists is the professional and educational body for psychiatrists in the United Kingdom. Their goal is to improve the understanding of psychiatry and mental health and to remain at the forefront in setting and achieving the highest standards through education, training and research. The College publishes books, reports and educational material for professionals and the general public. As part of this special offer, arrangements will be made by the Royal College to identify two members to support your International Associate application.

Subscription fees are banded according to World Bank classifications which are accessible on the [Royal College of Psychiatrists' website](#).

Visit the [Royal College of Psychiatrists' website](#) for information on how to join.

---

### **Apply to Become an APA Fellow**

Are you ready to take the next step in your professional career? Being a fellow of APA is an honorary designation to recognize early career members who have demonstrated allegiance to their profession and commitment to the work of the APA. Members who pursue fellow status perceive it as one of the first steps to enhancement of their professional credentials. Members who apply and are approved this year for fellow status will be invited to participate in the Convocation of Fellows and Distinguished Fellows during the 2014 APA Annual Meeting in New York City. The deadline for submitting a fellowship [application](#) is September 1. Revised guidelines make it even easier to apply.

If you are an international member, you can [apply](#) to become an international fellow. The deadline for international fellow applications is **August 1**.

---

### **Follow APA on Facebook and Twitter**

Did you know APA's main Twitter [@apapsychiatric](#) was named by [Huffington post](#) as a top mental health expert to follow? [@APAPsychiatric](#) has more than 12,750 followers and tweets daily on breaking news and the latest dialogue within the psychiatric community. APA's [Facebook](#) page, another resource for members, is updated daily with medical news, member interviews in the media, and the latest on APA meetings, and other events.

[@apapsychiatric](#) and APA's patient/public education Twitter [@apahealthyminds](#) (which has more than 9,150 followers) made the top 50 best Twitter feeds for psychology majors by [bestcollegesonline.com](#). APA social media enhances the exchange of ideas and research to provide the best patient care.

---

## **OTHER ORGANIZATIONS**

### **University of Virginia**

#### **Department of Psychiatry and Neurobehavioral Sciences**

##### **Treatment of Alcohol Use Disorders**

*A Short online Survey that will help assess physicians' use of pharmacotherapy in the management of alcohol use disorders.*

Dear Colleague,

We are members of the Department of Psychiatry and Neurobehavioral Sciences at the University of Virginia, and would like to request your participation in a research project. Both family physicians and psychiatrists see a large number of patients with alcohol use disorders (AUDs), which are an important cause of morbidity and mortality in the United States and worldwide.

We have designed a short, anonymous online survey (less than 5 minutes long) assessing whether physicians have used medications in the treatment of AUDs and what their experiences have been with these medications. This is a national survey sent out to both psychiatrists and primary care physicians.

You will receive one follow-up email 7 days after receiving this initial invitation to remind you to complete the survey. As the survey responses are anonymous, all recipients will receive this reminder.

This research study is approved by the University of Virginia Institutional Review Board (IRB-HSR #16563). No individual, identifiable information will be collected, and your responses will be used only for this project. Your participation is voluntary, and even if you decide to participate, you can end the survey at any time. The site for this survey (SurveyMonkey) uses appropriate software to keep individual responses anonymous.

The IRB at UVA has approved our research protocol and distribution of our survey.

By clicking on the following link, you will be directed to the SurveyMonkey website for participation in this survey:

<https://www.surveymonkey.com/s/AUDtx>

As a token of our appreciation for your time, you may choose to enter a raffle to win an iPad or a 1-year membership to the American Society of Addiction Medicine (ASAM). Instructions on how to participate will be provided during the survey.

Please contact us at [cponce@virginia.edu](mailto:cponce@virginia.edu) if you have any questions about the project or your participation.

Sincerely,  
Caridad Ponce, MD  
Resident Physician, PGY-2  
Psychiatry and Neurobehavioral Sciences  
University of Virginia

Nassima Ait-Daoud, MD  
Associate Professor  
Psychiatry and Neurobehavioral Sciences  
University of Virginia

---

### **WPA BUCHAREST CONGRESS**

Held in Bucharest, Romania  
April 10-13, 2013  
[www.wpa2013bucharest.org](http://www.wpa2013bucharest.org)

Click [HERE](#) for the Final Program  
Click [HERE](#) for Testimonials

---

### **NEW PUBLICATIONS**

***Norton Professional Books***

***W.W. Norton Company***

Just Published! Now Available!

*Becoming a*

*Published Therapist*

[TO REVIEW AND  
PURCHASE](#)

BECOMING A PUBLISHED  
THERAPIST A STEP-BY-  
STEP GUIDE TO WRITING  
YOUR BOOK



Become a fan and get the latest Norton news at [facebook.com/wnnorton](https://www.facebook.com/wnnorton)! Please send copies of any coverage so we may share it with the author and staff. To receive press releases by email, please write [npb@wnnorton.com](mailto:npb@wnnorton.com) with your request

---

## **OBITUARIES**

Joseph J. Palombi (71) passed away on March 27, 2013 at Fairfax Hospital. He was active in private practice and in the Northern Virginia Branch of WPS. Services were held at Temple Rodef Shalom in McLean. Dr. Palombi is survived by his wife Phyllis, his daughter Melissa, and his son Marcello.

---

## **CLASSIFIEDS**

McLean, Va: Large windowed office available in suite of 4 psychiatrists sharing a common waiting room, kitchen, bathroom with custom sound-proofing. Established congenial colleagues. Located on Rte 123 with easy access to both MD and VA. \$980/month. [mdleaseoffice@gmail.com](mailto:mdleaseoffice@gmail.com)

1. Part time Inpatient practice (App. 24h.). This is a contractual position with guaranteed minimum income \$130,000.00/Y.
2. Weekend, additional income. In person and off site tel. coverage for walk in crisis center. Daily rate. Submit resume to : P.O. Box #1316 5242 Port Royal Road Springfield, VA 22151-9998

Office Space Available in Foggy Bottom at 3 Washington Circle starting in July. Hourly/Daily options available. Great Location--1 block from metro and GW, close to State Dept, World Bank, and downtown offices. Beautiful space with window and access to private bathroom, refrigerator, and microwave. Please contact me at [anjalidsouzapllic@gmail.com](mailto:anjalidsouzapllic@gmail.com).