



# WPS e-NEWS

March 2015 Issue

## CONTENTS:

Welcome to the March 2015 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format. **We welcome your submissions. Please send all notices to [enews@dcpsych.org](mailto:enews@dcpsych.org).** This publication may also be found online in PDF format for printing at <http://www.dcpych.org>.

[WPS: Get Involved!](#)

### Get Involved in WPS:

One way to build professional relationships, learn new skills, and make a difference in your profession is to become involved in WPS. Opportunities range from writing articles, to assisting with events, being a mentor, serving on a task force, helping with elections, serving on a committee and more. Tell us what your interests are: [CLICK HERE](#)

[UPCOMING FOR WPS](#)

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[Washington Psychiatrist](#)

### WPS EVENTS!

[APA NEWS](#)

**WPS Winter Symposium - *Global Mental Health: Psychiatrists' Experiences in Developing Countries***

Saturday, February 28, 2015 : 8am-1:00pm

[Requests for Release of Patient Records](#)

WPS is pleased to present the 2015 Winter Symposium on psychiatrists' experiences in developing countries.

Peter Kowalski, MD will present on his experiences in Haiti

and on general delivery of mental healthcare in underserved areas.

[ACA Risk](#)

Please plan to attend!

**Adjustment Formulas**

Chevy Chase Club  
6100 Connecticut Ave.  
Chevy Chase, MD

**BPA Membership**

CME: 4 *AMA PRA Category 1 Credits*™

**American Journal Publishing**

\$120 for members; \$40 for residents; \$175 for non-members  
(full breakfast included)

[CLICK HERE TO REGISTER ONLINE](#)

**Give an Hour**

**OBITUARY**

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**CLASSIFIEDS**

Saturday, April 11, 2015 8 am  
WPS - Presidential Symposium on Psychiatric Integrated Care  
Treatment of Psychiatric Aspects of Alzheimer's

Suburban Hospital  
8600 Old Georgetown Road  
Bethesda, MD

[REGISTER HERE](#)

**WPS OFFICERS AND DIRECTORS**

**Steven Epstein, MD FAPA**  
President

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**Constance Dunlap, MD DFAPA**  
President-Elect

Thursday, April 30, 2015  
WPS Awards Banquet  
Columbia Country Club

**Gary Soverow, MD, DLFAPA**  
Immediate Past-President

7900 Connecticut Ave  
Chevy Chase, MD  
More Information to come.

**Farooq Mohyuddin, MD FAPA**  
Secretary

**C.M. Prasad, MD, PhD, DFAPA**

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**The Washington Psychiatrist Magazine**

Treasurer

## CHAPTER REPRESENTATIVE BOARD MEMBERS

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President - VA Chapter

**C.M. Prasad, MD, PhD, DFAPA**  
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**Miguel Alampay, MD**  
MD Chapter Legislative Representative

**Hind Benjelloun, MD**  
President - DC Chapter

**Urooj Saeed, MD**  
DC Chapter Legislative Representative



### "The Psychology of Insider Spies"

*By David Charney, MD*

"Since I am writing this article for an audience of Washington psychiatrists, you don't need to be told that this is a surprisingly small town in which unexpected things can happen. I have become an expert on the psychology of insider spies. This was never a life goal to which I aspired. I fell into it through a series of accidents. I served my time in the United States Air Force (two years, one month, three days, twelve hours and seven minutes), and my second posting brought me to Andrews Air Force Base here in Washington, D.C. As a small part of my work, I became acquainted with the world of the Intelligence Community (IC). Some years after starting my private psychiatric practice in Alexandria, Virginia, it seems I picked the right social worker to join our growing group practice, Roundhouse Square Counseling Center. Her mother worked for the CIA and, without my knowing it, put my name in to be a consultant and, unbeknownst to me, I became approved to get referrals from the CIA. After a decade of immersion in this strange world, another psychiatrist who moonlighted at our practice revealed to me that he did not, after all, work for the State Department as I had been led to believe, but instead for the CIA. We could now be more open with each other. Months later, he told me an astonishing story. A lawyer friend of his proposed that he consult on an interesting case that just came into his friend's law firm. This case involved an FBI Special Agent who turned out to be a KGB spy. My colleague had to decline because this would have involved him in a conflict of interest. I was brought in instead. I had mixed feelings about working for the defense team of a caught spy. Nonetheless, I finally joined the Earl Pitts defense team because so little was known about spy psychology and I felt as if I could not pass up the opportunity."

[READ THE REST OF THE ARTICLE HERE.](#)

[Click to browse magazine online](#)

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## NON-WPS NEWS

### The Senior Psychiatrist

Did you know that if you are a Life member of APA you qualify to join the Senior Psychiatrists, Inc.? This group was formerly called the APA Lifers, but is now a separate 501(c)3 organization and is an APA Allied Organization, with representation on the APA Assembly. The Senior Psychiatrists, Inc. have just launched a new digital magazine, [The Senior Psychiatrist](#). The group will be

**APA  
REPRESENTATIVES**

**Brian Crowley, MD, DLFAPA**  
APA Trustee Area 3

**Elizabeth Morrison, MD, FAPA**  
Assembly Delegate

**Roger Peele, MD, DLFAPA**  
Assembly Delegate

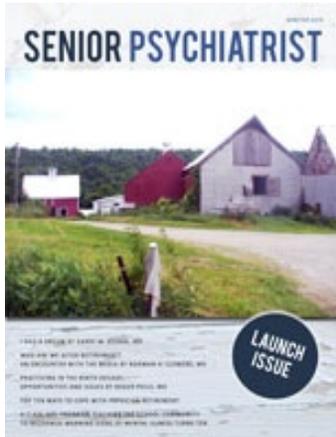
**Eliot Sorel, MD, DLFAPA**  
Assembly Delegate

**Constance Dunlap, MD, DFAPA**  
Federal Legislative Representative

**Charles Kaelber, MD, LFAPA**  
Public Affairs Representative

**Mark Niciu, MD**  
ECP Representative

**Ehsan**  
ECP Representative



hosting two educational programs at APA in Toronto, as well as as membership reception and business meeting. Sound interesting?

Dues for your first year of membership are FREE (regularly \$50) and are good for one full year from the date you join. To find out more, go to <http://www.seniorpsych.org>.

[Click to browse magazine online](#)

[Click to download pdf of magazine](#)

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**APA NEWS**



**\*\*\* MEDIA ADVISORY \*\*\***

**APA Leadership to Attend White House Signing of Clay Hunt SAV Act**

**WHO:** APA President Paul Summergrad, M.D., and APA CEO and Medical Director Saul Levin, M.D., M.P.A.

**WHAT:** President Barack Obama will sign into law the Clay Hunt Suicide Prevention for American Veterans (SAV) Act, overwhelmingly passed by the House and Senate in the new Congress. Dr. Summergrad and Dr. Levin will be in attendance to witness the signing. Comments on how this legislation will help veterans receive much-needed mental health care will be available immediately after the event.

**AT-LARGE  
Representatives**

Janet  
Hutchinson, MD,  
FAPA

Steven Israel,  
MD, FAPA

Gonzalo Laje,  
MD, MHSc, FAPA

Carol Lynn  
Trippitelli, MD,  
DFAPA

Ashely Cesar,  
MD  
Resident Fellow  
Member  
Representative

Zayan Zhang, MD  
Resident Fellow  
Member  
Representative

**COMMITTEE  
CHAIRS**

Hind Benjelloun,  
MD  
Membership Chair

Dan Hicks, MD,  
DLFAPA  
CME Chair

**WHEN/WHERE:** The signing will take place Thursday, Feb. 12<sup>th</sup> at 1 p.m. at the White House.

**More information:** Media should contact APA at [press@psych.org](mailto:press@psych.org) or 703-907-8640.

The APA release on Senate passage of the Clay Hunt bill: <http://www.psychiatry.org/advocacy--newsroom/newsroom/apa-praises-senate-passage-of-clay-hunt-sav-act-that-would-improve-access-to-care-for-veterans>

The **American Psychiatric Association** is a medical specialty society whose more than 36,000 physician members specialize in diagnosis, treatment, prevention and research of mental illnesses including substance use disorders. Visit the APA at [www.psychiatry.org](http://www.psychiatry.org).

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**APA Area 3 Trustee Report: December Board of Trustees meeting**

[Please click here for report.](#)

**APA Headlines:** Two US Lawmakers Outline Plans To Introduce A Pair Of Mental Health Reform Bills Next Month

[READ FULL ARTICLE HERE](#)

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**Health Plan Requests for Release of Patient Records**

Many members have received letters from insurance plans or third parties saying they are requesting patient records on behalf of insurance plans so that insurers can comply with the requirements of the Patient Protection and Affordable Care Act (ACA). The APA's general counsel, Colleen Coyle, has provided the following recommendations for handling these requests. While this information will soon be provided to members through District Branch Execs, I am informing you in advance both so you can assure the information is provided to all members of your District Branch or constituency group and so you can be available to direct members to the right source for further information.

Catherine Stuart  
May, MD, DFAPA  
Ethics Chair

Gerald Perman,  
MD, DLFAPA  
Communications  
Chair, Newsletter  
Editor

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Representatives  
From Other  
Organizations

Academy of  
Psychosomatic  
Medicine –  
Thomas Nathan  
Wise, MD,  
DLFAPA

American Society  
of  
Psychoanalytic  
Physicians -  
Jessica Brown,  
MD, FAPA

American Society  
of Adolescent  
Psychiatry -  
Richard Ratner,  
MD,  
DLFAPA

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MANAGEMENT

Next Wave  
Group, LLC

Patricia H. Troy,  
M.Ed., CAE

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### **Reason for the Letters**

*These letters are being sent so that insurers can comply with the requirements of the Patient Protection and Affordable Care Act (ACA). Drafters of the ACA were concerned that insurers would cherry pick healthy individuals in an effort to avoid the cost of long term and serious illness. To offset that possibility, the ACA contains a "Risk Adjustment" formula that requires carriers who have fewer seriously ill members to make payments that will go to those carriers that have more seriously ill members so that, in the end, the risk of loss due to covering serious illness is equitably shared by the insurance industry and there will be no benefit to discriminating against more complex individuals.*

### **Why Patient Records Are Requested**

*To determine which carriers get paid and which will pay, the law requires carriers to report claims data to the state or to the Department of Health and Human Services. The carriers are responsible for ensuring that the data reported is accurate and therefore are conducting audits of their own data, which was originally derived from claims submission forms. Insurers have a record of the numbers of patients they paid claims for with X disease and that will be compared to how many consumers with X disease other insurers report. To ensure that the reporting is accurate, some insurers have hired audit firms that will review patient files to make certain that coding was correct and that, in the case of multiple diseases, all have been reported so that their company will accurately be placed in the correct grouping of those who pay because they have fewer seriously ill members or those who receive payment because they have more. These letters seek patient files in order to audit the data the insurance company has for the patients and make sure that their reports to the government will be accurate.*

### **Your Responsibility**

*The answer to the question of whether the treating physician has to provide the data is different depending on the physician's status with the insurer and the patient's agreement with the insurer.*

**1. Participating physicians.** *Physicians who participate in the insurance network that is asking for the information need to check their contract to determine what documentation they are required to provide. It is likely that the agreement requires the physician to provide documentation when requested, but this could vary from contract to contract. In this situation, HIPAA allows a physician to provide the information to the insurance plan or to its "business associate."*

WPS Executive  
Director

**Christine F.  
Cotter**  
WPS Committee  
Liaison



**2. Non-participating physicians.** *Physicians who do not participate in the insurer's network and have no contractual relationship with the insurer probably have no legal duty to the insurer and no obligation to respond to the insurer's request for information. Your patient, on the other hand, may have a duty to provide the information to the insurer under the terms of his/her plan and this may vary from plan to plan. Several options are reasonable in this circumstance.*

**a) Inform the patient** of the request and reason therefore, and if the patient consents to providing the information, cooperate with the request.

**b) Inform the entity** making the request that they need to first secure the patient's permission for you to provide the records.

**c) Wait for further communication from the requesting entity** and then let them know that they need to contact the patient first for consent.

**d) Wait for further communication from the requesting entity** and ask them to provide in writing the statute, regulation, or contract that they believe requires you to provide the records.

**Produce Records Only to a HIPAA Covered Entity**

*If the letter you received is not from the insurer, but instead comes from a company claiming to be a business associate of the insurer, you should check with the insurer before providing records to confirm that the requesting company is actually the insurer's business associate. If the letter you received comes directly from the insurer with whom you contract and it represents that a third party is a business associate under HIPAA, it should be fine to provide the records to that third party.*

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If you have further questions about this issue, please contact the Office of Healthcare Systems and Financing at [hsf@psych.org](mailto:hsf@psych.org).

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**Calls regarding Affordable Care Act's Risk Adjustment Formulas**

We have received several calls from members who are getting recorded requests that refer to the Affordable Care Act's Risk Adjustment Formulas. Attached is a potential response for your use from our General Counsel ([Click HERE for the notice](#)). If you have further questions, response if members are getting record requests that refer to the Affordable Care Act's Risk Adjustment Formulas?

Mia Smith, MPA

Director | Ethics, DB/SA Relations & Strategic Development

American Psychiatric Association

703-907-8589 Office

703-891-5588 Fax

[msmith@psych.org](mailto:msmith@psych.org)

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**BLACK PSYCHIATRISTS OF AMERICA, INC.**

**"ROLLBACK SPECIAL" MEMBERSHIP DRIVE**

[https://www.eventbrite.com/e/bpa-rollback-special-membership-drive-tickets-15890994392?ref=enivtefor001&invite=NzYwMzEwOS9kb2NwYXRuZXd0b25AZ21haWwuY29tLzA%3D&utm\\_source=eb\\_email&utm\\_medium=email&utm\\_campaign=inviteformalv2&ref=enivtefor001&utm\\_term=attend](https://www.eventbrite.com/e/bpa-rollback-special-membership-drive-tickets-15890994392?ref=enivtefor001&invite=NzYwMzEwOS9kb2NwYXRuZXd0b25AZ21haWwuY29tLzA%3D&utm_source=eb_email&utm_medium=email&utm_campaign=inviteformalv2&ref=enivtefor001&utm_term=attend)

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**American Journal of Psychiatry**



## Weight Loss and Lifestyle Intervention for Individuals Taking Antipsychotics

Volume 172, Issue 2, February 01, 2015

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[MORE INFORMATION](#)

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### Give an Hour seeks mental health professionals



Give an Hour is thrilled to be expanding our support of military, veterans and families in DC and to be connecting to the APA. We need your help and partnership on a state level and I am hoping to connect with the appropriate staff person who can assist us.

Give an Hour has been endorsed by the major mental health associations in the United States. Only licensed mental health professionals are included in our network. Licenses are verified.

Give an Hour is working on multiple projects that we hope would be of interest to mental health professionals in DC. Our goal is to collaborate with existing resources and create more opportunities and connections. We are seeking opportunities to work together to create a comprehensive system of care for our military and families.

There is a shortage of mental health professionals available to provide critical services in DC. We are asking all mental health associations to join in this effort by sharing the attached materials with your membership. If you are interested in further

information regarding [our initiatives](#), please contact us as we would love to work together.

Kristen Hedrick Miller

Administrative Assistant

Give an Hour

[khedrick@giveanhour.org](mailto:khedrick@giveanhour.org)

[www.giveanhour.org](http://www.giveanhour.org)

[336-693-4341](tel:336-693-4341)

CFC# 65498

Get Connected: [connected.giveanhour.org](http://connected.giveanhour.org)

Follow us: Facebook and Twitter

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## Obituary

Dr. Page Fletcher | 1960 - 2015 |

Dr. Page Moss Fletcher, 54, of Hillsboro, VA passed away January 30th...

[READ FULL OBIT HERE.](#)

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## CLASSIFIEDS

**OFFICE AVAILABLE:** Psychotherapy office available for part time subletting. Located at 5454 Wisconsin Ave, near Friendship Heights metro. Wifi and computer access is available to renters. Use of Xerox and fax is also included in cost. Please email Fred Boykin [fboykinmsw@aol.com](mailto:fboykinmsw@aol.com) or call at 301-404-3602

**PSYCHIATRIST NEEDED:** Your New Beginning, Inc. is a non-profit organization that is committed to providing for the needs of our community. We have a great opportunity for Pro bono work. We seek a Psychiatrist who enjoys working with children ages 5-

12, teenagers, and adults. This position is part-time and is located in ward 8 in our Washington DC location. For more information, contact Arnold Clark at [301-535-7621](tel:301-535-7621) or via email at [Arayclark01@gmail.com](mailto:Arayclark01@gmail.com). Thanks for your time and attention.

**OFFICE AVAILABLE:** Attractive office in an all therapist Connecticut Ave. townhouse @Woodley Pk Metro. 250 sqft + waiting room & lavatory. Beautiful wood floors. Great natural light. Security door w/telephone intercom. \$995/month. (Also possible to share office of existing tenant.) 202-486-4641 or [mrqwin@aol.com](mailto:mrqwin@aol.com).

**PSYCHIATRISTS NEEDED:** Potomac Grove Psychiatry and Research Center, a busy psychiatric, multi-disciplinary practice in Montgomery County, is seeking psychiatrists (licensed/board certified) and LCSW's. Clinicians are independent contractors in our thriving insurance based and fee for service practice. Varying hours, weekdays, evenings, and weekends available. Ample free parking. To make an appointment with our Director to discuss your interest and learn more about this position send your resume to:

[practiceadmin@pgrovepsych.com](mailto:practiceadmin@pgrovepsych.com) or FAX: 301-258-7482 [www.potomacgrovepsychiatry.com](http://www.potomacgrovepsychiatry.com)