



WPS e-NEWS

March 2013 Issue

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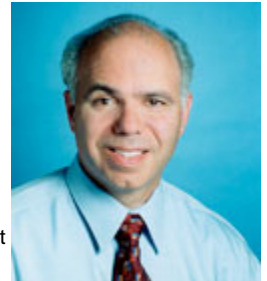
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Carol Trippitelli, MD

Welcome to the March 2013 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format. **We welcome your submissions. Please send all notices to enews@dcpsych.org.** This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

From the Editor

by Gerald P. Perman, M.D., DLFAPA

You will soon be receiving your first issue of "Washington Psychiatrist." It will be a new, innovative, digital magazine that will integrate hot links and video. Professionally designed by Pat Troy and her Next Wave Group in Flipbook format, it will be published quarterly.



"Washington Psychiatrist" will focus on the practice of psychiatry in the Metropolitan Area. It will consist of original articles, each about 1,000 words in length, written primarily by our WPS members about their professional interests, their practices, and the national and international social mental health arenas in which they are involved. Whereas I will personally be soliciting articles from some of you, it would be most helpful if you would take the initiative and email me potential submissions yourself to enews@dcpsych.org. As I enter my fourth decade of practice, there are so many of you I've never met and I'd welcome your contributions so that I'm not just soliciting and publishing material from "the olde guard." Thanks so much!

We hope you like it - let us know if you do or don't and why.

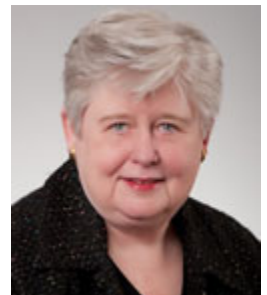
Best wishes.

Gerald (Jerry) P. Perman, M.D., DLFAPA
Editor, WPS electronic publications

Management Focus

by Pat Troy, CAE, WPS Executive Director
President, Next Wave Group, LLC

Spring is always a busy time for WPS, as we have elections, as well as lots of CME activity, not to mention the APA Conference. Your management team responds by



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Representative

focusing considerable energy on pulling all the pieces together.



Chris Cotter

I want to take this opportunity to thank one special member of the Next Wave Group team who works closely with WPS. Chris Cotter is assigned to work with some of WPS' most critical committee, including CME, Membership, Awards, and Ethics. In addition, she is my "right hand" in assisting with WPS events and attends board meetings, as well. What I admire particularly about Chris is her sunny disposition, and genuine caring and concern about the needs of each WPS member. It is not unusual for her to do a special service for a member well beyond what our contract calls for. WPS and Next Wave Group are very lucky to have Chris working with us.

WPS NEWS

WPS Elections Underway

The WPS Elections 2013 are open and the voting has begun. Ballots are due in on March 26, whether submitted online or using postal mail. Most members received their ballots via email. Members who do not have email, do not accept WPS blasts, or have bad email addresses in our system, will receive a paper ballot. Those are in the process of being mailed. You may vote online, via postal mail or fax. A PDF of the printed ballot is available online. Regardless of how you vote, you will need to be sure that you include your control code. Only ACTIVE members in good standing may vote. The results will be announced at the April 8 board meeting, then the membership will be notified via e-blast.

Data Integrity

Our goal at WPS is to have current, accurate information on each member and this requires your cooperation. If you received a paper ballot, that means there is a problem with your email address in the system. Please contact admin@dcpsych.org with your correct email address. It is possible that your address is fine in our system, but there may be a block on our mass-delivered messages. If that is the case, we can help you remove it.

APA manages your key contact and credential data. For changes of this type, please go to the [APA Web site](#) and update your profile. It is very quick and easy to do. But you may not realize that you can [log-into the WPS Web site](#) and change a wealth of information including information about your practice, languages spoken, insurance accepted, treatments, specialties, etc. You can even upload your photo.

CME Report

Dan Hicks, MD

The CME Committee is very pleased to announce our upcoming speakers. We will present three salons this winter/spring, each planned for 2 CME credits.

On **March 10, 2013**, Liza Gold, M.D., will speak on 'Can't Work or Won't Work? Psychiatric Disability Evaluations' at the residence of one of members in Washington, D.C. In addition to her private practice in McLean, Virginia, Dr. Gold has authored many professional articles on topics including mental disability and work. [Register for this event today!](#)

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**PSYCHIATRISTS'
PROGRAM.**

Mayada Akil, M.D., will speak on '*Mood and Anxiety Disorders*' at the salon to be held on **April 14**. The salon is planned to be held in Arlington, Virginia. Dr. Akil is Medical Director of the Outpatient Program and Director of the Mood and Anxiety Disorders Program at Georgetown University Hospital.

Joseph Rasimas, M.D. will speak at our third salon to be held on **May 5** in Washington, D.C.

In addition to the salons, we are looking forward to another exceptional Psychiatric Medicine in 2013. Jerome Blackman, M.D., will be our key speaker at the **September 28th** event to be held at Columbia Country Club in Chevy Chase, Maryland. He is a Distinguished Fellow of the APA, and a Fellow of the American College of Psychoanalysts. His first book, *101 Defenses: How the Mind Shields Itself*, was published by Routledge in 2003. Dr. Blackman has lectured throughout the United States, and in 2009 was an invited lecturer at Peking University and at Jiao Tong Medical School in Shanghai. The event is planned for 4 CME credits.

Please check the WPS calendar and keep an eye out for more details on these meetings, including CME approvals. We will send details to the membership as soon as possible.

To register online, go to <http://www.dcpsych.org>. Not all events are yet open for registration.

Embassy Disaster Preparedness Project

Erminia Scarcella, MD, DLFAPA

On January 29, 2013 the Embassy of Italy hosted the first of two workshops on "Leaders and Terrorists: Psychological Perspectives on National Security," organized by Ranieri Guerra, M.D., Scientific Attaché of the Italian Embassy, Erminia Scarcella, M.D., founding chair of the WPS Embassy Preparedness Program and Designated Physician of the Italian Embassy, and Enrico Suardi, M.D., President of the WPS DC Chapter. The well-attended symposium highlighted the importance of psychological insights in promoting national security and peace and was based on the premise that understanding human behavior can help prevent and mitigate the consequences of the worst human behavior.

The high-level panel included: the Honorable Richard Danzig, Ph.D., J.D., Secretary of the Navy under Clinton, presently Chairman of the Center for a New American Security and a member of Defense Policy Board and of the President's Intelligence Advisory Board; Jerrold Post, M.D., Professor of Psychiatry and International Relations at George Washington University, previously founding director of the CIA Center for the Analysis of Personality and Political Behavior; Ronald Schouten J.D., M.D., Director of the Law and Psychiatry Service at Massachusetts General Hospital and Associate Professor of Psychiatry at Harvard Medical School; Gregory Saathoff, M.D., Associate Professor of Emergency Medicine and Public Health at the University of Virginia Medical School and the Executive Director of the Critical Incident Analysis Group; Arie Kruglanski, Ph.D., Distinguished Professor of Psychology at the University of Maryland; the Honorable Judge Giannicola Sinisi, Attaché for Legal Affairs at the Embassy of Italy and a former Member of the Italian Parliament; and Mr. Guido Olimpio, author and journalist, senior international correspondent from Washington, D.C. for the Italian newspaper Il Corriere della Sera.

See article in Psychiatric Times. Free registration required.

<http://www.psychiatrictimes.com/display/article/10168/2128952>

APA NEWS

Mental Health Works!



The latest issue of the Partnership for Workplace Mental Health's free quarterly newsletter, [Mental Health Works](#), is now available online. This edition of *Mental Health Works* features Providence Health & Services, an employer that demonstrates how even in the face of challenges and changes, organizations can maintain their values and continue a culture of valuing their employees. Other stories in the issue include:

- Study Examines Employer Perceptions of Stress and Resilience Intervention
- Employer Guide for Compliance with the Mental Health Parity and Addiction Equity Act
- Study Examines Modifiable Health Risk Factors

Mental Health Works is available in both [digital magazine](#) and [PDF](#) formats. To ensure that you continue to receive *Mental Health Works*, visit the [subscribe](#) page on the Partnership website.

Nominations Invited For 2014 Spurlock Minority Fellowship Achievement Award

APA/APF is seeking nominations for its 2014 Jeanne Spurlock Minority Fellowship Achievement Award. This award recognizes the outstanding achievements of mid-level to senior alumnae and alumni of the APA minority fellowships and encourages continued involvement in the fellowship program. A list of alumni's can be found at <http://www.psych.org/Resources/OMNA/MFP.aspx>.

The award will be presented at the minority fellows and alumni reception during the 2014 APA Annual Meeting in New York.

Nominations should include a brief letter describing significant contributions, with specific details regarding the candidate's qualifications for the award, and a curriculum vitae. The deadline for receipt of nominations is **April 30**. For more information, contact Marilyn King at (703) 907-8653 or mking@psych.org. The award will be presented at the fellows' reception during the APA Annual Meeting in New York, NY in May 2014.

Previous award winners include Drs. Irma Bland (deceased), William Lawson, Patricia Ordorica, Mindy Fullilove, Robert T.M. Phillips, Michelle Clark, Yvonne Ferguson, Toni Love Johnson, Stephen McLeod-Bryant, Ikwunga Wonodi, Kenneth Rogers and Denese Shervington.

Nominations should be submitted to Toi Harris, M.D., Chair, APA/SAMHSA Minority Fellowship Selection & Advisory Committee, American Psychiatric Association/OMNA, 1000 Wilson Blvd., Suite 1825, Arlington, VA 22209

Congratulations to alumnae Cheryl Al-Mateen, M.D., winner of the 2013 Jeanne Spurlock Minority Fellowship Achievement Award

Dr. Cheryl Al-Mateen, FAACAP, DFAPA, has worked at Virginia Commonwealth University School of Medicine for over 20 years. She is a graduate of Howard University and the Howard University College of Medicine, and completed her psychiatry residency and child psychiatry fellowship at Hahnemann University in Philadelphia. Dr. Al-Mateen is Board Certified in General, Child and Adolescent, and Forensic Psychiatry. She serves as the Director of Inpatient Services at the Virginia Treatment Center for Children (VTCC) of the VCU Health System. She is an Associate Professor in the Departments of Psychiatry and Pediatrics at VCUSOM and serves as Chair of the School's Multicultural Affairs Committee and Chair of the Clinical Subcommittee of the Curriculum Council. She is Clerkship Director in Psychiatry, and Co-Course master of the Physician, Patient, and Society Longitudinal Curriculum. Dr. Al-Mateen received the VCU Presidential Award for Community Multicultural Enrichment, and the Excellence in teaching award from the VTCC Trainees. She has also received the Service and Dedication awards from the VCUHS psychiatry residents and from the VTCC Trainees and has received the Outstanding Teacher Certificate Award from VCU medical students. Dr. Al-Mateen serves as co-chair of the Diversity and Culture Committee of the American Academy of Child and Adolescent Psychiatry. She is married to Dr. K. Bakeer Al-Mateen and is the mother of two.

Spread the Word About APA's Medical Student Elective in HIV Psychiatry

APA members who work with fourth-year medical students (particularly from racial and ethnic minorities) are encouraged to invite them to apply for APA's clinical or research elective in HIV psychiatry. The month-long elective begins with intensive two-day training in Washington, D.C. Students then travel to training sites for their clinical or research experience in September. The deadline for applications is March 31; click [here](#) for an application. Additional information can be obtained from Diane Pennessi at (703) 907-8668 or dpennessi@psych.org.

Foundation Seeks to Honor Psychiatric Researcher



The Psychiatric Foundation of North Carolina is seeking nominations for the V. Sagar Sethi, M.D., Mental Health Research Awards. The award will be given to a scientist for significant contributions to basic research in the neurosciences, psychology, or pharmacology at a molecular, cellular, or behavioral level. The research must have made a significant contribution to basic research and had a significant impact or is highly likely to have a significant impact on clinical psychiatric care; candidates must hold an M.D. or Ph.D. and be conducting active research in the United States. Nominations must be submitted by March 15. A one-page nomination letter and the nominee's CV should be sent via email to kmilam@ncpsychiatry.org. Visit the Psychiatric Foundation of North Carolina's [web site](#) for more information.

Stay Connected at APA's Annual Media via Social Media!

APA members attending the 2013 annual meeting can keep connected with events during the meeting. Follow [@apapsychiatric](#) on Twitter. Join the Annual Meeting conversation by using the hashtag #APAAM13. "Like" American Psychiatric Association on [facebook](#) to receive real-time updates from the meeting and download the Annual meeting event App. If you have any questions or comments about APA social media, e-



mail Jennifer Dart at jdart@psych.org.

APA's 166th Annual Meeting

Earn Education Credits through the [APA Annual Meeting Self-Assessment](#)



Which annual meeting sessions are best attuned to your needs? To answer that question and help you create an individualized schedule of sessions, APA has developed an educational activity—the 2013 APA Annual Meeting Self-Assessment in Psychiatry. The self-assessment is a 100-question examination on psychiatric practice areas covered in the ABPN content outline for the recertification exam and includes material related to APA practice guidelines and the core competencies of medical knowledge, patient care, interpersonal communication skills, systems-based practice, and professionalism. Participants can earn up to 8 hours of AMA/PRA Category 1 credit and fulfill a self-assessment component of the maintenance of certification process. Annual meeting registrants have been auto-enrolled and notified by email.

MARK THE DATES

WPS CME Events (details to follow when available)

February 28, 7 p.m.

Careers, Leadership, and Mentorship

5th Anniversary Celebration

Chef Geoff's

3201 New Mexico Avenue

Washington, DC 20016

[Online Registration Form](#)

March 10, 2013

Salon - CME Program

Lisa Gold, MD

"Can't Work or Won't Work? Psychiatry Disability Evaluations

Virginia location- Member Residence (address given upon registration);

Time: 3:00-5:00pm

[Online Registration Form](#)

March 17, 2013

ECP Social Gathering - 10 a.m. until noon.

The Washington Psychiatric Society is pleased to sponsor a social gathering of early career psychiatrists, to be held at the home of Ryan Shugarman, M.D. on Sunday, March 17th, 2013, from 10:00 until noon. Topics for discussion will include aspects of practice management, career decision-making, balancing work and personal life, and enhancing knowledge of available community resources. Please join us for a lively discussion! Light refreshments will be provided.

[Online Registration Form](#)

April 14, 2013

Salon - CME Program
Mayada Akil, MD
Mood and Anxiety Disorders
Arlington, VA location TBA

May 5, 2013

Salon - CME Program
Joseph Rasimas, MD
Topic - TBA
Washington, DC location TBA

September 28, 2013

Psychiatric Medicine Conference
Jerome Blackman, MD
Columbia Country Club, Chevy Chase

Events Pending Details

Annual Meeting - Spring
Charlie Chaplin CME Program - Spring
Board of Directors Planning Retreat - Summer
Awards Dinner - Fall
CLM Programs throughout the year

Events hosted by Other Organizations

February 24 -

WPS Member Joan Turkus, M.D., will be Speaking at a Meeting of the American Society of Psychoanalytic Physicians

Dr. Turkus is well-known for her expertise on trauma. She will be speaking at the ASPP Winter Scientific Meeting on February 24th on 'The Complexity of Trauma: Science, Practice and Questions.' The meeting jointly sponsored with the Washington School of Psychiatry and designated for 1.5 AMA PRA Category 1 Credits™.

Date/Time: Sunday February 24, 2013, 9:00am Breakfast, 10 to 11:30 presentation

Location: Holiday Inn Georgetown, 2101 Wisconsin Ave NW, Washington DC (free parking is available)

Cost: \$35

Contact Christine Cotter (cfcotter@yahoo.com) for more information.

CAPSGW Spring Symposium - New Insights Into College Mental Health -- Challenges Of Working With Transitional Age Youth And Young Adults

March 2, 2013

8 a.m. - 4 p.m.

Suburban Hospital

Bethesda, Maryland



Psychiatric Society of Virginia

2013 Spring Meeting

A Place for Psychotherapy in Modern Psychiatry

March 22-23

Richmond, VA

www.psva.org



American Psychiatric Association

166th Annual Meeting

May 18-22, 2013

San Francisco, CA

Member registration and housing for the 166th Annual Meeting is now open.

The 2013 APA Annual Meeting focuses on the theme of *Pursuing Wellness Across the Lifespan* using science and education to improve patient care. The APA Annual Meeting is designed to provide your members with the tools and in-depth learning experiences to expand your knowledge and improve your patient care. We invite you to help us market this extraordinary meeting.

By attending the 2013 APA Annual Meeting, attendees will...

Learn – *Expand your knowledge base with new advances in the field of psychiatry, best practices, and clinical research*

Over 400 clinical and scientific sessions in specialty tracks:

- DSM 5
- Anxiety and Mood Disorders
- Personality Disorders
- Psychopharmacology
- Psychotherapy
- Schizophrenia and other Psychotic Disorders
- National Institute on Drug Abuse (NIDA)
- Military Psychiatry
- Ethics Wellness

- Integrated Care
- Benefit from world-renowned lecturers, including four Nobel Laureates

Discover – Learn everything you need to know about the new DSM-5

- Register for five special Master Courses including **DSM 5: What You Need to Know**

Value – Participate in over 400 clinical and scientific sessions; earn CME; explore the exhibit hall; receive discounts on publications, journals, and CME products – all in one location

Network – Expand your peer network and meet new colleagues from around the world

9th Congress of the International Neuropsychiatric Association

Treating Neuropsychiatric Illness: A Multidisciplinary Effort

September 25-27, 2013

The Congress Plaza Hotel and Convention Center

Chicago, IL

www.inawebsite.org

CLASSIFIEDS

Falls Church, VA/Tysons Corner. Full or part-time offices available, shared waiting room, mail room, filing cabinet space, pleasant and collegial atmosphere with other mental health professionals, MD,Ph.D., LCSW). Near I-66 and Beltway. Contact Allan Melmed, MD at 703-356-5888x1 or amelmed01@yahoo.com.

VACANCY ANNOUNCEMENT

The Commission on Mental Health of the Superior Court of the District of Columbia seeks applications for a part-time psychiatrist to serve as a member of the Commission. The position is a one-year appointment with potential to serve 4-year appointment terms thereafter. Interested parties are asked to send a letter and a curriculum vitae to:

Magistrate Judge Gretchen Naomi Rohr
Chair, Commission on Mental Health
Superior Court of the District of Columbia
500 Indiana Avenue, N.W., Chambers 4450
Washington, DC 20001
Facsimile: (202) 393-6738

Pursuant to D.C. Code § 21-502, the Superior Court appoints a Chairperson and 8 doctors to compose the Commission on Mental Health. When a petition for involuntary commitment is filed with the Superior Court, the Commission is responsible performing examinations and conducting hearings to recommend commitment to the Superior Court when a person is found to have a mental illness and, due to that mental illness is likely to injure himself or others if not committed. The Commission receives all evidence and considers dispositional alternatives less restrictive than inpatient treatment.

The Commission consists of the Chairperson, who is a Magistrate Judge and serves full time, and two doctor

members. The doctor members are psychiatrists or qualified psychologists. They serve on a part-time, rotating basis, sitting for 13 consecutive weeks each year, two days a week. Prior to hearing evidence, the Commission doctors conduct a mental status examination of the person alleged to have a mental illness. Doctor members also participate fully in the hearing by asking questions of witnesses, voting on the decision and reviewing written reports prior to their submission to the Court. The Chairperson drafts Commission orders and reports which include findings of fact, conclusions of law and recommendations for treatment.

The statute permits doctor members to practice their profession during their tenure of office. The statute prohibits doctor members from participating in the disposition of a case of a person in which they have rendered professional service or advice. D.C. Code § 21-502(c).

Hearings are scheduled on Tuesdays and Thursdays, beginning at 9:00 a.m. Most of the hearings are conducted at Saint Elizabeths Hospital but may also be held at other locations in the District of Columbia. Doctors are expected to set aside the entire day for hearings.

On occasion, doctor members must also be available to testify in court for trials. If a respondent contests the Commission's recommendation for commitment, doctor members may be called to testify at trial and in those cases Preparation may include re-examining patients, reviewing medical records and reading transcripts of hearings.

Because of the restrictions on their time and interruption of their practice during the thirteen weeks the doctors serve as Commission members, the Commission doctors earn approximately \$32,000 for the thirteen-week period.

DEADLINE TO APPLY: MARCH 15, 2013