



WPS e-NEWS

October 2014 Issue

CONTENTS:

[WPS Needs You!](#)

[Maintenance of Certification Program](#)

[Member in the News](#)

[APA NEWS](#)

[New Text Book!](#)

[Supplement for ACA](#)

[Classifieds](#)

WPS OFFICERS AND DIRECTORS

Steven Epstein, MD FAPA

Welcome to the October 2014 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format. **We welcome your submissions. Please send all notices to enews@dcpsych.org.** This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

Get Involved in WPS:

One way to build professional relationships, learn new skills, and make a difference in your profession is to become involved in WPS. Opportunities range from writing articles, to assisting with events, being a mentor, serving on a task force, helping with elections, serving on a committee and more. Tell us what your interests are: [CLICK HERE](#)

Maintenance of Certification: Navigating the Process

The APA Area 3 Branches, including WPS, are sponsoring a program on Maintenance of Certification. The program will offer attendees the opportunity to learn the specific requirements for MOC for those who are either board certified or re-certified by the ABPN. Representatives of APA, ABPN and District Branches will offer hands-on presentations detailing the history of MOC and the MOC process. These lectures will be both educational and practical.

President

Constance Dunlap, MD DFAPA
President-Elect

Gary Soverow, MD, DLFAPA
Immediate Past-President

Farooq Mohyuddin, MD FAPA
Secretary

C.M. Prasad, MD, PhD, DFAPA
Treasurer

CHAPTER REPRESENTATIVE BOARD MEMBERS

Robert Johnson, MD FAPA
President - VA Chapter

C.M. Prasad, MD, PhD, DFAPA
VA Chapter Legislative Representative

Marilou Tablang-Jimenez, MD DFAPA
President - MD Chapter

Miguel Alampay, MD
MD Chapter Legislative Representative

Hind Benjelloun, MD
President - DC Chapter

Urooj Saeed, MD
DC Chapter Legislative Representative

The purpose of the training is to demystify the MOC process through member engagement. The different components of MOC and the personalized timelines for requirements are outlined extensively on the ABPN's website (<http://www.abpn.com/>). However, navigating the nuances of MOC and grappling with choices for MOC activities can be time-consuming. This program will help members move through the MOC process and encourage the fulfillment of MOC for members who to take part, from early to late career psychiatrists.

The final portion of the training will be a hands-on, computer-based workshop. Speakers will guide attendees through the process of organizing one's activities according to required timelines, assist with recording and tracking activities through ABPN Folio, and offer practical pearls to keep in mind while undertaking MOC. Lectures will be delivered by leaders in the field as well as colleagues who can advise about the process from a grassroots perspective.

The Washington DC area meeting will be held Saturday, October 18, 2014 from 8:30am to 3pm at Suburban Hospital, 8600 Old Georgetown Rd, Bethesda MD. The cost of the meeting for members is \$50 (\$150 for non-members) and includes breakfast and lunch. Speakers include Joan Anzia, MD (ABPN Ambassador) and Mark Rapaport, MD (APA Representative).

The program is approved for 4.5 AMA PRA Category 1 Credits™. To register, visit <http://mctraining.eventbrite.com>.

MEMBER IN THE NEWS!

RECOGNIZING DR. WILLIAM LAWSON

by HON. ELEANOR HOLMES NORTON OF THE DISTRICT OF COLUMBIA IN THE HOUSE OF REPRESENTATIVES

Thursday, September 18, 2014

Ms. NORTON. Mr. Speaker, I rise today to ask my colleagues to join me in recognizing Dr. William Lawson for his work as the Dean of Psychiatry and Behavioral Science at Howard University. Dr.

APA REPRESENTATIVES

Brian Crowley, MD, DLFAPA
APA Trustee Area 3

Elizabeth Morrison, MD, FAPA
Assembly Delegate

Roger Peele, MD, DLFAPA
Assembly Delegate

Eliot Sorel, MD, DLFAPA
Assembly Delegate

Constance Dunlap, MD, DFAPA
Federal Legislative
Representative

Charles Kaelber, MD, LFAPA
Public Affairs
Representative

Mark Niciu, MD
ECP Representative

Ehsan
ECP Representative

AT-LARGE Representatives

Janet Hutchinson, MD, FAPA

Steven Israel, MD, FAPA

Gonzalo Laje, MD, MHSc, FAPA

Carol Lynn Trippitelli, MD, DFAPA

Ashely Cesar, MD
Resident Fellow Member

Lawson has published over eighty-five articles, books, and other publications involving mental illness and its relationship to psychopharmacology, substance abuse and racial and ethnic issues, and is also an outspoken advocate for access to services for the severely mentally ill.

Dr. Lawson received his bachelor's degree from Howard University, master's from the University of Virginia, Ph.D. in Psychology from the University of New Hampshire and his M.D. from the University of Chicago, completing his residency at Stanford University Medical Center.

He has been named one of "America's Leading Black Doctors" by Black Enterprise Magazine, was the Andrea Delgado Honoree and Lecturer for the Black Psychiatrists of America, received the Jeanne Spurlock Award, E.Y. Williams Clinical Scholar Distinction Award from the Psychiatry and Behavioral Sciences Section of the National Medical Association, a Multicultural Workplace Award from the Veterans Administration for his outstanding contribution to the advancement of diversity and multicultural understanding, recognized as a national mentor by the National Alliance of the Mentally Ill, numerous awards for excellence in teaching, and state, federal, and foundation support for pharmacological research new and effective treatments.

Dr. Lawson is boarded in Psychiatry and Neurology with added qualifications in Drug and Alcohol Addictions. He is also a fellow of the American Psychiatric Association, member of the Scientific Advisory Committee, National Depression and Manic Depressive Society, and on the boards of the DC Mental Health Association for the DC Alliance for the Mentally Ill. He is currently directing a \$6.5 million contract with the National Institute of Mental Health Intramural Program to research Mood and Anxiety Disorders in African Americans and other minorities.

Mr. Speaker, I ask my colleagues to join me in recognizing Dr. William Lawson for his extraordinary works in the field of Psychiatry.

APA NEWS HEADLINES

Leading the News:

Representative

Zayan Zhang, MD
Resident Fellow Member
Representative

COMMITTEE CHAIRS

Hind Benjelloun, MD
Membership Chair

Dan Hicks, MD, DLFAPA
CME Chair

Catherine Stuart May, MD, DFAPA
Ethics Chair

Gerald Perman, MD, DLFAPA
Communications Chair, Newsletter Editor

Representatives From Other Organizations

Academy of Psychosomatic Medicine –
Thomas Nathan Wise, MD,
DLFAPA

**American Society of Psychoanalytic
Physicians -**
Jessica Brown, MD, FAPA

American Society of Adolescent Psychiatry -
Richard Ratner, MD,
DLFAPA

MANAGEMENT

(via [BulletinHealthCare](#), a daily news briefing)

Small Study: Blood Test May Help Diagnose Clinical Depression In Adults.

The [Chicago Tribune](#) (9/16, Bowean) reports that according to a study published online in the journal *Translational Psychiatry* and partly supported by the National Institute of Mental Health, “a group of Northwestern University professors and researchers have developed a blood test to diagnose depression in adults.” For the study, investigators “examined 32 patients ages 21 to 79 who had been independently diagnosed as depressed,” then “tested the blood of 32 adults who weren’t depressed.”

The [CBS News](#) (9/16, Firger) website reported that the blood “test looks at levels of nine RNA blood markers, which appear to be different among patients with diagnosed clinical depression versus those who do not have depression.” Interestingly, “levels of these markers changed after 18 weeks of cognitive behavior therapy,” a finding that the study authors “say...is especially promising since some patients in the study had not had any luck with antidepressant medications.”

[TIME](#) (9/17, Park) points out that the test is not ready yet for general use. The study’s lead author pointed out, however, that “the goal is to develop a Food and Drug Administration-approved test that is very easy to administer anywhere.”

[Medscape](#) (9/17, Brauser) reports that the scientists “now plan to assess whether the results bear out in a larger patient population; and they want to assess whether the blood test can differentiate between” major depressive disorder “and bipolar depression,” conditions which are managed and treated differently. Medscape also points out that many of the blood markers for depression identified in previous research “with adolescents were different from those identified in the adult depression panel,” an unexpected finding.

Also covering the story are the [Huffington Post](#) (9/17, Almendrala), [Newsweek](#) (9/17, Main), the [New York Magazine](#) (9/17, Dahl) “Science of Us” blog, and [HealthDay](#) (9/17, Haelle).

Next Wave Group, LLC

Patricia H. Troy, M.Ed., CAE
WPS Executive Director

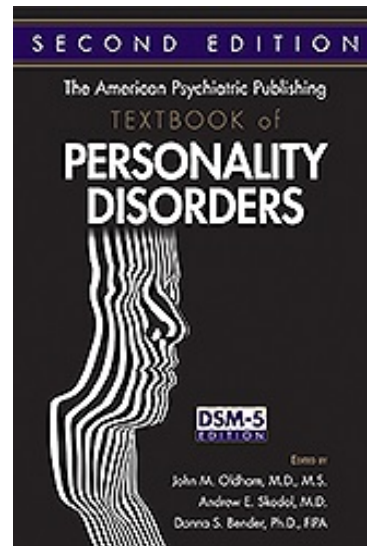
Christine F. Cotter
WPS Committee Liaison



More than just
medical professional
liability insurance

PRMS
PROFESSIONAL RISK
MANAGEMENT SERVICES, INC.

MANAGER OF THE
**PSYCHIATRISTS'
PROGRAM.**



NEW!

The American Psychiatric Publishing Textbook of
Personality Disorders, Second Edition

\$155.00

\$124.00 APA Members

\$116.25 APA Resident-Fellow Members

Edited by John M. Oldham, M.D., M.S., Andrew E.

Skodol, M.D., and Donna S. Bender, Ph.D., FIPA

[Buy Now!](#)

A special supplement of Psychodynamic Psychiatry, **Psychotherapy, The Affordable Care Act, and Mental Health Parity:Obstacles to**

Implementation is available free on line for the next two months. Edited and co-authored by Susan Lazar and Frank Yeomans with the Committee on Psychotherapy of the Group for the Advancement of the Psychiatry with a forward by Patrick Kennedy, it explains the mental health parity law, the Affordable Care Act, how insurance companies violate the law to deny coverage and supplies a wealth of data supporting the cost-effectiveness of psychotherapy, especially psychodynamic treatments. It is the time to inform ourselves and arm ourselves for vigorous advocacy.

The issue may be accessed by going to www.guilfordjournals.com and then to Psychodynamic Psychiatry.

CLASSIFIEDS

OFFICE FOR RENT: UPSCALE, CHEVY CHASE, MD. OFFICE : Beautiful suite in best medical building across from Saks, 12x14 approx. Cozy, without window, soundproofed, Red Line, parking, kitchen, cleaning service. Monthly: \$625. each if shared. Lower rent for one. Prefer adult practitioner. For photos: judithasner.org. Call 301-654-3211