



# WPS e-NEWS

September 2014 Issue

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Welcome to the September 2014 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format. **We welcome your submissions. Please send all notices to [enews@dcpsych.org](mailto:enews@dcpsych.org).** This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

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**Get Involved in WPS:**

One way to build professional relationships, learn new skills, and make a difference in your profession is to become involved in WPS. Opportunities range from writing articles, to assisting with events, being a mentor, serving on a task force, helping with elections, serving on a committee and more. Tell us what your interests are: [CLICK HERE](#)

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Dear Fellow WPS Members,

We hope that you are enjoying reading Washington Psychiatrist, your award-winning, quarterly, WPS

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electronic magazine. We need and enthusiastically welcome your submissions. Please write and email me articles about your clinical work, your research projects, psychiatric organizations with which you are involved, and even fiction with a psychiatric slant. Submit photos that you would like to see grace the covers of WP. You can read or download the complete fall 2014 issue of Washington Psychiatrist now on the web at [dcpsych.org](http://dcpsych.org). If you have questions about writing for Washington Psychiatrist, let me know. The complete Editorial Policy for Washington Psychiatrist can be found in each issue.

Cordial best regards,

Jerry Perman  
Editor, Washington Psychiatrist

[gpperman@gmail.com](mailto:gpperman@gmail.com)

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## CME UPDATE

Unfortunately, the Fall symposium on September 27<sup>th</sup> had to be withdrawn. Please sign up now for the following exciting salons and a chance to socialize with colleagues

October 27<sup>th</sup>, 3:00-5:30 PM Dr. Paul Rosenberg from Johns Hopkins will be addressing a salon on the Psychiatric Aspects of Alzheimer's disease.

December 7<sup>th</sup>, 3:00-5:30 PM Dr. George Kolodner will be bringing us up to date on the latest research on marijuana and the debate on legalization.

Dr. Steven Epstein, our new President, is helping to organize a springtime Presidential symposium on Integrated Care in Psychiatry, the theme of this year's APA President.

We are also working on a possible winter symposium on members' experiences with international psychiatry, and some other salons.

As many of you know, the DC Council now requires that as a requirement for your medical

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Resident Fellow Member  
Representative

license, you must demonstrate three hours of CME activity in the area of HIV/AIDS. We have had many requests for HIV education from the CME committee, which we did last year, but it was not well attended. We are looking at other ways to obtain this requirement. APA AIDS Office is working on coming up with some online material. Meanwhile the Medical Society of DC is offering a free, self-study webinar on HIV to its members for three hours of CME. All physicians practicing in DC should be members of DCMS for the important work they do for us. In addition, they have offered free access to this program for WPS members. You may contact DCMS at 202-466-1800 or E-mail Pia Duryea at [duryea@msdc.org](mailto:duryea@msdc.org) with questions about medical society membership and benefits. To enroll in the course, go to <http://proadc.elmexchange.com> and register.

In addition, AACME also offers an online course that offers three hours of CME credit, and is much broader and more complete, but costs \$45 to obtain credit after taking the exam. You may access it at [www.dc.cme.edu](http://www.dc.cme.edu).

We will keep searching for more opportunities to help you meet this CME requirement. Please stays posted for an exciting year of CME activities, and let us know if you have suggestions for topics, speakers, or wish to volunteer your home for a salon. Also, we have an opening if someone wants to join us on the CME Committee.

Dan Hicks MD, DLFAPA FAPM  
CME Chair

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**Maintenance of Certification: Navigating the Process**

The APA Area 3 Branches, including WPS, are sponsoring a program on Maintenance of Certification. The program will offer attendees the opportunity to learn the specific requirements for MOC for those who are either board certified or re-certified by the ABPN. Representatives of APA, ABPN and District Branches will offer hands-on presentations detailing the history of MOC and the

**Zayan Zhang, MD**  
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Richard Ratner, MD,  
DLFAPA

**MANAGEMENT**

**Next Wave Group, LLC**

**Patricia H. Troy, M.Ed., CAE**

MOC process. These lectures will be both educational and practical.

The purpose of the training is to demystify the MOC process through member engagement. The different components of MOC and the personalized timelines for requirements are outlined extensively on the ABPN's website (<http://www.abpn.com/>). However, navigating the nuances of MOC and grappling with choices for MOC activities can be time-consuming. This program will help members move through the MOC process and encourage the fulfillment of MOC for members who to take part, from early to late career psychiatrists.

The final portion of the training will be a hands-on, computer-based workshop. Speakers will guide attendees through the process of organizing one's activities according to required timelines, assist with recording and tracking activities through ABPN Folio, and offer practical pearls to keep in mind while undertaking MOC. Lectures will be delivered by leaders in the field as well as colleagues who can advise about the process from a grassroots perspective.

The Washington DC area meeting will be held Saturday, October 18, 2014 from 8:30am to 3pm at Suburban Hospital, 8600 Old Georgetown Rd, Bethesda MD. The cost of the meeting for members is \$50 (\$150 for non-members) and includes breakfast and lunch. Speakers include Joan Anzia, MD (ABPN Ambassador) and Mark Rapaport, MD (APA Representative).

The program is approved for 4.5 AMA PRA Category 1 Credits™. To register, visit <http://moctraining.eventbrite.com>.

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**MEMBER IN THE NEWS!**

WPS Executive Director

**Christine F. Cotter**  
WPS Committee Liaison

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Dr. Lawson president of Mental Health America -DC as well as Chair of Psychiatry and Behavioral Sciences chaired a meeting at Howard with Dr. Paul Gionfrido, Mental Health America National President.

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## APA NEWS

*From APA CEO, Saul Levin, MD*

### ***APA Introduces Engage 2014!***

For the next three months, until Election Day, APA's Department of Government Relations will be operating [Engage 2014](#) – a grassroots campaign designed to encourage our members to advocate on behalf of the mental health community as well as increase participation in grassroots efforts among the APA membership as a whole.

Many members of the House and Senate are vigilant about tracking constituents' views and incorporating those views into their decision-making. By taking advantage of this opportunity to educate lawmakers and raising awareness about our policy issues we are increasing the chances that our voice will be heard.

There are several ways to participate in advocacy efforts during this time:

1. Attend a town hall meeting, or participate in a meet & greet with your representative;

Ø We will provide you with an up-to-date list of events in your area.

2. Attend a political fundraiser;
3. Meet with your member of Congress through his or her district office in coordination with your district branch;

Ø APA's Department of Government Relations is here to help you! We will arrange your meeting, provide you with talking points, materials, and other tips in preparation for your Congressional representative.

4. Send an electronic message or call your representative's DC office

Ø DGR will provide the text for your message or talking points for your call.

5. Contribute to APAPAC

Ø The bipartisan APAPAC supports candidates for Congress who have demonstrated an understanding of and support for our issues.

I invite you to visit the [Engage 2014](#) web page which provides resources, advocacy tips and [a subscription link](#) to the **Engage 2014** newsletter providing weekly updates of congressional events in your district.

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August 14, 2014

Please [CLICK HERE FOR THE APA NEWSLETTER](#). There are news items that include deadlines.

FYI - The Council on Communications is soliciting nominations for the [2014 Member Communications Award](#) and an email announcement was sent to you by Urysha Mosley on June 25, 2014

accordingly. The deadline for entries is Wednesday, August 27th. If you have any questions or concerns please contact **Lisa Fields** by telephone at (703) 907-8587 or by email ([lfields@psych.org](mailto:lfields@psych.org)).

Thank you!



## DSM-5<sup>®</sup> Diagnostic Criteria Mobile App

**Updated for iOS7**

**Includes ICD-10-CM codes • Spanish language supported**

The **DSM-5<sup>®</sup> Diagnostic Criteria Mobile App** is designed to help mental health practitioners, researchers and students fully integrate the new DSM criteria and codes into their practice and study. Users have full offline access to all of the criteria sets as well as online access to supporting videos,

commentary and resources.

Powerful search and customization tools aid and enhance assessment of symptom presentations in a variety of clinical and administrative settings.

**Available for both [iOS](#) and [Android](#) compatible devices through the iTunes store and Google Play.**

**Please visit [www.appi.org/Pages/DSM5Mobile.aspx](http://www.appi.org/Pages/DSM5Mobile.aspx) for more information.**

As the **DSM-5® Diagnostic Criteria Mobile App** is only available for sale through the iTunes and Android stores, it is not possible for us to extend our traditional APA Member or APA Resident-Fellow Member discounts on the purchase of this product.

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### **Doctoral Candidate recruiting support for research**

Michelle Shwarz, is a doctoral candidate in Temple University's Public Health program. She is beginning recruitment for her dissertation research and needs your help. She is currently trying to enroll mental health professionals into a study to better understand provider knowledge and behavior around co-morbid disorders, such as diabetes, hypothyroidism, anemia, and polycystic ovary syndrome. She is hoping to recruit 100 psychiatrists and 100 other allied mental health professionals (psychologists, social workers, etc) because it will be important to get a variety of responses.

The study will involve taking 3 brief online surveys over the course of 3 months and looking at a 5 minute, 3-slide presentation after the first survey. After completion of the 3 surveys, all participants will be eligible to be entered for a raffle for one of five (5) \$100 e-gift cards to Amazon.com.

She hopes you will consider helping, please contact her with questions.



[https://chpswtemple.co1.qualtrics.com/SE/?SID=SV\\_0IYphS5cRy9TaC1](https://chpswtemple.co1.qualtrics.com/SE/?SID=SV_0IYphS5cRy9TaC1)

Michelle Shwarz, MEd, PhD (c)

[mshwarz@temple.edu](mailto:mshwarz@temple.edu)

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**Article: Mental health professionals face higher assault risk.**

The AP (8/4, Rubinkam) reports on “the hazards mental health professionals face on the job.” Mental health professionals “are at far greater risk of assault than workers as a whole, an occupational hazard at the best of times and one that’s been made worse by a persistent lack of funding for mental health services, the loss of thousands of inpatient psychiatric beds and the increasing use of hospitals to temporarily house criminals with mental illness.” Safety guidelines published by the Occupational Safety and Health Administration for healthcare workers, including mental health professionals, recommend “metal detectors, enclosed nurses’ stations, multiple exits, furniture bolted to the floor in crisis treatment rooms, curved mirrors at hallway intersections and a variety of other steps.”

[CLICK HERE FOR RELATED STORY](#)

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**CLASSIFIEDS**

Howard University, College of Medicine

Department of Psychiatry and Behavioral Sciences

Addiction Psychiatrist- ASSISTANT/ASSOCIATE PROFESSOR

Howard University, College of Medicine, Department of Psychiatry and Behavioral Sciences has immediate openings for an Addiction Psychiatrist position. Applicants must have an M.D., appropriate clinical skills, and research interest or experience. The department has ongoing grants investigating medication assisted addiction therapy for the treatment of alcohol and opioid addiction that may prevent HIV/AIDS. The successful candidate will be encouraged to participate in these grants or to

pursue their own research. Teaching is strongly encouraged. Opportunities exist in medical student education and a fully accredited psychiatry residency program.

At the time of the appointment, the applicant must have a DC license, be certified by the Board of Psychiatry and Neurology, and a citizen of the United States or a permanent resident alien.

This position will be filled at an academic rank commensurate with experience (Assistant-Full Professor), in either the Tenure or the Clinical Educator Track. Salaries are competitive and based on qualifications and experience. Applicants are encouraged to submit their application electronically—including a CV, and four letters of Reference to:

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Professor of Pharmacology and Psychology  
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