



WPS e-NEWS

May 2013 Issue

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Welcome to the May 2013 edition of WPS e-News, a publication of the Washington Psychiatric Society. Our intent is to provide members with important news and notices in an easy to read format.

We welcome your submissions. Please send all notices to enews@dcpsych.org. This publication may also be found online in PDF format for printing at <http://www.dcpsych.org>.

Management Focus

by Pat Troy, CAE, WPS Executive Director
President, Next Wave Group, LLC



At Next Wave Group, LLC, we take team approach to association management. I serve in the visible role as Executive Director, and Chris Cotter serves as the liaison to various committees. But there are others who provide support functions for WPS and these folks are largely invisible to the average member.

In future issues, we will shine the spotlight on various members of the management team so that you can get to know them personally. For this issue, however, I want to give you an overview of how WPS management is structured.

Because we make heavy use of technology and the functions we provide require a high level of expertise, we use specialists to provide the same services for multiple associations. We have an accounting team, a communications team, a database/member services team, an events team, and a small governance team. By taking this approach, we achieve economies of scale that allow cost-effective operations. We use the same basic systems for all of our clients.

We select our team members very carefully because we know that our clients expect expertise, as well as accountability, attention to detail, and mindfulness of best practices. We try very hard, and we appreciate your feedback, both positive and negative. Please feel free to contact me at admin@dcpsych.org.

Support
Laurie Plemons

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WPS NEWS

CME Committee Report - Jessica Brown

Our dedicated committee includes Dr. Dan Hicks (Chair), Dr. Beth Morrison, Dr. Bill Lawson, Dr. Jessica Brown, Dr. Valerie Buyse, Dr. Weronika Gondek, Dr. Kylee Stephens, Dr. Joe Collins, and supported by our dedicated staff person Chris Cotter. We meet monthly to plan your upcoming educational events, and we look forward to your input and suggestions on educational programs and speakers. We also look for people who can host one of our salons in their home for 20-30 people. Please let Dan Hicks or Chris Cotter know if you are willing to do so.

We have one more salon planned for this spring. The salons are \$30 with light refreshments and 2 hours of CME. On May 5th from 3-5:30 Dr. Joseph Rasimas will be presenting a salon in Washington, DC on Novel Treatment Approaches to Treatment Resistant Depression. Dr. Rasimas works with Dr. Carlos Zarate at NIMH in the area of Mood Disorder/ Depression.

With the dramatic changes in CPT coding, most of us are still struggling to understand and implement these codes in our practice. Dr. Beth Morrison has been gracious enough to give several presentations to help people become more comfortable with using the codes. She will hold another meeting on CPT coding on May 5 at 2 pm, info will be sent upon registering for the event.

In addition to the salons, we are looking forward to another exceptional Psychiatric Medicine in 2013. Jerome Blackman, M.D., will be our key speaker at the **September 28th** event to be held at Columbia Country Club in Chevy Chase, Maryland. He is a Distinguished Fellow of the APA, and a Fellow of the American College of Psychoanalysts. His first book, *101 Defenses: How the Mind Shields Itself*, was published by Routledge in 2003. Dr. Blackman has lectured throughout the United States, and in 2009 was an invited lecturer at Peking University and at Jiao Tong Medical School in Shanghai. The event is planned for 4 CME credits.

MOC: Maintenance of Certification. We welcome any ideas or suggestions members have about how our committee can help people accomplish the requirements for MOC. There are three components involved: self-assessment, performance in practice (PIP) and exam preparation. If anyone is interested in forming a study/support group to assist with this process, please let Chris Cotter (cfcotter@yahoo.com) know.

Please check the WPS calendar and keep an eye out for more details on these meetings, including CME approvals. We will send details to the membership as soon as possible.

To register online, go to <http://www.dcpsych.org>. Not all events are yet open for registration.

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**WPS CLM Program gets a mention in the APA Newsletter!**

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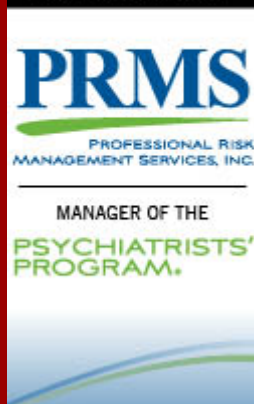
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[WPS CLM Program's Fifth Anniversary Celebration Featured in Psychiatric News; click here to read article, opn page 8](#)

## CLM COMMITTEE REPORT

**Dr. Vincenzo Di Nicola**

**CLM Mentor**

**The Cosmos Club**

**Washington DC, 25 April 2013**

**Eliot Sorel, MD**



*Letters to a young psychotherapist*, was the catalytic topic of Dr. Vincenzo Di Nicola's dialog with a spirited CLM group, at the Cosmos Club, last evening. It was at the Club that the idea of our CLM was initiated in September 2005 when we convened the first DC wide PGY I & II meeting.

*Guest speaker Vincenzo DiNicola, MD, Phd.  
demonstrates how to use the "talking stick."*

The selected topic was catalytic to a robust, revealing and riveting series of exchanges between a world renowned scholar, Dr. Di Nicola, and a stellar group of MITs, ECPs and other members of the WPS, inclusive of Dr. James Griffith, the Interim Chair of Psychiatry at the George Washington University School of Medicine.

Psychiatry, Medicine & Philosophy; the patient–physician dyad; professional ethics; science, medicine and psychiatry; economic factors and professionalism; research vs. clinical paradigm; the sciences and humanities, kindred spirits or polar opposites; reductionistic, systemic, systematic, integrative models; evolving models of science, medicine, humanities; paradigm shifts and new paradigms , were but a few of the passionately discussed topics.

The subject matter of the evening was preceded by a brief report by Drs. Connie Dunlap, Veronica Sloodsky and Milangel Concepcion of the CLM group who scientifically contributed to the success of

the WPA 2013 Bucharest Congress at the Palace of Parliament in Bucharest, Romania, April 10-13, 2013. An immediate outcome from that Congress is a proposal being currently worked on to establish the APA Caucus on Global Mental Health & Psychiatry. Details will be shortly forthcoming to all interested.



We are most grateful to Dr. Vincenzo Di Nicola for his erudition, his intellectual brilliance and his generosity in sharing with us and our CLM group, his views, opinions and scholarly writings relevant to key priorities facing American and global psychiatry.

Our next CLM event will take place in June.

Drs. Enrico Suardi, Hind Benjelloun and Carol Lynn Trippitelli will be our panelists addressing Family, Career, and Illness. Details will be forthcoming after the May APA annual meeting.

*Dr. Sorel presented copies of "Leadership in the New Normal" by Lt. General Russell L. Honore to Milangel T. Concepcion, MD, MPH and Veronica Slootsky, MD, in appreciation for their efforts with the CLM 5th Anniversary celebration in February.*

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## **Distinguished Fellow**

APA has provided the list of WPS members who are eligible for Distinguished Fellow status in 2013. Distinguished Fellowship is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in at least five of the following areas: administration, teaching, scientific and scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, as well as for clinical excellence. Distinguished Fellow is the highest membership honor the APA bestows upon members.

The process entails submission of a completed nomination form and references letters from current APA Distinguished Fellows. If you are eligible and have provided an email address to WPS, you will be receiving a package that includes the nomination form, guidelines, sample references letters, and a list of current Distinguished Fellows.

Those who are eligible but have not provided an email address will receive the same package via

mail. Completed packages must be submitted Christine Cotter with WPS by June 1, 2013. The WPS Board will review the submissions for further delivery to APA by July 1, 2013. APA will make the final decisions in the fall.

WPS encourages all who are eligible to apply. Distinguished Fellow status is a great accomplishment for you and for WPS. Please contact Ms. Cotter if you have any questions. She may be reached at [cfcotter@yahoo.com](mailto:cfcotter@yahoo.com) or 240-888-9355.

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WPS MEMBER IN THE NEWS!

APA Diversity Leadership Fellowship, Congratulations to Mona Thapa!

The selection committee for the APA Minority Fellowships has selected Mona Thapa to participate in the fellowship as a Diversity Leadership fellow for the academic year beginning in July 2013.

This is a 2-year fellowship that will begin July 1, 2013 and end June 30, 2015 . This fellowship offers mentorship, leadership training and other opportunities to grow as a leader in psychiatry.

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## **Update on Chapters**

### **Suburban Maryland Psychiatric Society**

***DATE CHANGED!***

*General Membership Meeting with Board of Directors Election*

Monday May 6, 2013, 7:30pm

Women's Club of Bethesda

5500 Sonoma Road

Bethesda, MD 20817

(a block from the corner of Old Georgetown Road and Greentree)

[Online Registration Form](#)

[More information](#)

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Psychiatric Society of Virginia



Honors Delegate Joseph Yost with the Legislator of the Year award March 22, 2013.

Speaking on the presentation, PSV President Vic Vieweg stated "Virginia's psychiatrists and other physicians who care about access to quality mental health care are pleased to watch Delegate Yost take a leadership role so quickly."

(above) Dr. Bob Johnson and Legislator of the Year: Delegate Joseph Yost.

Testimony from DC Chapter

The WPS is concerned that the mental health providers are losing money according to the DC behavioral healthcare association and some have proposed to close if conditions do not improve.

There are long waits to see the psychiatrist, 6 or more weeks at most agencies. This has led to high readmission rates at the hospitals. DC Superior court judges have complained about these waiting times.

We are pleased that the Mayor has proposed a \$27.7 million increase in outpatient mental health spending. We strongly urge the council to approve this measure. Without this funding the mental health system is in danger of collapse with catastrophic consequences including more hospitalizations and incarcerations. This would ultimately lead to more spending on high cost institutions and a bad deal for the taxpayers. A recent study published in JAMA a few months ago documents these findings.

WPS at APA in San Francisco



166th Annual Meeting

May 18-22, 2013

San Francisco, CA

Member registration and housing for the 166th Annual Meeting is now open.

The 2013 APA Annual Meeting focuses on the theme of *Pursuing Wellness Across the Lifespan* using science and education to improve patient care. The APA Annual Meeting is designed to provide your members with the tools and in-depth learning experiences to expand your knowledge and improve your patient care. We invite you to help us market this extraordinary meeting.

American Association of Psychiatric Administrators Annual Luncheon

Dear Area III Council Colleagues,

As I reported to you at our recent meeting, I am pleased that our Keynote Speaker for this year's American Association of Psychiatric Administrators Annual Luncheon to be held Tues., May 21, 2013 at Noon at the Marriott Marquis Hotel in San Francisco will be our new President-Elect, Paul Summergrad, M.D. Paul really needs no introduction, but to refresh your memory, he is the Dr. Frances S. Arkin Professor and Chairman, Department of Psychiatry, Professor of Medicine, Tufts University School of Medicine, Psychiatrist-in-Chief, Tufts Medical Center and Chairman, Tufts Medical Center Physicians Organization. He recently served as Chairman of the APA Ad Hoc Work Group on Healthcare Reform. It is very timely that his presentation will be titled, "Psychiatry and Health Care Reform." This is a topic that is important and relevant to all of us. You do not need to be a member of AAPA in order to attend this event, and I am extending an invitation to all of you to join us. The fee for the event is \$60 and you can RSVP and arrange payment in advance or at the door with our Executive Director, Frances Bell. Her email address is:

frda1@airmail.net

I hope to see you there!

Barry K. Herman, M.D., M.M.M.

APA's 166th Annual Meeting - Education Credits

Earn Education Credits through the [APA Annual Meeting Self-Assessment](#)

Which annual meeting sessions are best attuned to your needs? To answer that question and help you create an individualized schedule of sessions, APA has developed an educational activity—the 2013 APA Annual Meeting Self-Assessment in Psychiatry. The self-assessment is a 100-question examination on psychiatric practice areas covered in the ABPN content outline for the recertification exam and includes material related to APA practice guidelines and the core competencies of medical knowledge, patient care, interpersonal communication skills, systems-based practice, and professionalism. Participants can earn up to 8



hours of AMA/PRA Category 1 credit and fulfill a self-assessment component of the maintenance of certification process. Annual meeting registrants have been auto-enrolled and notified by email.

Stay Connected at APA's Annual Media via Social Media!

APA members attending the 2013 annual meeting can keep connected with events during the meeting. Follow [@apapsychiatric](#) on Twitter. Join the Annual Meeting conversation by using the hashtag #APAAM13. "Like" American Psychiatric Association on [facebook](#) to receive real-time updates from the meeting and download the Annual meeting event App. If you have any questions or comments about APA social media, e-mail Jennifer Dart at jdart@psych.org.



Annual Meeting Mobile Event App

The APA Annual Meeting Mobile Event App will provide APA 2013 attendees with all of the information they need to navigate the event via their mobile device. The App launched on **April 8** and updates will occur up until the start of the meeting. The App has served as an essential guide and provides valuable up-to-date information to attendees.

DBExecs: APA Art Association + Exhibit MAY 19-22

Did you know that APA has an Art Association and they exhibit at the Annual Meeting?

The APA Art Association was founded by the late Norman R. Schulack in 1969 in Miami, FL. The APA Art Association offers the chance to set free and enfranchise the dormant artist within each and every one of us. A vast world of imagery and ability to reach beyond arbitrary barriers and a whole new set of human values awaits those willing to leap. Beware, however, that once the hurdle is behind, it is essential to be neither timid nor alarmed (though some may be startled) at the extent of the liberated artist's domain. Membership in the APA Art Association is open to all full-time staff members of the APA and the Canadian Psychiatric Association, their spouses or significant others (we define "significant others as spouse-like partners)

For further information [CLICK HERE](#) or to submit your entries and dues, contact Robert H. Trivus, M.D., President, APA Art Association, phone: 412-531-2520, email: trivusr@earthlink.net

WPS MEMBERS PRESENT AT 166th ANNUAL MEETING

Avram Mack, M.D. is the director of course on Patient Safety on Monday morning and is a participant in a course the Annual Review of Psychiatry set for Tuesday morning.

William Lawson , MD,PhD's Poster Session will be:

"Racial Disparities in Mental Disorder Patients Presenting To The Emergency Room:

May 21, 2013, Moscone South - Street Level Exhibit Hall A-C; 2:00:00 PM - 4:00:00 PM

Dr. Toni Baum presents to the ISSP (International Society for Sports Psychiatry)

Dr. Baum will be making a presentation at the ISSP (International Society for Sports Psychiatry) Scientific Sessions, on Monday May 20, 2:30-5: at San Francisco Marriott Marquis, Pacific Suite J, Fourth Floor. She will be presenting synopses of two chapters she contributed to a soon-to-be published textbook (Clinical Sports Psychiatry: An International Perspective) and her topics will be:

1. Eating Disorders in Athletes
2. Suicide in Athletes

She will also be chairing a symposium on Tues May 21 entitled: "Contemporary Issues in Sports Psychiatry: A Global Perspective" from 9 am-noon Moscone Convention Center Room 3009 West Level 3, again Tues 5/21.

The topics we'll be presenting will be from an international panel and include exercise addiction, depression in athletes, and techniques for performance enhancement, with some athlete's presenting as well, to illustrate the topics presented.

Mayada Akil, M.D. is chairing a session entitled " Translating the Translation: Bringing Translational Neuroscience Research on Depression and Anxiety to the Clinician" the afternoon of May 18th and presenting in it.

The session will start with a case presentation of a patient with anxiety and depression. Followed by 3 talks by translational neuroscientists on S16.

Translating the Translation: Bringing Translational Neuroscience Research on Depression and Anxiety to the Clinician.

1. Clinical Case Presentation - Mayada Akil, MD
2. Neuroscience Formulation and Discussion - Mayada Akil, MD

The idea is to use the translational science presented to arrive at a "neuroscience formulation" of the clinical case and to demonstrate how translational neuroscience can change the way we think about patients and the promise it holds for novel therapeutics.

Susan G. Lazar, M.D. is presenting at the May 18th Presidential Symposium Psychotherapy:

"Expanse, Education, and Efficacy" moderated by Salman Akhtar, M.D. along with Deborah Cabaniss who will discuss psychotherapy training and Jesse Wright who will discuss training in and treating with CBT.

Dr. Lazar will present Studies on the Cost-Effectiveness of Psychotherapy and stress the current difficult climate with respect to the Mental Health Parity Act as observed within the Affordable Care Act and current problems with insurance coverage. The symposium will be from 2:00 - 5:00 PM at the Gateway Ballroom 102, Moscone South-Street Level.

Liza H. Gold, M.D. is presenting a course "Can't work or won't work - psychiatric disability evaluations on Monday May 20 from 1-5

Sana A. Kamal, M.D. is presenting : Association of Toxoplasma Gondii and TCI personality traits.

OTHER APA NEWS

**American Psychiatric Foundation Announces 2013 Call for Applications:
Helping Hands Grant Program**

The American Psychiatric Foundation is now accepting applications for its 2013 Helping Hands Grant program. This program awards medical schools grants of up to \$5,000 for mental health and substance use disorder projects that are created and managed by medical students. These projects can be conducted in partnership with community agencies or in conjunction with ongoing medical school outreach activities.

Applications must be postmarked by May 31. For more information on the program, or to download the application, please [visit us online](#).

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**APA Joint Membership Campaign with Royal College of Psychiatrists**

The American Psychiatric Association and the Royal College of Psychiatrists are continuing their partnership in 2013 to offer discounted memberships to members of each other's organizations. Royal College of Psychiatrist members who join the APA as a new International Member are eligible to receive a one-time 25% discount off 2013 APA International Membership dues, and APA members who do not currently belong to the Royal College of Psychiatrists are eligible to receive a one-time reduction of 25% off their 2013 International Associate membership subscription fee.

The Royal College of Psychiatrists is the professional and educational body for psychiatrists in the United Kingdom. Their goal is to improve the understanding of psychiatry and mental health and to remain at the forefront in setting and achieving the highest standards through education, training and research. The College publishes books, reports and educational material for professionals and the general public. As part of this special offer, arrangements will be made by the Royal College to identify two members to support your International Associate application.

Subscription fees are banded according to World Bank classifications which are accessible on the [Royal College of Psychiatrists' website](#).

Visit the [Royal College of Psychiatrists' website](#) for information on how to join.

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## Apply to Become an APA Fellow

Are you ready to take the next step in your professional career? Being a fellow of APA is an honorary designation to recognize early career members who have demonstrated allegiance to their profession and commitment to the work of the APA. Members who pursue fellow status perceive it as one of the first steps to enhancement of their professional credentials. Members who apply and are approved this year for fellow status will be invited to participate in the Convocation of Fellows and Distinguished Fellows during the 2014 APA Annual Meeting in New York City. The deadline for submitting a fellowship [application](#) is September 1. Revised guidelines make it even easier to apply.

If you are an international member, you can [apply](#) to become an international fellow. The deadline for international fellow applications is **August 1**.

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## Call for Nominations for the AMA Resident and Fellow Section

APA is seeking nominations for a resident representative to serve as an alternate delegate in the AMA Resident and Fellow Section (AMA-RFS). Resident nominees must be both APA and AMA members and be in residency/fellowship training at least until June 30, 2015. The appointment is effective as of July 2013 and ends in June 2015. Browse the RFS [website](#) to learn what delegates are and what they do. The deadline to apply is **April 15**.

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## Follow APA on Facebook and Twitter

Did you know APA's main Twitter [@apapsychiatric](#) was named by [Huffington post](#) as a top mental health expert to follow? [@APAPsychiatric](#) has more than 12,750 followers and tweets daily on breaking news and the latest dialogue within the psychiatric community. APA's [Facebook](#) page, another resource for members, is updated daily with medical news, member interviews in the media, and the latest on APA meetings, and other events.

[@apapsychiatric](#) and APA's patient/public education Twitter [@apahealthyminds](#) (which has more than 9,150 followers) made the top 50 best Twitter feeds for psychology majors by [bestcollegesonline.com](#). APA social media enhances the exchange of ideas and research to provide the best patient care.

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## NEW PUBLICATIONS

### ***American Psychiatric Publishing***

### ***A Division of American Psychiatric Association***

Just Published! Now Available!

*Clinical Guide to Depression and Bipolar Disorder*

Findings From the Collaborative Depression Study

If you're having trouble viewing this message please view it online.

<http://paracom.paramountcommunication.com/p/vWlas3L6mN>

[CLICK HERE FOR MORE INFORMATION](#)

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Relational Suicide Assessment

Risks, Resources, and Possibilities for Safety

Douglas Flemons and Leonard M. Gralnik

Visit the webpage: www.tinyurl.com/b3xww3a

ARTICLES OF INTEREST

Next Drug Enforcement Administration Drug Take-Back Day!

The next Drug Enforcement Administration (DEA) nationwide prescription drug take-back day is scheduled for Saturday, April 27, 2013 from 10 am to 2 pm.

Check this DEA webpage for more information about the take-back event:

www.dea.gov/diversion.usdoj.gov/drug_disposal/takeback

10:00 am - 12:00 pm

Montgomery County is holding a drug take back day in it's annual effort to divert prescription medications out of medicine cabinets where they are often taken by adolescents for purposes of abuse, ending in addiction and catastrophic outcomes including overdose. The County's AODAAC are promoting the purchase of 14 lockboxes to be kept at police departments for 24/7 dropoff convenience. In the meantime, encourage your patients to return unused controlled substances on April 27.

A collection site locator is now available on the DEA webpage.

This is the safest way to dispose of unneeded and expired medication. Doing this helps prevent drug abuse and protects the environment.

Nominations Invited For 2014 Spurlock Minority Fellowship Achievement Award

APA/APF is seeking nominations for its 2014 Jeanne Spurlock Minority Fellowship Achievement Award. This award recognizes the outstanding achievements of mid-level to senior alumnae and alumni of the APA minority fellowships and encourages continued involvement in the fellowship program. A list of alumni's can be found at <http://www.psych.org/Resources/OMNA/MFP.aspx>.

The award will be presented at the minority fellows and alumni reception during the 2014 APA Annual Meeting in New York.

Nominations should include a brief letter describing significant contributions, with specific details regarding the candidate's qualifications for the award, and a curriculum vitae. The deadline for receipt of nominations is **April 30**. For more information, contact Marilyn King at (703) 907-8653 or mking@psych.org. The award will be presented at the fellows' reception during the APA Annual Meeting in New York, NY in May 2014.

Previous award winners include Drs. Irma Bland (deceased), William Lawson, Patricia Ordorica, Mindy Fullilove, Robert T.M. Phillips, Michelle Clark, Yvonne Ferguson, Toni Love Johnson, Stephen McLeod-Bryant, Ikwunga Wonodi, Kenneth Rogers and Denese Shervington.

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## **Hoarding Disorder is Accepted for DSM-5**

**Roger Peele, Nicole Sakla, and Peter Wawrzusin**

Until DSM-III-R [1987], "hoarding" was not even considered a sign of any DSM Disorder. Yet, of all the new Disorders proposed for DSM-5, it was the most quickly accepted.

Despite the ease of its acceptance, the requirement that DSM-5 be consistent with ICD-9-CM presents some coding challenges. We will present the propose criteria set of this Disorder, give its very brief DSM history, then address the coding challenge.

### Hoarding Disorder Criteria:

- A. Persistent difficulty discarding or parting with possessions, regardless of the value others may attribute to these possessions.*
- B. This difficulty is due to strong urges to save items and/or distress associated with discarding.*
- C. The symptoms result in the accumulation of a large number of possessions that fill up and clutter active living areas of the home or workplace to the extent that their intended use is no longer possible. If all living areas are uncluttered, it is only because of the interventions of third parties (e.g., family members, cleaners, authorities).*
- D. The symptoms cause clinically significant distress or impairment in social, occupational, or other important areas of functioning (including maintaining a safe environment for self and others).*
- E. The hoarding symptoms are not due to a general medical condition (e.g., brain injury, cerebrovascular disease).*
- F. The hoarding symptoms are not restricted to the symptoms of another mental disorder (e.g., hoarding due to obsessions in Obsessive-Compulsive Disorder, decreased energy in Major Depressive Disorder, delusions in Schizophrenia or another Psychotic Disorder, cognitive deficits in Dementia, restricted interests in Autism Spectrum Disorder, food storing in Prader-Willi Syndrome).*

### *Specify if:*

- *With Excessive Acquisition:* If symptoms are accompanied by excessive collecting or buying or stealing of items that are not needed or for which there is no available space.
- *Specify whether hoarding beliefs and behaviors are currently characterized by:*
- *Good or fair insight:* Recognizes that hoarding-related beliefs and behaviours (pertaining to difficulty discarding items, clutter, or excessive acquisition) are problematic.
- *Poor insight:* Mostly convinced that hoarding-related beliefs and behaviours (pertaining to difficulty discarding items, clutter, or excessive acquisition) are not problematic despite evidence to

the contrary.

- *Absent insight*: Completely convinced that hoarding-related beliefs and behaviours (pertaining to difficulty discarding items, clutter, or excessive acquisition) are not problematic despite evidence to the contrary.

In DSM-III-R, 1987, a ninth sign was added to Obsessive Compulsive Personality Disorder (OCPD): "inability to discard worn-out or worthless objects even when they have no sentimental value." This wording was continued in DSM-IV [1994] and DSM-IV-TR [2000]. Studies, however, have failed to demonstrate a significant relationship between OCPD and hoarding or between OCD and hoarding [1, 2].

Diagnosing all people with disabling or distressing hoarding as having OCPD presented two problems:

- 1] Most do not meet the general criteria of a Personality Disorder.
- 2] Most do not meet the specific criteria of OCPD as "a preoccupation with orderliness, perfectionism, and mental and interpersonal control, at the expense of flexibility, openness, and efficiency."

Diagnosing all people with disabling or distressing hoarding as having OCD is also problematic. Only 1 in 5 of hoarders is considered to exhibit compulsions characteristic of OCD

[3] Moreover, studies suggest many people with Hoarding Disorder differ from people with OCD in their glucose metabolism, neurocognitive deficits, decision-making capabilities, and age of onset

[4] ICD-9-CM has no code for Hoarding Disorder. Given this problem, we are likely to see DSM-5 Editors deciding, imperfect as it is, that Hoarding Disorder will share the code for OCD, "300.3" ICD-9-CM's limitations often force a sharing a codes. An example is "292.89," shared by twenty-four DSM-IV-TR separate diagnoses. Despite the coding problems, the addition of Hoarding Disorder to DSM-5 will help meet a substantial public health problem and encourage research on the best ways of treating hoarding.

#### References

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**CLASSIFIEDS**

OFFICE NEEDED Psychiatrist needs Maryland office starting July 27th. Location in/near Chevy

Chase is preferred. Sharing w/other psychiatrists or psychotherapists would be ideal. Space needed for 3-5 days/wk. Big windows are a plus. Stanley Slater, MD. (240) 447-9051/ e-mail: [slaters2@verizon.net](mailto:slaters2@verizon.net).

*Full time and part time* out- patient psychiatrist positions at the University of Maryland, College Park, Student Health Center. Primarily responsible for prevention, diagnosis and treatment of mental health disorders in college students. Apply online for either position: [ejobs.umd.edu](http://ejobs.umd.edu)

*Office to Rent.* Located in suite with 4 other solo practice psychiatrists; great location (Beltway and Gallows Road next to INOVA Fairfax), medical office park, collegial atmosphere. Call Ross Silverstein at 703.876.9067 to discuss.

*Chevy Chase, MD*-Full time,beautiful, soundproofed, windowed office (12'x 18') in upscale medical building.Evening and weekend access. Near shops,metro, restaurants.Daily cleaning service, restaurant, parking, in bldg.Very congenial colleagues,one year lease with continued yearly renewal. \$1250 per month. Available immediately.

Contact [judithasner@gmail.com](mailto:judithasner@gmail.com)

*OFFICE SPACE FOR RENT:* Available immediately. Large, quiet, bright & airy consulting room in two office suite. Fully furnished for individual or group psychotherapy & small conferences. Attractive waiting room, bathroom & kitchen space w/office equipment. Cleaned weekly. 24/7 concierge desk in lobby of well maintained apartment house on Conn. Ave. in Chevy Chase DC. Bus stop at door; 15min walk to metro, restaurants, shops nearby. Street parking; w/additional parking available for rent in rear lot. \$1,200/mo. Contact Steven Wolin (202)966-7540; or [stevenwolin@gmail.com](mailto:stevenwolin@gmail.com).

*Pathways to Housing DC* is looking for psychiatrists to work on their ACT teams. contact Robert Keisling M.D. at 202-834-7411 or [rkeisling@pathwaysdc.org](mailto:rkeisling@pathwaysdc.org).